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#### WASHINGTON UNIVERSITY IN ST. LOUIS

School of Engineering and Applied Science Department of Electrical and Systems Engineering

> Thesis Examination Committee: Lan Yang, Chair Carl M. Bender Viktor Gruev Arye Nehorai Sahin K. Ozdemir

Photonic Molecules Formed by Ultra High Quality Factor Microresonator for Light Control

by

#### Bo Peng

#### A dissertation presented to the Graduate School of Arts and Sciences of Washington University in St. Louis in partial fulfillment of the requirements for the degree of

#### DOCTOR OF PHILOSOPHY

May 2015

Saint Louis, Missouri

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Washington University in St. Louis May 2015

#### ABSTRACT OF THE DISSERTATION

Photonic Molecules Formed by Ultra High Quality Factor Microresonator for Light Control

by

#### Bo Peng

#### Doctor of Philosophy in Electrical Engineering

Washington University in St. Louis, 2015

Professor Lan Yang, Chair

Whispering-gallery-mode (WGM) optical microresonators with micro-scale mode volumes and high quality factors have been widely used in different areas ranging from sensing, quantum electrodynamics (QED), to lasing and optomechanics. Due to the ultra-high Q and the tight spatial confinement, the cavity provides high intra-cavity field intensity and long interaction time, which enhances the interaction between light and materials. This feature makes WGM microresonator a great candidate for low-threshold nonlinear processes, cavity optomechanics, signal processing, and sensor with ultra-high sensitivity. Also, modification of the modes in these resonators has been of considerable interest for their potential applications and underlying physics. Two or more coupled resonators form a compound structure-photonic molecule (PM)-in which interactions of optical modes create supermodes. This molecular analogy stems from the observation that confined optical modes of a resonator and the electron states of atoms behave similarly. Thus, a single resonator is considered as a "photonic atom," and a pair of coupled resonators as the photonic analog of a molecule. Studying the interactions in PMs is critical to understand their resonance properties and the field and energy transfers to engineer new devices such as phonon lasers and enhanced sensors. Further modification of the compound structure with gain mechanism such as rare-earth dopants makes the coupled cavity system a novel Parity-Time symmetric optical device. More surprisingly, the implementation of non-Hermitian on-chip WGM photonic molecule with exceptional points even enables the control and modification of laser emission with just loss tuning.

In this dissertation, I present my study and new implementation of applications with ultra-high Q WGM microresonator based photonic molecules. We discuss the on-chip Parity-Time symmetric microresonator and non-Hermitian photonic molecule design for light manipulation and optical

isolation, lasing and dissipation control, directional switching and PM-based optical analog of electromagnetically induced transparency, as well as highly sensitive tuning of WGM Raman microlaser with PM loss manipulation.

## Chapter 1

## Introduction

## 1.1 Background

Optical resonators are widely used now in scientific study as well as practical technologies, including laser technology and applications, optical filtering and signal processing for communications, nonlinear optics applications, etc [1-2]. An optical resonator, also named as optical cavity consists of an arrangement of two or multiple mirrors. An example is the mostly used Fabry-Perot optical resonator. The light is guided in these sets of mirrors in a way that light reflects back and forth in between the mirrors for multiple times, usually hundreds to thousands times (Fig. 1.1). When the total optical path length which the light travels is equal to an integer time of the light wavelength, the light in the optical resonator builds up a kind of constructive interference, which produces a standing wave pattern and induces the perfect confinement and enhancement of the light power in a small cavity space for long time. This is denoted as resonance with the standing wave pattern known as resonance mode. The resonators' resonances are decided by the cavity geometric properties and the optical dielectric properties.

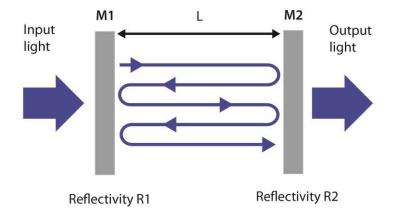


Figure 1.1 Basic diagram of a Fabry-Perot resonator with reflection light trajectory. M1 and M2 are two flat mirrors with reflectivity R1 and R2.

To enhance the advantage of optical resonator, mainly the light confinement and intensity reinforcement, the development of optical resonator with smaller and smaller sizes is pursued, targeting to micrometer and nanometer scales. These micro-nano-scale developments will enable the potential strong light confinement. Also, reducing the optical loss of the resonator is required for advance applications. However, the traditional mirror based resonators suffer from the difficulty in size shrinking down and alignment problem severely. Therefore, in recent year, people have been developing a particular class of monolithic dielectric resonators with circular shapes, which is referred as whispering gallery mode (WGM) resonators (Fig1.2). As presented in Fig1.2, the light inside these types of resonators propagates along the inner boundary via total internal reflection (TIR) effect. The formed resonance modes are known as whispering gallery modes. With the natural advantage in ultra-small size for light confinement and considerably tiny optical loss, the problem faced by the traditional mirror types of resonators can be now easily overcome by the WGM resonator. And these types of novel optical resonators in micro and nano size have found their applications in a wide range of areas including lasing, optical sensing, optical communications, frequency referencing, and nonlinear optics [3-7].

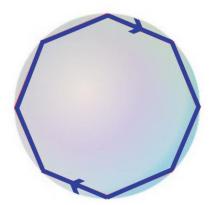


Figure 1.2 Basic diagram of a circular shape resonator with reflection light trajectory.

To enable the further applications, the WGM resonator system is preferred to be expanded to multiple sets to form an array or a matrix. The compound setting of micro resonator is also named photonic molecules (PM). The study and the new development of photonic molecules is an very important direction for the improvement of WGM microresonator applications. And more and more critical physics and applications have been discovered and developed based on the compound photonic molecule setting.

In this dissertation, the microtoroidal WGM resonators and the WGM resonator based photonic molecules as well as their novel applications in light control are studied. The basic properties and physics evolution of the WGM microtoroidal resonator and the photonic molecule formed by coupling two of WGM microresonator is systematically studied, which can be useful for fully understanding of the complex system and can benefit the further design and improvement of applications. Coupled microtoroidal silica resonators with gain-loss setting, are proposed and characterized as control elements for implementations of parity-time-symmetric micro cavity system or non-Hermitian micro cavity systems to realize on-chip all-optical diode and laser control as well as all-optical analogue of atomic system.

## **1.2** Dissertation Outline

In chapter 2, the basic theoretical model and critical characteristics of WGM microresonators are introduced. Typical types of WGM microresonator geometries and materials are briefly introduced. Two important features of WGM microcavity are reviewed. Coupling methods and the theoretical equations are introduced to describe the waveguide-resonator system and the mode evolution, which is crucial for studying the transmission properties of the resonator. In this dissertation we mainly study silica microtoroidal resonators due to their unique advantages in low optical loss and highly light confinement. The fabrication of microtoroids for both passive silica resonators and active rare-earth ion doped silica resonators are described in chapter 2. An important and valuable application of the WGM microtoroid resonator, which is nano particle sensing, is also briefly studied and reviewed in chapter 2.

In chapter 3 of this dissertation, the photonic molecules are introduced at first, including different types of photonic molecules, the advantage and main applications. Then the theoretical model and the mode evolution including the formation of the supermodes are investigated. Tuning of the system is analyzed, including spatial tuning and spectral tuning. Also, spectral engineering of the photonic molecule system is characterized. Typical advantages and potential applications of photonic molecule are introduced and investigated.

Chapter 4 studies the Electromagnetically Induced Transparency (EIT) and Autler-Townes Splitting (ATS) in WGM photonic molecules. A brief introduction to EIT and Fano resonance is described as well as their implementation in different types of physical platforms. ATS is also introduced briefly, which is always confused with EIT. The implementations of EIT, Fano resonance, and ATS in WGM photonic molecule are investigated theoretically and experimentally. The important method, Akaike information criterion (AIC), to effectively discern the frequently confused EIT and ATS phenomena is analyzed. Its practical application to discern EIT and ATS in WGM microcavity spectra is demonstrated in detail.

Chapter 5 introduces the concept of party-time (PT) symmetry, its implementation in different physics platforms (acoustics, optics, etc.). The investigation and development of a new PT symmetric WGM optical microcavity system is described in detail. The model is analyzed with detail characterization of eigen-mode evolution, theoretically and experimentally. The special fabrication of the compound structure is described. Finally, an important application, that is, all-optical diode implementation with this system is developed and characterized, as well as a comparison with other all-optical diode design.

Chapter 6 reviews the concept of non-Hermitian system and exceptional points. The developed non-Hermitian optical systems are introduced. The design and implementation of a non-Hermitian optical WGM microcavity system is demonstrated and a full characterization of the system's mode evolution with exceptional points is included. The novel properties of the system such as the light intensity enhancement by increasing loss are analyzed. The critical application with these properties for optical nonlinear effect and on-chip laser light control tuning are demonstrated. At last, the connection and a model conversion between general non-Hermitian optical WGM microcavity system is introduced.

## Chapter 2

## Whispering-Gallery-Mode Resonators

Due to the high surface smoothness which suppresses the scattering loss, and the selectively low material absorption, as well as the tight light confinement, WGM optical microresonators are of great interests for a variety of scientific disciplines. The advantage of low optical loss and high light confinement lead to significant enhanced light-matter interactions. These features remarkably make WGM resonators sensitive devices for perturbations detection including dielectric or metallic nano particles, thermal and infrared signal, humidity change, and acoustic perturbations (micromechanical displacement)[8-10]. Furthermore, the micro scale confinement of light enables and boosts the tremendous light matter interaction inside the mcirocavity, leading to significant amplification of cavity optical nonlinear effects, for instance, cavity optical Kerr nonlinear effect, cavity thermal-optical nonlinear effect, cavity optomechanics, optical parametric oscillation, and Raman scattering [11-14].

## 2.1 Introduction

The name Whispering Gallery Modes were first introduced from the sound resonance effects in the gallery of St Paul's Cathedral in London. The refocusing effect of WGM for sound travelling along the gallery was studied by Lord Rayleigh [15]. In 1961, WGMs in optics was firstly reported as the laser action in Sm:CaF2 crystalline resonators was investigated [16]. Due to the total internal reflection (TIR) effect, the light ray propagates inside the circular boundary and experiences bouncing back in the inner boundary for multiple times, with a setting of higher refractive index materials inside, leading to a total effect that the light travels along the boundary, as shown in Fig. 2.1a with a microsphere structure. When the wavelength of the light wave satisfies the following condition

$$m\lambda = n_{eff}L \tag{2.1}$$

the mode is on resonance. The m denotes an integer mode number,  $\lambda$  denotes the wavelength of the light,  $n_{eff}$  and L denote the effective refractive index and the geometric path length. Pattern in Fig. 2.1b reveals the electric field distribution of a resonance mode in the equatorial plane. This mode is a typical whispering gallery mode.

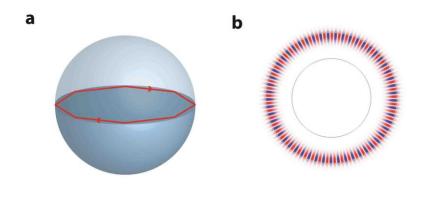


Figure 2.1 Illustration of a microsphere ray trajectory (a) and pattern of resonance mode (b).

As the micro and nano technologies have been developed significantly, the fabrication of microscale WGM resonators with a variety of materials and shapes are enabled [17]. Different materials such as silica, silicon, silicon nitride, Calcium Fluoride, chalcogenide glass, and polymer, etc. for building WGM microresonator have been explored and developed [18-23]. Various resonator geometries (Fig. 2.2) have been built and demonstrated, typically including microspheres, microrings, microdisks, microtoroids [24-30].

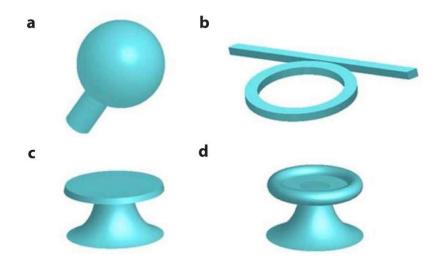


Figure 2.2 Illustration of typical WGM microresonators with different geometric shapes, (a) microsphere, (b) microring, (c) microdisk, (d) microtoroid.

In this study, we mostly utilize the ultra-high quality factor microtoroid WGM resonator for the device implementation.

## 2.2 Optical Properties of WGM Microresonators

The WGM microresonators have several critical parameters which characterize their important optical properties such as the optical loss and light confinement. The quality factor and photon lifetime denotes the losses of the resonator. Free spectral range represents the periodical property of the resonant modes. Mode volume denotes the spatial confinement of the resonant mode.

### 2.2.1 Quality Factor and Photon Lifetime

The Quality factor (Q factor), is a parameter characterizes the optical loss in a resonator. It is defined as the ratio of total energy stored inside the resonator to the energy dissipation per cycle. Typically, according to the Fourier transformation, the Q factor can be measured spectrally with the resonance frequency and linewidth measurement

$$Q = \frac{\omega}{\Delta \omega} = \frac{\lambda}{\Delta \lambda} \tag{2.2}$$

where  $\omega$  and  $\lambda$  are resonance frequency and resonance wavelength,  $\Delta \omega$  and  $\Delta \lambda$  are the linewidth or full width at half maximum (FWHM) of the resonance. By experimentally measuring the fine resonance mode spectra, the Q value can be easily extracted.

Actually, the cavity total Q value is a combination of the cavity intrinsic loss and external signal coupling loss. The intrinsic loss includes the material absorption loss, radiation loss, and scattering loss. According to the above loss mechanism, the total Q value is determined as [31]

$$\frac{1}{Q_{tot}} = \frac{1}{Q_{int}} + \frac{1}{Q_{ex}} = \frac{1}{Q_{abs}} + \frac{1}{Q_{rad}} + \frac{1}{Q_{scat}} + \frac{1}{Q_{ex}}$$
(2.3)

where  $Q_{int}$  denotes the total intrinsic Q,  $Q_{ex}$  denotes the external coupling Q. The  $Q_{abs}$ ,  $Q_{rad}$ ,  $Q_{scat}$  represent the effective material absorption Q, radiation Q, and scattering Q.

The photon lifetime on the other hand is defined as the time required for the photon energy in the cavity to decay to 1/e level, which is equal to the inverse of the linwidth and it relates with the Q factor as

$$\tau_c = \frac{1}{\Delta \omega} = \frac{Q}{\omega} \tag{2.4}$$

### 2.2.2 Mode Distribution and Mode Volume

As shown in Fig.2.1b, the cavity resonance mode has a distributed pattern near the interface between the inner dielectric material and the outside environment. A parameter named mode volume V is defined as the equivalent volume that the resonance mode occupies if the photon energy density is homogeneously distributed throughout the mode volume at the peak value, with the expression as

$$V = \frac{\int n^2(\mathbf{r}) \left| \vec{E}(\mathbf{r}) \right|^2 d^3 r}{\max\left( n^2(\mathbf{r}) \left| \vec{E}(\mathbf{r}) \right|^2 \right)}$$
(2.5)

where  $\vec{E}(\mathbf{r})$  denotes the light wave electric field and  $n(\mathbf{r})$  denotes the local refractive index. The most critical feature that the mode volume characterized is the reflection of light intensity inside the resonator. When the mode volume is small, the optical mode is more confined, leading to a higher light intensity even with the same input power. This directly affects the light–matter interaction strength [32].

Typical mode distribution pattern in a microtoroid resonator for the top view and side view crosssection are presented in Fig.2.3.

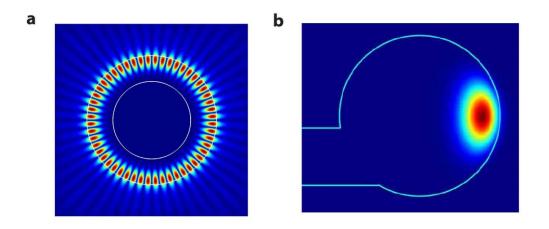


Figure2.3 Illustration of top view and side view of a typical WGM mode spatial distribution in a microtoroid resonator, (a) top view, (b) side view.

### 2.2.3 Free Spectral Range

The free spectral range (FSR) is defined as the resonance frequency separation  $\Delta f_{FSR}$  or resonance wavelength separation  $\Delta \lambda_{FSR}$  between two adjacent modes in a resonator. The approximate expression of the FSR in a WGM resonator is defined as

$$\Delta f_{FSR} \approx \frac{c}{2\pi nR} \tag{2.6}$$

$$\Delta\lambda_{FSR} \approx \frac{\lambda^2}{2\pi nR} \tag{2.7}$$

where c is the speed of light in vacuum and R denotes the effective cavity radius. For larger cavity, the FSR is smaller while for smaller cavity, the FSR is larger. For the application of single-mode laser or nanoparticle sensing, larger FSR is always preferred, for a cleaner spectrum for operation.

## 2.3 Optical Coupling of Input and Output

The Fabry-Parot resonator utilizes the partial reflection and partial transmission mirror for inputoutput signal coupling. However, in the WGM micro resonator, the input-output light coupling is enabled by the near field evanescent coupling as shown in Fig.2.4.

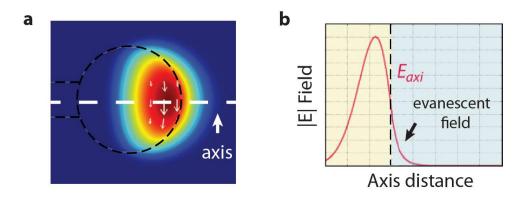


Figure 2.4 Cross section of a typical WGM mode electric field distribution (a). (b) Absolute value of the electric field distribution along the axis in (a).

An efficient evanescent coupling requires that the WGM evanescent field overlap with the coupler field. When phase matching conditions are satisfied, the coupling of the resonance mode can be built up efficiently. With this mechanism, several similar coupling methods have been utilized and demonstrated, including prism coupling, fiber taper coupling, and angle polished fiber coupling as shown in Fig.2.5 [33-35].

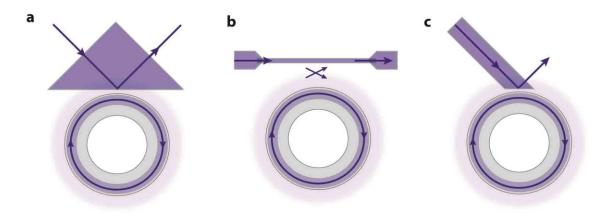


Figure 2.5 Schematics showing the evanescent coupling of input-output light from and to a WGM microresonator with (a) prism coupling, (b) fiber taper coupling, and (c) angle polished fiber coupling.

In this study, we utilize the fiber taper coupling scheme, with the fiber taper fabricated by heating and slowly pulling a standard optical fiber to a few micron of thickness. The coupling efficiency with this scheme can reach above 99% [36].

## 2.4 Theoretical Modeling

In this section, we study the WGM resonator coupling model specifically for the fiber taper coupling scheme. The resonator coupling system can be demonstrated theoretically according to the coupled-mode theory [37,38].

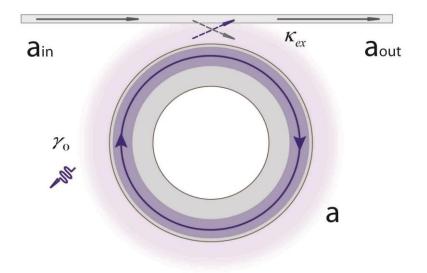


Figure 2.6 Schematics showing the evanescent coupling of input-output light from and to a WGM microresonator with (a) prism coupling, (b) fiber taper coupling, and (c) angle polished fiber coupling.

As presented in Fig.2.6, the schematic of a waveguide and WGM resonator coupling system, the total round-trip loss  $\gamma_0$  is determined by the intrinsic loss of the resonator, while the  $\kappa_{ex}$  denotes the waveguide-resonator coupling loss, also referring to section 2.2.1. The time evolution of the cavity light field *a* can be described as [37-38]

$$\frac{da}{dt} = -(i\omega_c + \frac{\gamma_0}{2} + \frac{\kappa_{ex}}{2})a - \sqrt{\kappa_{ex}}a_{in}$$
(2.8)

where  $\omega_c$  is the resonance frequency,  $\gamma_0 = \omega_c / Q_0$  denotes the intrinsic loss of the resonator with  $Q_0$  denoting the intrinsic quality factor, and  $\gamma_{ex} = \omega_c / Q_{ex}$  denotes the waveguide-resonator coupling rate with  $Q_{ex}$  describing the external coupling quality factor.  $a_{in}$  and  $a_{out}$  are the input and output field. The total loaded quality factor can be calculated as  $Q = (Q_0^{-1} + Q_{ex}^{-1})^{-1}$ . In the waveguide-resonator coupling system, the output field can be expressed as

$$a_{out} = a_{in} + \sqrt{\kappa_{ex}} a \tag{2.9}$$

According to Eq. (2.8) and Eq. (2.9), with proper conditions, the transmission power which is defined as  $T = |a_{out}|^2 / |a_{in}|^2$  can be calculated.

Considering the steady state condition with Fourier transformation, the dynamic can be expressed as

$$(i\Delta - \frac{\gamma_0}{2} - \frac{\kappa_{ex}}{2})a - \sqrt{\kappa_{ex}}a_{in} = 0$$
(2.10)

where  $\Delta = \omega - \omega_c$  is the frequency detuning between the input and the resonance frequency  $\omega_c$ . Thus the intracavity field is derived as

$$a = \frac{\sqrt{\kappa_{ex}} a_{in}}{i\Delta - (\gamma_0 + \kappa_{ex})/2}.$$
(2.11)

Combining Eq. (2.9) and Eq. (2.11), the expression of the power transmission is derived as

$$T = \left| 1 + \frac{\kappa_{ex}}{i\Delta + (\gamma_0 + \kappa_{ex})/2} \right|^2 = 1 - \frac{\kappa_0 \kappa_{ex}}{\Delta^2 + \left(\frac{\gamma_0 + \kappa_{ex}}{2}\right)^2}.$$
(2.12)

In the real system, the cavity intrinsic loss is usually fixed, while the coupling rate can be tuned by varying the gap distance between the waveguide and the cavity. The coupling rate increases exponentially with the decrease of the coupling gap. According to the relation between the cavity intrinsic loss  $\gamma_0$  and the coupling rate  $\kappa_{ex}$ , the coupling condition can be defined as three regimes: under coupling, critical coupling, and over coupling.

(i) The under coupling regime is the regime where  $\gamma_0 > \kappa_{ex}$ , that is, the coupling loss is smaller than the cavity intrinsic loss. Phase shift of the transmitted light at this condition is zero.

(ii) The critical coupling is defined as the coupling when  $\gamma_0 = \kappa_{ex}$  the waveguide coupling loss is equal to the cavity intrinsic loss. At this condition, the power transmission at the exact resonance frequency is zero, meaning resonant light trapped inside the cavity perfectly. Also, the circulating power is maximized at this point. All the input power is coupled into the resonator and dissipated within the photon lifetime.

(iii) The over coupling regime is the regime where  $\gamma_0 < \kappa_{ex}$ , when the coupling loss dominates the total loss. At this regime, the transmitted light undergoes a  $\pi$  phase shift, with the linewidth broadened and resonance shallowed on the transmission spectra [36].

## 2.5 WGM Microresonator with Gain

Gain and lasing in WGM resonators can be achieved by either introducing active materials to the resonator or using intrinsic nonlinearities of the resonator material [39-47]. The combination of high-Q microresonators and gain materials leads to a variety of laser configurations with good performance. Different gain medium enables the WGM micro laser to cover a wide lasing spectral range from ultraviolet to infrared.

### 2.5.1 Er<sup>3+</sup> Doped Gain and Amplification

Among different gain materials, rare-earth ions (e.g.,  $Er^{3+}$ ,  $Yb^{3+}$ ,  $Nd^{3+}$ , etc) are widely used dopants for solid-state lasers due to their high efficiency, long upper-level lifetime, ability to generate short pulses, and wide emission spectrum spans from 0.3 to 3 um which cover important wavelengths not only crucial to sensing but also to communication applications. For instance,  $Er^{3+}$  ion provides gain around 1550 nm enables it as key dopant for optical communication signal amplification [95]. In this study, we utilize the Er-doped microtoroidal resonator for active gain supply and for investigation of the performance of WGM microlasers. The Er-doped microtoroidal resonators are prepared from silica sol-gel thin film coating together with standard photolithography based semiconductor fabrication scheme. The sol-gel process method and the fabrication of the device are demonstrated in the section 2.7.2.

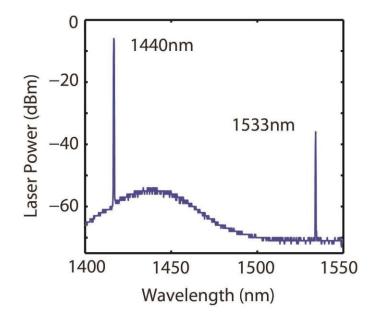


Figure 2.7 Erbium laser generation in the Er<sup>3+</sup> doped microtoroid resonator at 1420nm pump.

In the experiments excitation of cavity  $Er^{3+}$  laser, the wavelength of the pump laser is tuned on resonance with a high Q cavity mode to achieve resonant pumping. At the resonant wavelength, small input pump power is significantly enhanced and boosted inside the cavity and it efficiently excites the  $Er^{3+}$  ions to generate stimulated Laser emission at the  $Er^{3+}$  emission band. Figure 2.7 presents a typical lasing spectrum with laser emission at 1540nm. The actual spectral width of the laser line is much narrower than the resolution of the Optical Spectra Analyzer (~0.1 nm) and thus cannot be resolved. The normal lasing threshold for the microtoroid WGM Er laser is around 10  $\mu W$  of pump power, which is much lower than the traditional laser schemes.

### 2.5.2 WGM Microresonator with Silica Raman Gain

The ultra-high-Q optical modes in microtoroid cavities, as well as the observed strongly reduced azimuthal mode spectrum, make microtoroid cavities a promising candidate for nonlinear optical oscillators. Due to the enhanced nonlinearity, the microtoroid cavities can act as nonlinear Raman oscillators, and the first Raman laser with microtoroid cavity on a chip is demonstrated [48]. Also for WGM microspheres, the long photon storage times in conjunction with the high ideality of a tapered optical fiber coupling junction, allows stimulated Raman lasing to be observed at ultra-low threshold as low as 74 µW at 1550 nm band. In the WGM microresonators, in addition to the single mode emission, multiple laser emission is also observed to be over a large range of pump powers.

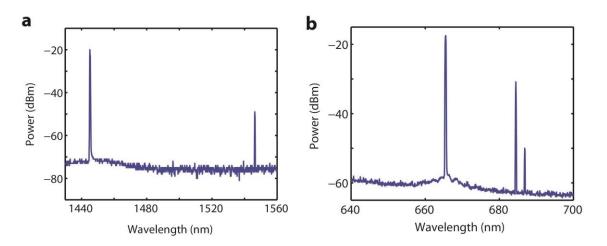


Figure 2.8 Raman laser generation from silica microtoroid resonator at (a) 1450nm pump and (b) 660nm pump.

Fig.2.8 shows typical silica Raman laser spectra in silica microtoroid WGM resonator at different wavelength band. Either single mode lasing and multimode lasing operation can be obtained, as the pump power or coupling condition is tuned specifically.

## 2.6 Nonlinear Effects in WGM Microresonators

Due to the ultra-low optical loss and highly light field confinement, strong Kerr-nonlinearity in a microcavity is supported and Kerr-nonlinearity induced optical parametric oscillation is successfully demonstrated, even in materials with weak nonlinear properties such as silica [49]. Geometrical control of microtoroid WGM resonator enables a transition to optical parametric oscillation regimes. Optical parametric oscillation (OPO) is observed with threshold as low as 100's micro-Watts, which is more than two orders of magnitude lower than for optical-fiber based OPO. Also, the highly confined light enables the opto-elastic effect and the effective optical gradient force. This generates a crucial phenomenon called cavity opto-mechanics [50]. With the strong excitation of optical resonance field, the WGM microresonator excites a tiny mechanical vibration effect coherently. The excited mechanical effect on the other hand modifies the optical mode nonlinearly, also presenting as a nonlinear effect to the cavity optics.

### 2.6.1 WGM Microresonator with Kerr Nonlinearity Induced Parametric Oscillation

Optical parametric oscillators (OPOs) depend on energy and momentum conserving optical processes to generate light at two new side bands, with one called "signal" and the other called "idler" frequencies. In contrast to oscillation based on stimulated gain, optical parametric oscillation does not involve coupling to a dissipative reservoir. This feature enables its related applications for quantum information research, spectroscopy, as well as sensing. The oscillation based on optical parametric gain requires strict phase matching of the optical fields with the combinations of high field intensity or long interaction length. These requirements pose severe challenges to attaining micro-cavity optical parametric oscillators.

The microtoroid WGM resonator has great advantage which makes it a good candidate for the Kerrnonlinearity induced optical parametric oscillation. However, even with ultra-high Q factor and strong light confinement, it is not sufficient to ensure parametric oscillation. Due to inversion symmetry, the lowest order nonlinearity in silica is the third order nonlinearity so that the elemental parametric interaction converts two pump photons ( $\omega_p$ ) into signal ( $\omega_s$ ) and idler ( $\omega_I$ ) photons [51,52]. In order to enable parametric oscillations efficiently, both energy and momentum must be conserved in this nonlinear process. In WGM resonators, such as microtoroids, momentum is intrinsically conserved when signal and idler angular mode numbers are symmetrically located with respect to the pump mode.

Fig.2.9 shows typical experimentally obtained optical parametric oscillation spectrum in a silica microtoroid WGM resonator at the 1550nm band. Clear signal peak and idler peak have been observed, even with second order and third order parametric signal generation.

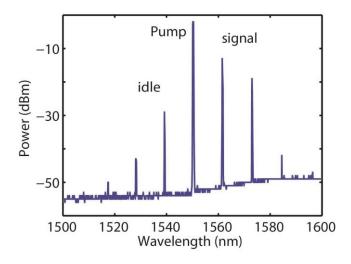


Figure 2.9 Parametric oscillation generation for silica microtoroid cavity at 1550nm band.

It is worth noting that the parametric oscillation in WGM resonator is different from the stimulated Raman generation. As stimulated Raman scattering does not depend on the detuning frequency due to the intrinsically phase-matching, it is the dominant nonlinear mechanism by which light is generated for large detuning values. With decreasing  $\Delta \omega$ , a transition from stimulated to parametric regimes occurs when the threshold for parametric oscillation falls below that for Raman (The peak parametric gain is larger than the peak Raman gain). Also note that for increased waveguide loading (and hence correspondingly higher threshold pump powers) the transition can be made to occur for detuning values that are progressively larger.

If the material is replaced with other nonlinear optical materials instead of silica, since silica's lowest nonlinearity is the third order nonlinearity due to inversion symmetry, it should also be possible to induce second-order nonlinear interaction, such as parametric down-conversion by using ultraviolet or thermal-electric glass poling techniques. This would enable important applications in quantum information and quantum optical studies such as single photon source implementation, as well as for novel bio-imaging schemes based on entanglement. Furthermore, the high modal purity and the nearly lossless coupling junction in the microtoroid WGM resonators are important prerequisites for real applications and quantum optical studies.

### 2.6.2 WGM Microresonator with Optomechanics

The opto-mechanical coupling refers to systems where a mechanical oscillator is parametrically coupled to an electromagnetic resonant system, for instance, between a moving mirror of FP resonator and the radiation pressure of light. It has first appeared in the context of interferometric gravitational wave experiments. The first observation of the dynamic back action between optical resonance and mechanical resonance systems was reported in 2005 at a vastly different size scale in microtoroid cavities [53-55].

The general model of the opto-mechanics system can be described as

$$\frac{da}{dt} = -i\Delta(x)a - (\frac{\gamma_0}{2} + \frac{\kappa_{ex}}{2})a - \sqrt{\kappa_{ex}}a_{in}$$
(2.13)

$$\ddot{x} + \frac{\Omega_m}{2Q_m} \dot{x} + \Omega_m^2 x = \frac{F_{RP}(t)}{m_{eff}} + \frac{F_L(t)}{m_{eff}}$$
(2.14)

$$\Delta(x) = \omega - \omega_0 + \frac{\omega_0}{R} x \tag{2.15}$$

where *a* denotes the optical field amplitude,  $\gamma_0$  and  $\kappa_{ex}$  denotes the optical cavity intrinsic loss and coupling rate, *x* denotes the mechanical displacement with mechanical frequency  $\Omega_m$  and mechanical quality factor  $Q_m$ . The  $F_{RP}$  and  $F_L$  denotes the optical radiation force and mechanical force with  $m_{eff}$  denoting the effective mass. *R* is the structural radius of the WGM resonator.

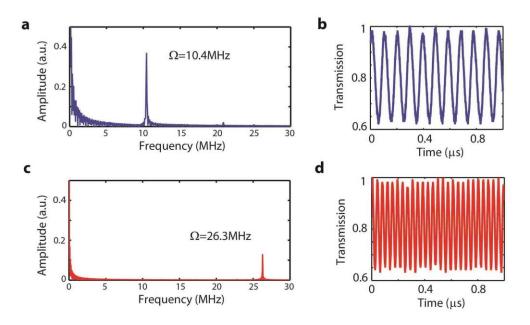


Figure2.10 Experimentally obtained Microtoroid WGM resonator excited opto-mechanics. (a) and (b) Mechanic excitation at 10.4MHz, in frequency domain or time domain; (c) and (b) Mechanic excitation at 26.3MHz, in frequency domain or time domain.

In our microtoroid WGM resonators, we excite different mechanical modes at different optical power and different optical frequency detuning. The output optical spectra reveal clear mechanical oscillation induced modification to the optical modes, as shown in Fig.2.10.

With this interesting opto-mechanics effect, cooling related research especially in quantum mechanics is enabled with the continued improvements in mechanical Q that are already underway to address the requirements [56]. Also, the potential for realization of a new class of ultra-stable, narrow linewidth RF oscillators based on this opto-mechanics system is another important direction to go now.

### 2.7 Fabrication of WGM Microtoroidal Resonators

Silica microtoroid WGM resonators were first demonstrated in 2003 [26]. With the on-chip configuration which makes it compatible for semiconductor integration, the ultra-high Q factors and the ultra-strong mode confinement, they have attracted tremendous interests for research and applications. The toroidal shape is obtained by melting a silica microdisk on a silicon pillar with a high power  $CO_2$  laser, which gives rise to ultra-smooth surface because of the surface tension effect in the melting process.

### 2.7.1 Passive Silica Microtoroidal Resonators Fabrication

It is shown in Fig.2.11 that the fabrication procedure of silica microtoroids on a silicon substrate. The fabrication is done on a silicon wafer with 2 um thickness silica layer on the top. First, standard semiconductor pattern transfer techniques are utilized to generate the circular silica pads with controlled diameters, through photolithography and buffered-HF etching. To maintain the refractive index matching and thus prevent the leakage of light from the silica disks to the silicon substrate, the substrate is isotropically etched with XeF<sub>2</sub> gas. After this dry etching process, the silica microdisks become suspended on the etching-formed silicon pillars. Finally, a high power CO<sub>2</sub> laser is applied to reflow the silica disks one by one, during which surface tension force the disks to collapse into toroids.

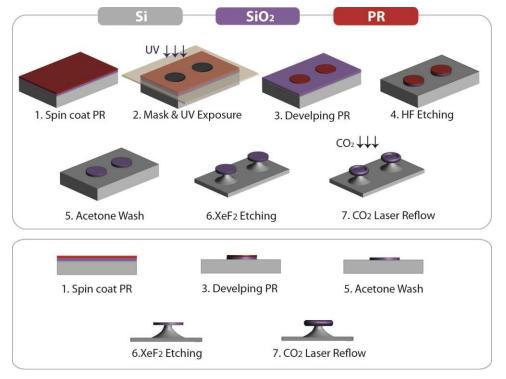


Figure2.11 Schematic of fabrication of silica microtoroid WGM resonator.

The size of the microtoroid is determined by the silica disk size, the silicon pillar size and the  $CO_2$  laser reflowing power, and it is characterized by the major diameter D and minor diameter d, which is shown in the zoom-in plot in Fig.2.12.

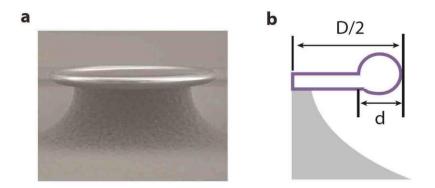


Figure 2.12 Scanning Electron Microscope image of a microtoroid WGM resonator and the diagram of the size parameters.

## 2.7.2 Active Er<sup>3+</sup>-doped Silica Microtoroidal Resonator Fabrication

The wafer sample with silica layer on silicon wafer for fabrication of passive silica microtoroid WGM resonator is prepared by thermal oxidation method. Different from the preparation of the wafer for making passive microtoroid WGM resonators, the wafer with Er<sup>3+</sup>-doped silica layer on the silicon wafer is prepared from sol-gel method.

Sol-gel method is a low-cost, fast, and flexible wet-chemical synthesis method for glasses and ceramics preparation. The sol-gel process is based on hydrolysis and condensation reactions of metal-alkoxide precursors in aqueous solution, or other medium [57-58]. The reaction is performed under acid condition to obtain dense films. In our study, we use the sol-gel process under acid catalyzed condition to prepare silica thin films on silicon substrates from which silica microtoroid resonators are fabricated. The process for synthesis of silica films consists of three steps: 1) Hydrolysis, Si-alkoxide is hydrolyzed by water molecules to produce a colloidal suspension (sol); 2) Condensation, hydrolyzed molecules produce Si-O-Si linkages or networks (gel); 3) Annealing, the silica-gel film is treated at high temperature to form dense glass. In the sol-gel method, dopants can be introduced into sol-gel materials by mixing relevant soluble chemicals in the precursor solutions. In our experiments erbium nitrate ( $Er(NO_3)_3$ ) is mainly used to introduce  $Er^{3+}$  ions. With the sol-gel technique, dopant concentration, material matrices, and flexibility of adding multiple dopants can be easily controlled.

Normally, each layer coating adds a film thickness of about 500 nm. So repeating the coating process for two or three times reach a suitable thickness for fabrication of microtoroid with diameter of 10's  $\mu m$ .

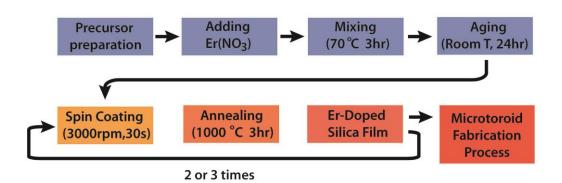


Figure2.13 Process flow for fabrication of Er<sup>3+</sup>-doped active microtoroid WGM resonator through sol-gel process. After a smooth Er<sup>3+</sup>-doped sol-gel silica film is formed with appropriate thickness, the sample can be prepared following the standard fabrication procedure, the same as the fabrication of the passive silica microtoroid WGM resonator.

## 2.8 Nanoparticle Sensing with WGM Microresonators

In recent years the development of micro- and nano-scale optical technologies for environmental and bio sensing and detection, has experienced tremedous increase [59-61]. For biomedical applications, the sensitive and label-free detection of biomolecules such as proteins, viruses, and DNA, is crucial for implementing next-generation clinical diagnostic method. And it is essential to achieve single molecule detection capability in an aqueous environment since clinical samples are liquid based.

Although there are many approaches for label-free biosensing only few technologies promise single molecule detection capability with integration on a chip-scale platform, including high-Q optical resonators, nanomechanical resonators, plasmon resonance sensors, and nanowire sensors. Among all these platforms, high-Q optical resonator-based biosensors have their unique advantage [62-65]. The sensitivity of optical resonators scales inversely with size, whereas non-resonant optical detection schemes such as those based on Mach-Zander interferometers do not share this feature. Thus the advantage of fabrication of miniature high-Q WGM optical microresonators from different materials and in different geometries benefits the particularly important applications. Furthermore, micro- and nano-scale optical WGM microresonators are not only one of the most sensitive approaches to probing the biomedical targets, but also multi-function sensing platforms.

#### 2.8.1 Mode Shift and Mode Splitting

The WGM optical microresonator detects the binding of molecules or nanoparticles via changes in the resonance frequency. A WGM exhibits high sensitivity to such perturbations due to the highly light confinement close to the surface where the evanescent field interacts strongly with the surrounding medium.

The binding of the nanoparticle shifts the WGM resonance frequency (or wavelength) by a miniscule amount as illustrated in Fig.2.14a. The shift to shorter resonance frequency occurs due to that the binding particle effectively increases the effective index on the optical path, equivalent to extracting part of the optical field to the outside of the microresonator, thereby increasing the optical path length. Therefore, this increase in optical path length produces the shift to lower frequency. To ensure the high sensitivity, a large Q factor is necessary in order to resolve the fractional frequency shift with high resolution [66,67].

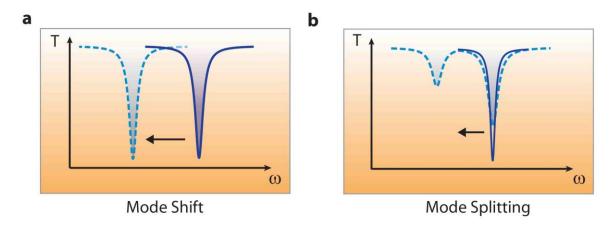


Figure 2.14 Illustration of spectra for mode shift and mode splitting.

On the other hand, the mode splitting, in which the modal coupling is induced by a single Rayleigh Scatterer, has a different physics explanation. The scatterer can be a subwavelength dielectric or metallic particle. Considering a WGM microresonator modes without observable intrinsic splitting, for which the resonance mode appears as a single peak, when a Rayleigh nanoparticle falls into the evanescent field of WGMs, a portion of the scattered light is lost to the environment creating an additional damping channel, while the rest couples back into the opposite propagating mode and induces coupling between the counter-propagating WGMs, whose counter-propagating mode degeneracy is lifted consequently, meaning that the two overlap modes splits into two, as illustrated in Fig.2.14b [68,69].

#### 2.8.2 Nanoparticle Sensing with Passive Microtoroidal Resonators

The principle of utilizing the mode splitting as nanoparticle detection transducer is described briefly as following [64]. A perfect azimuthally symmetric microresonator supports two counterpropagating WGMs (clockwise: CW and counter-clockwise: CCW) with the degenerate resonant angular frequency  $\omega_c$  and the same field distribution function  $f(\mathbf{r})$ . The modes evolution of the resonator-reservoir system is written as Eq. (16) when there is a nanoparticle binding to the surface of the resonator and interacting with the counter-propagating modes

$$\frac{da_{cw}}{dt} = -[i(\omega_c + g) + \frac{\Gamma_R + \gamma_0 + \kappa_{ex}}{2}]a_{cw} - (ig + \frac{\Gamma_R}{2})a_{ccw} - \sqrt{\kappa_{ex}}a_{cw}^{in}$$

$$\frac{da_{ccw}}{dt} = -[i(\omega_c + g) + \frac{\Gamma_R + \gamma_0 + \kappa_{ex}}{2}]a_{ccw} - (ig + \frac{\Gamma_R}{2})a_{cw} - \sqrt{\kappa_{ex}}a_{ccw}^{in}$$
(2.16)

where  $\omega_c$  is the resonance frequency,  $\gamma_0$  and  $\kappa_{ex}$  denote the resonator intrinsic loss and coupling rate. The mode splitting is  $\delta = 2g$  with particle induced mode coupling coefficient g and damping rate  $\Gamma_R$  defined as

$$g = -\frac{\alpha f^{2}(\mathbf{r})\omega_{c}}{2V}$$

$$\Gamma_{R} = \frac{\alpha^{2} f^{2}(\mathbf{r})\omega_{c}^{4}}{6\pi v^{3}V}$$
(2.17)

where V denotes the mode volume and  $v = c/\sqrt{\varepsilon_m}$  with c denoting the speed of light in vacuum. The  $\alpha$  is the polarizability of the particle which for a spherical scatterer of radius R can be expressed as

$$\alpha = \frac{4\pi R^3 (\varepsilon_p - \varepsilon_m)}{\varepsilon_p + 2\varepsilon_m}$$
(2.18)

where  $\varepsilon_p$  and  $\varepsilon_m$  denote the electric permittivities of the particle and the surrounding medium. Defining the normal modes of the resonator as  $a_{\pm} = (a_{cw} + a_{ccw})/\sqrt{2}$  and  $a_{\pm}^{in} = (a_{cw}^{in} + a_{ccw}^{in})/\sqrt{2}$ , in the steady-state condition the new eigen-modes are expressed as

$$[-i(\Delta\omega - 2g) + \frac{\Gamma_R + \gamma_0 + \kappa_{ex}}{2}]a_+ + \sqrt{\kappa_{ex}}a_+^{in} = 0$$

$$[-i\Delta\omega + \frac{\gamma_0 + \kappa_{ex}}{2}]a_- + \sqrt{\kappa_{ex}}a_-^{in} = 0$$
(2.19)

where  $\Delta \omega$  denotes the laser-resonator frequency detuning.

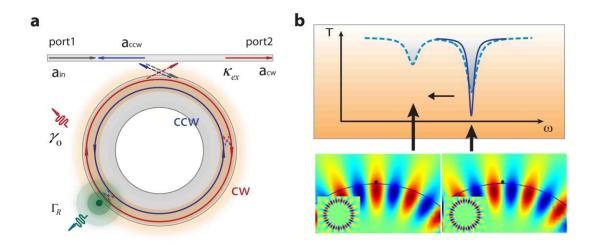


Figure2.15 Schematic of nanoparticle induced mode splitting in the WGM microresonator. (a) Diagram of mode propagation and interaction with nanoparticle perturbation, (b) mode splitting spectra with corresponding mode distribution patterns.

In Fig.2.15, the model diagram and the splitting modes' patterns are presented. The two new eigenmodes modify their fields thus for one of them the particle perturbation is maximized whereas for the other mode the particle perturbation is minimized (clearly seen in Fig.2.15b). This matches with the Eq.(2.19) very well.

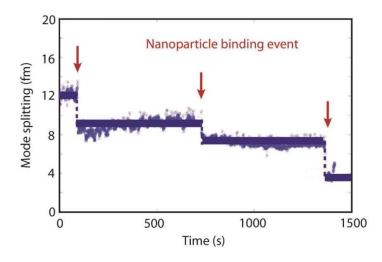


Figure 2.16 Experimentally obtained real-time nano particle sensing with mode splitting scheme in microtoroid, the detected polystyrene nanoparticle is 100 nm in diameter.

According to the above model analysis we know that when there is a nanoparticle binding to the microresonator, it introduces non-degeneracy to the counter-propagating modes and leads to mode splitting and difference of mode damping. As the nanoparticles continuously binds to the microtoroid sensor, the mode splitting and damping difference change correspondingly at the binding moments. This mechanism enables the real-time nanoparticle sensing with high sensitivity. A typical sensing spectrum is presented in Fig.2.16, in which the discrete splitting changes correspond to the each single nanoparticle binding event. Also, by extracting the splitting change and damping difference in each event, the particle polarizability can be calculated accurately and thus enabling the single nanoparticle size measurement in the meantime.

#### 2.8.3 Nanoparticle Sensing with Active Microtoroidal Resonators

In WGM sensors, the fundamental limit of sensitivity is determined by Q/V, which quantifies the strength of the interaction between the particle and the intra-cavity field. Thus, by increasing Q the sensitivity can be improved. One way to increase the Q is compensating the losses. Q enhancement of WGM resonances by compensating losses via optical gain has also been proved to be feasible method [70,71] in silica microtoroids doped with rare-earth ions such as erbium ( $Er^{3+}$ ) and ytterbium ( $Yb^{3+}$ ), or in silica resonator with Raman gain, referring to as active resonators. When such a WGMR is optically pumped above lasing threshold, the resultant laser has a narrower linewidth than the passive cavity and thereby improves the detection limit and sensitivity beyond what can be achieved by the passive resonator or by the active resonator below lasing threshold. The basic mechanism for this active scheme to enable the nanoparticle detection is described as following. Similar to the mode-splitting evolution in passive resonator with nanoparticle perturbation, when the active laser resonator has the particle binding, its lasing mode splits into two. The two splitting lasing modes interfere at the output and thus generate a beatnote signal with the beating frequency equal to the particle induced splitting. Thus, by detecting the beatnote signal and extracting the beatnote frequency, the detection of nanoparticle binding is achieved (Fig.2.17).

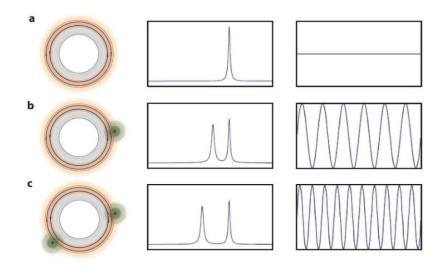


Figure 2.17 Schematic of nanoparticle sensing with active laser scheme in microtoroid, including rare-earth ion laser and Raman laser.

However, fabricating active WGMRs with dopants introduces additional processing steps and cost. Meanwhile, rare-earth ion doped active resonators suffer from the fact that most rare-earth ions are not biocompatible and that for each different wavelength band of operation a different rare-earth ion and a different pump laser should be used.

Therefore, a fundamentally different physical process to increase Q/V and thereby the fundamental sensitivity limit, as well as the detection limit can be developed. Instead of embedding rare-earth ions as the gain medium in a silica microtoroid resonator, the intrinsic Raman gain [48, 72] in silica to achieve loss compensation and highly sensitive nanoparticle detection is achieved. This does not require any dopant or additional fabrication complexities. With this configuration, Raman gain-induced Q enhancement (linewidth narrowing via loss compensation), Raman gain-enhanced detection of mode splitting in the transmission spectra, and splitting in Raman lasing for single nanoparticle detection and counting is demonstrated. Nanoparticle sensing such as polystyrene and gold nanoparticles now can be easily achieved with this whispering-gallery Raman microlaser based self-referenced and self-heterodyned method.

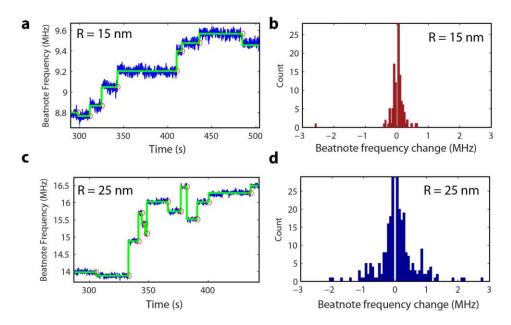


Figure 2.18 Experimentally obtained real-time nanoparticle sensing with Raman laser in microtoroid. (a)(c) The detected polystyrene nanoparticle induced real-time Raman beatnote frequency change with different particle size, (b)(d) The measured beatnote frequency change distribution with different nanoparticle size.

Fig.2.18 shows the test of beatnote measurement in the WGM Raman laser system for nanoparticle detection using NaCl nanoparticles. As discussed in the previous paragraph, particle binding to the WGM microlaser led to the splitting of a lasing line into two, which eventually gave a self-heterodyne beatnote signal when mixed at a photodetector, with the beatnote frequency corresponding to the amount of splitting. Each consecutive nanoparticle binding event led to a discrete change in the beatnote frequency. The frequency may increase or decrease depending on the location of each particle with respect to the field distribution of the lasing modes and the position of the particle with respect to previously deposited particles in the mode volume. As clearly shown in Fig.2.18, the change in beat frequency and hence the splitting of the lasing mode as NaCl nanoparticles of size R = 15 nm (Fig.2.18a), and 25 nm (Fig.2.18c) were continuously deposited onto the WGM Raman laser. With each particle binding event we observe a discrete up or down jump in the beat frequency. The histograms shown in Fig.2.18b and Fig.2.18d, reveal that the larger the particles, the wider the distribution of the changes in the beatnote frequency [73].

# Chapter 3

# **Photonic Molecules**

In this chapter we study the fundamental optical properties and applications of photonic molecules (PMs) - photonic structures formed by electromagnetic coupling of two or more optical microcavities, named as photonic atoms. This molecular analogy stems from the observation that confined optical modes of a resonator and the electron states of atoms behave similarly. Thus, a single resonator is considered as a "photonic atom," and a pair of coupled resonators as the photonic analog of a molecule. With these higher dimensional types of compound structure, controllable interaction between light and matter can be achieved and enhanced by the manipulation of their coupling or the individual resonance matching, including mechanical and optical tuning. The design and study of PMs not only adds new functionalities to microresonator-based optical device development, but also paves the way for their applications for the exploration of simulation methods for atomic physics and quantum optics.

In this chapter, we first review the related concepts of photonic molecules, the mechanism of mode coupling and splitting in PMs, and introduce classification of the PM supermodes. We then demonstrate various ways of engineering the PM super-modes spectra with tuning of different parameters, and explore the unique properties and potential applications of PM structures.

### 3.1 Introduction to Photonic Molecules

#### 3.1.1 Definition and Basic Properties of Photonic Molecules

Optical microresonators offer large possibilities in creating, studying and harnessing confined photon states. The properties of these states are similar to those of confined electron states in atoms. Due to this similarity, optical microcavities can be treated as 'photonic atoms'. Taking this analogy even further, a group of mutually-coupled photonic atoms forms a photonic molecule [74-77]. As shown in Fig. 16.1, PM structures consist of two or more light-confining resonators such as

Fabry-Pérot resonators, WGM microresonators, point-defect cavities in photonic crystal (PC), etc [77-81]. The first demonstration of a lithographically-fabricated photonic molecule (Fig. 16.1 up-left) was inspired by an analogy with a simple diatomic molecule [78]. Other nature-inspired PM structures have been proposed and shown to support confined optical modes closely analogous to the ground-state molecular orbitals of their chemical counterparts [82]. A very nice example of a coupled-cavity structure is a coupled-resonator optical waveguide (CROW), which is formed by aligning several same shaped microresonators in a linear chain (Fig. 16.1 bottom) [81]. The energy transfer along the chain can be achieved through nearest-neighbor interactions between adjacent cavities, and the unique dispersion characteristics of CROWs can be used for the realization of ultracompact on-chip optical delay lines [83-85]. Optical properties of more complex PMs considered in this chapter depend on mutual coupling between all the cavities forming the PM, and can be optimally-tuned by adjusting the sizes and shapes of individual cavities as well as their positions. Studying the interactions in PMs is critical to understand their resonance properties and the field and energy transfers to engineer new devices such as phonon lasers [86] and enhanced sensors [87].

Theoretical and experimental studies yielded that different PM designs can be used to implement of lower thresholds semiconductor microlasers, device for directional light emission, all-optically-based electromagnetically induced transparency, and enhanced microresonator-based sensors for bio sensing, structural sensing, etc. On the other hand, the mature development in material science and nano-technologies enables and speeds the development and realization of optimally-tuned PMs for these novel applications such as cavity quantum electrodynamic experiments, classical and quantum information processing, and sensing.

#### **3.1.2 Different Types of Photonic Molecules**

Different types of photonic molecules have been built and demonstrated in the recent decade. Typically structures used to build photonic molecule include coupled square-shape photonic dots coupled by semiconductor bridge, coupled microdisk, coupled microring, coupled microsphere, coupled point-defect cavities in photonic crystal, and linearly aligned coupled race-track optical waveguides [74-81].

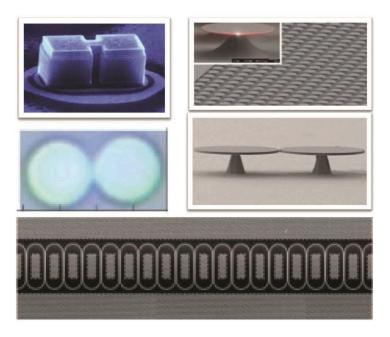


Figure 3.1 Different types of Photonic Molecules [74-81].

In our study, we focus on the research on PMs formed by coupled microtoroid or microsphere structure, or hybrid PMs formed by mix of these two. We introduce a method to detach an on-chip microresonator from its pillar, connecting it to the substrate, to form a free high-Q microresonator, and report studies of the optical modes in PMs made from pairs of directly coupled free-standing and on-chip WGM resonators of different shapes, sizes, and materials (hybrid resonators). We investigate the interaction and supermode formation in these types of PMs, including the directly coupled on-chip and free-standing silica microtoroids, directly coupled on-chip polydimethylsiloxane (PDMS)-coated silica microtoroid and a silica microsphere having a fiber stem, as well as coupled two edged on-chip microtoroid.

# 3.2 Microtoroid and Microsphere Based Photonic Molecules

As briefly discussed above, we implement and demonstrate the photonic molecule design based on microtoroid and microsphere structure. The microtoroid and microsphere based PMs have the advantage of small structural dimension, high quality factor and loss optical loss, large spectral and mechanical tenability, and clean photonic mode evolution. They are very good platform for demonstration of novel properties and phenomena in typical photonic molecules.

#### 3.2.1 Hybrid WGM Photonic Molecules

In this study, we implement and demonstrate the photonic molecule design based on microtoroid and microsphere structure. The PMs are formed by coupling a normal on-chip silica microtoroid with a free-standing silica microtoroid or a free-standing silica microsphere [88]. The initial resonance matching is realized by thermal tuning using a thermal-electric-cooler. To avoid the global heating on the coupled structure, different materials with negative thermal-optical effect such as the PDMS polymer can be used as surface coating material for the effective thermal tuning. These designs are also referred as a kind of hybrid photonic molecule structure. Another configuration in our experimental design is coupling two microtoroid resonators on separate chips. In this configuration, each resonator is specifically fabricated on the edge of the chip so that they do not loss the spatial tunability. And the thermal tuning of resonance in each of the coupled system can be achieved isotropically. The fabrications of all these different structures are demonstrated in the next section.

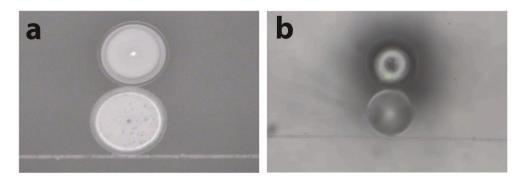


Figure 3.2 Hybrid photonic molecules made of (a) coupled microtoroid resonators with silica and PDMS, (b) coupled microtoroid and microsphere resonators.

Fig.3.2 presents the microscope images of experimentally built photonic molecules based on on-chip high Q microtoroid with free-standing microtoroid and microsphere. The input and output light are coupled to and from these PMs by using a tapered fiber with taper waist diameter as small as 2  $\mu m$ .

#### 3.2.2 Fabrication of WGM Photonic Molecules

The fabrication of microtoroid and microsphere based photonic molecules in our study are as following. In the on-chip microtoroid coupling with free standing microsphere scheme, the on-chip microtoroid is fabricated following the method described in section 2.7.1, whereas the free-standing microsphere is formed via melting a silica fiber tip with  $CO_2$  laser pulse. The temporal high energy which is absorbed by the head of the fiber tip immediately melts the silica and reshapes it into a well-formed sphere, with the rest fiber part acting as a stem supporting the sphere, as shown in Fig.3.3a. In the on-chip microtoroid coupling with free standing microtoroid scheme, the on-chip microtoroid is fabricated with the same method as the above scheme, whereas the free-standing microtoroid is formed with steps as shown in Fig.3.3b. The free-standing microtoroid is first processed with pillar etching making it easy to be detached from the chip. Then a head-polished fiber tip with tip head much smaller than the microtoroid's major diameter is used to pick up the pillar detached microtoroid. To firmly attach the microtoroid without pillar to the fiber stem, a small amount of optical UV glue is applied to the fiber tip. And after the successful detaching of the microtoroid, the glue is fast cured to bond the fiber stem with the microtoroid firmly.

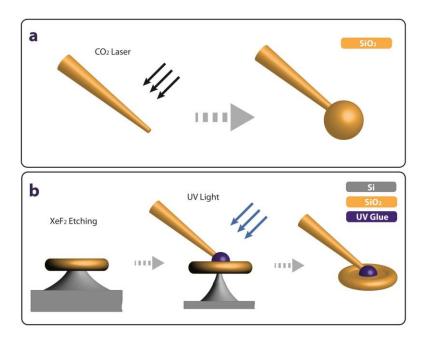


Figure 3.3 Fabrication flow of free-standing microsphere and free standing microtoroid resonators.

Another scheme to form the coupled microtoroid photonic molecule is achieved by fabricating each of the resonators at the edge of a different chip and by controlling the separation between chips by using nano positioning systems on which the chips are placed [89].

To fabricate the microtoroids at the edges of the chips, we modify slightly the original recipe for fabricating on-chip microtoroid resonators. The process, which is illustrated in Fig.3.4, is the same for both passive and active resonators. It begins with normal silica film on a silicon wafer for the passive resonator and with erbium-doped silica film on a silicon wafer for the active one. We fabricate the edge-toroids as follows:

1) A photoresist (PR) layer is spin-coated over plain silica (for the passive resonator) or erbiumdoped sol-gel silica (for the active resonator).

2) Using UV-photolithography circular disks are patterned on the silica film.

3) PR is then developed, forming PR disks.

4) With hydrofluoric (HF) acid as the etchant, silica that is not covered with the PR is removed in order to form PR-coated silica disks on silicon wafer.

5) PR is then removed by washing the wafer with acetone, uncovering the silica disks.

6) and 7) A new layer of PR is spun coated on the wafer and then the chip is exposed to XeF2 gas, which isotropically etches silicon. The PR layer forms a protective layer, so XeF2 does not etch the structure from the top. Etching only proceeds in a direction parallel to the surface.

8) The PR is washed away with acetone. Steps 6)-8) are repeated until the desired over-hang disk structure is formed.

9) The wafer is immersed in XeF2 gas once more to etch silicon from the top and sides in order to form the pillar structure, i.e., silica disks over silicon pillars.

10) Finally, CO2 reflow heats and melts the silica disks, transforming them into silica microtoroids. The resulting structures are microtoroids at the edge of a silicon wafer with their pillars on the silicon substrate but with a portion of the silica torus extending beyond the wafer.

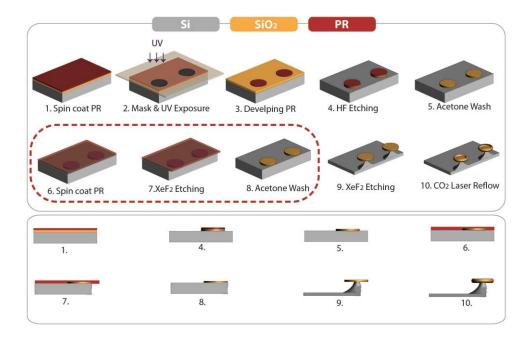


Figure 3.4 Fabrication flow of edged microtoroid resonators for forming of photonic molecule.

### 3.3 Supermodes of Photonic Molecules

If individual photonic atoms are brought into close proximity, their optical modes interact and give rise to a pair or multiple PM supermodes. Adopting the terminology used in the studies of localized plasmonic states coupling, this mode transition and splitting can also be called mode hybridization.

In the following study, we introduce the theoretical model for the photonic molecules. Assume one of the resonators is directly coupled to an optical fiber waveguide for the light excitation, we define the intracavity mode fields of the resonators as  $a_{k=1,2}$  for the first and second resonators with resonance frequencies  $\omega_{k=1,2}$ , the coupling strength between the resonators as  $\kappa$ , and the input field as  $a_{in}$ , we can write the following rate equations for the coupled-resonators system [88]

$$\frac{da_1}{dt} = -i\omega_1 a_1 - \frac{\gamma_1 + \gamma_c}{2} a_1 - i\kappa a_2 - \sqrt{\gamma_c} a_{in}$$

$$\frac{da_2}{dt} = -i\omega_2 a_2 - \frac{\gamma_2}{2} a_2 - i\kappa a_1$$
(3.1)

together with the input-output relations  $a_{out} = a_{in} + \sqrt{\gamma_c} a_1$ . Here  $\gamma_{k=1,2}$  denotes the loss or gain of the resonators, and  $\gamma_c > 0$  corresponds to the coupling loss between the first resonator and the fiber

taper waveguide. The coupling of these two resonance modes creates two supermodes with the eigenfrequencies  $\omega_{+}$  and  $\omega_{-}$  given as

$$\omega_{\pm} = \frac{1}{2}i\left[-i\left(\omega_{1}+\omega_{2}\right)-\frac{\gamma_{1}+\gamma_{c}+\gamma_{2}}{2}\right] \pm \frac{1}{2}\sqrt{4\kappa^{2}-\left[-i(\omega_{1}-\omega_{2})-\frac{\gamma_{1}+\gamma_{c}-\gamma_{2}}{2}\right]^{2}}$$
(3.2)

When the intrinsic resonances are tuned to be degenerate, the eigenfrequencies can be re-written as

$$\omega_{\pm} = \left[\omega_0 - \frac{i}{4}(\gamma_1 + \gamma_c + \gamma_2)\right] \pm \frac{1}{4}\sqrt{16\kappa^2 - (\gamma_1 + \gamma_c - \gamma_2)^2}$$
(3.3)

where the expression in the square-root quantifies the effect of the coupling and the interplay between the coupling strength and the loss/gain in the resonators. Here we define the difference between the eigenfrequencies as the spectral distance

$$\delta = \omega_{+} - \omega_{-} = \frac{1}{2} \sqrt{16\kappa^{2} - (\gamma_{1} + \gamma_{c} - \gamma_{2})^{2}}$$
(3.4)

The corresponding two supermodes in the above model are shown in the Fig.3.5, with one defined as symmetric mode (bonding mode) and the other defined as anti-symmetric mode (anti-bonding mode).

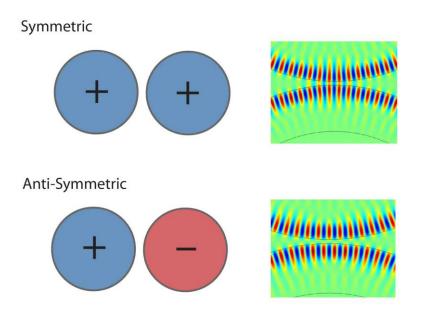


Figure 3.5 Supermodes with mode distribution patterns.

### 3.4 **Tuning Parameters**

As presented in the theoretical model, the supermode evolution can be tuned by the inter-cavity coupling strength and the intrinsic cavity resonance frequency detuning. In our investigation, the tunability or tuning range of these two aspects of parameters are analyzed.

#### 3.4.1 Inter-cavity Coupling Strength

In our experimental study as well as the simulation, we monitored the spectral change in the mode splitting (difference between the resonance frequencies of the supermodes) as the distance between the resonators is varied (Fig.3.6). From the experimentally obtained splitting and the simulation, we estimated the value of using Eq. (3.4). The resultant relation between mode splitting and the distance between the resonators is given in Fig.3.7 where we see that the coupling strength exponentially decreases with increasing distance between the resonators. This result agrees with previous reports in the literature.

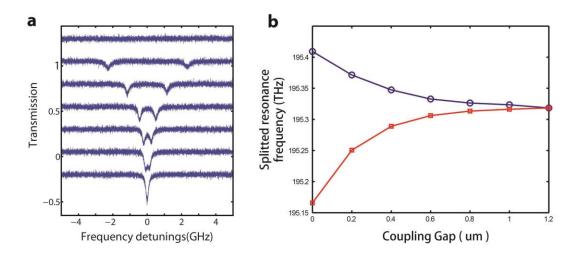


Figure 3.6 Supermodes splitting spectra. (a) The transmission spectra when the coupling strength is increased from bottom to top. (b) Mode splitting of the supermodes in the FEM simulation as the coupling gap is increased.

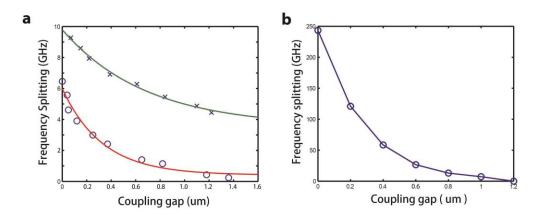


Figure 3.7 Supermodes with mode distribution patterns.

Therefore, in the photonic molecule platform, the inter-cavity coupling strength can be controlled by precisely controlling the coupling gap distance between the cavities.

#### 3.4.2 Initial Resonance Detuning

Another tuning parameter of the photonic molecules is the intrinsic cavity resonance frequencies  $\omega_{k=1,2}$ . Normally, to form a symmetric photonic molecule, the two or multiple photonic atoms should be tuned to be frequency degenerate. In our photonic molecule scheme, the thermo-optic-effect is utilized to tune the effective refractive index of the silica material thus enables the tuning of cavity resonance frequency. The on-chip microtoroid is placed on a thermal-electric-cooler for thermally tuning the cavity temperature and thus the resonance frequency. By thermal tuning, the chosen WGMs of the element microresonators were tuned from off-resonance to on-resonance. The tuning range can easily reach GHz level.

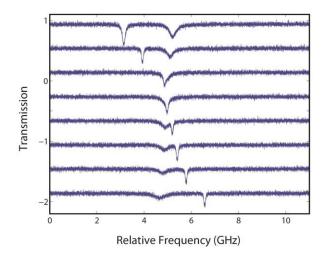


Figure 3.8 Initial Resonance tuning of the elements in photonic molecule.

To further expand the tuning range or enhance the tunability, the resonator in the photonic molecule can be coated with a very thin layer of polymer such as PDMS with large negative thermo-optic-effect, whereas the Q of the WGMs are not affected obviously. These types of polymer have a thermal-optical coefficient more than 10 times larger than that of the pure silica. A typical tuning spectrum is shown in Fig.3.8. The selected WGM of the PDMS coated microtoroid experienced a small red-shift (due to negative thermo-optic-effect), whereas that of the microsphere experienced a blue shift, moving closer to the microtoroid WGM as the temperature decreased. At a certain temperature, the modes became degenerate. Further decrease shifted the microsphere mode further to blue side of the spectrum. With the polymer coating enhancement, a tuning range of more than 10 GHz can be achieved in the photonic molecule with modes' Q ~10<sup>7</sup>.

# 3.5 Optical Analogue of Atomic Levels and Spectral Engineering with Photonic Molecules

The photonic molecules not only help us to better understand multiple-energy-level systems [90] but also help us to achieve detection limits which are beyond the capability of single resonator structures, thanks to the field intensity and quality factor enhancement [80, 91]. The study of the interactions between modes of a photonic molecule is critical for understanding the field and energy interactions in the compound structure and thus controlling the spectral properties as we wish.

#### 3.5.1 Formation of Multi-level System

In the optical resonance system, an optical resonance mode is an analogue to an atomic two level transition. As demonstrated in previous chapter, the nanoscatterer can be utilized to induce the resonance splitting of the optical modes [64, 68]. Therefore, it is an effective way to manipulate the simulation of multi-level energy transition system. As presented in Fig.3.9, the non-degenerate splitting modes in the optical resonance system are tuned as the nanoscatterer size is continuously varied. A clear mode-anti-crossing is observed where the two modes approach to each other in the beginning, but repel with each other as the size of the nanoscatterer is further varied.

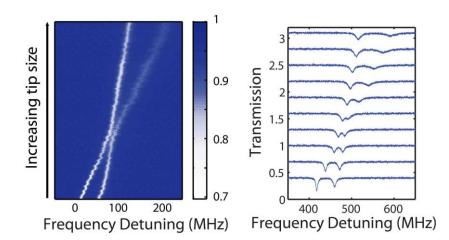


Figure 3.9 Formation of atomic two level with nanoparticle perturbation. (a) Intensity graph of the energy level evolution, (b) Spectra of the energy level evolution.

Another method to realize the analogue of multi-level energy transition system is the configuration with coupled cavities in photonic molecule. As shown in Fig.3.10, in the coupled microtoroid photonic molecule, the spatially tuned photonic molecule supermodes form the non-degenerate two levels. The energy difference between these two levels is controlled by the inter-cavity coupling strength in the photonic molecule.

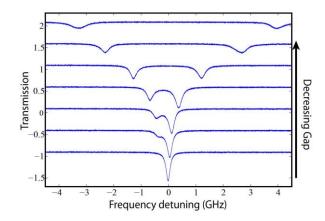


Figure 3.10 Formation of atomic multi-levels with supermodes from photonic molecule inter-cavity coupling.

### 3.5.2 Energy Levels Tuning and Spectral Engineering

With the combination of nanoscatterer induced multi-level formation and the photonic molecule mode splitting, even finer multi-level analogue system and the spectral engineering with it can be achieved. In our study, the system is built on coupled-microtoroid photonic molecule with a silica nanotip working as the nanoscatterer on one of the microtoroid in the photonic molecule. As the tuning parameters are manipulated, including the inter-cavity coupling strength and the intrinsic cavity resonance detuning, the evolution of multi levels in the system can be monitored accordingly. Interesting phenomena including energy splitting, frequency anti-crossing and linewidth crossing are observed clearly [92].

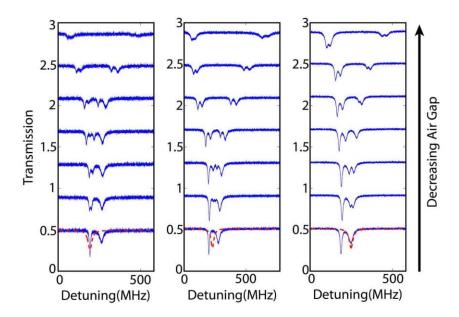


Figure 3.11 Spectral engineering with inter-cavity coupling strength tuning.

Fig.3.11 presents the evolution of modes or energy levels with inter-cavity coupling strength tuning. The initial mode degeneracy conditions in between the two photonic atoms are set as shown in the lower panel spectra. As illustrated in the left and right columns, when the degeneracy is set at the left (right) mode, the mode splitting occurs first at the left (right) mode branch as the inter-cavity coupling increases. However, when the degeneracy is set to the middle with equally overlap with the left and right modes, the mode splitting apprears simultaneously in both left and right branches. When the coupling strength increases to strong coupling which exceeds the initial energy difference, the energy splitting occurs in both left and right modes.

At strong inter-cavity coupling strength condition, a clear 4-fold mode splitting is observed. In this case, if the intra-cavity resonance detuning is dynamically varied, the splitting modes experience approaching and repelling in pairs, referred as the frequency anti-crossing (shown in Fig.3.12 and Fig3.13 upper panels), whereas the modes exchange their energies referred as the linewidth-crossing (shown in Fig.3.12 and Fig.3.13 lower panels).

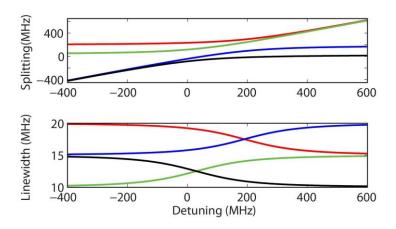


Figure 3.12 Theoretical spectral engineering with intra-cavity resonance detuning varied at strong inter-cavity coupling condition.

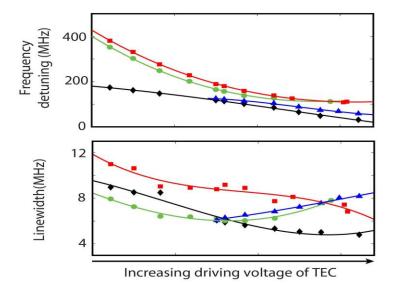


Figure 3.13 Experimentally obtained spectral engineering with intra-cavity resonance detuning varied at strong inter-cavity coupling condition.

On the other hand, at weak inter-cavity coupling strength condition, a 3-fold mode splitting is observed, in which the interaction between modes in different photonic atoms occurs successively. Therefore for this case, if the intra-cavity resonance detuning is dynamically varied, the splitting modes also experience approaching and repelling successively, referred as the frequency anticrossing (shown in Fig.3.14 and Fig.3.15 upper panels), whereas the modes exchange their energies referred as the linewidth-crossing (shown in Fig.3.14 and Fig.3.15 lower panels). Specifically, in the deep detuning regime, the inter-cavity coupling induced mode splitting becomes too small which can be ignored (Fig.3.14). Therefore, the overlap modes evolve beyond the mode resolution in the spectra as if it is a single mode. This extreme weak coupling results in the visual 3-fold of the mode splitting or energy level, instead of the 4-fold of the mode splitting or energy level.

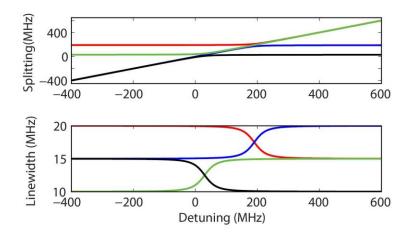
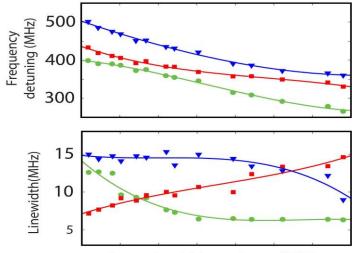


Figure 3.14 Theoretical spectral engineering with intra-cavity resonance detuning varied at weak inter-cavity coupling condition.



Increasing driving voltage of TEC

Figure 3.15 Experimentally obtained spectral engineering with intra-cavity resonance detuning varied at weak inter-cavity coupling condition.

# 3.6 Evanescent Field Intensity Enhancement in Photonic Molecules

In the WGM based photonic molecule schemes, an interesting effect which is referred as the evanescent field intensity enhancement can be achieved. As shown in Fig. 3.16, at the symmetric resonance condition, the filed intensity in the cavity gap area is about 3 times larger, comparing to the single cavity evanescent intensity at the same interface. It is believed that this interface field enhancement can be extremely useful for WGM microreonator sensing applications, where the resonator acts as a transducer and the resonator surface plays the role of the sensing interface.

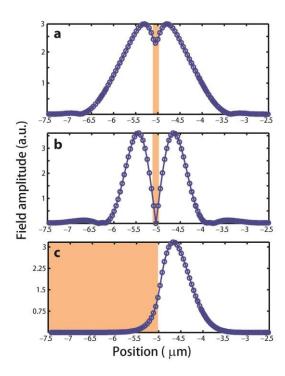


Figure 3.16 Evanescent field intensity enhancement in photonic molecules. (a) Symmetric mode field distribution in the cross section. (b) Anti-symmetric mode field distribution in the cross section. (c) Single cavity mode field distribution.

# 3.7 Applications of Photonic Molecules

The unique optical properties of photonic atoms, including light confinement in compact structures that enable the optical density modification and the nonlinearity enhancement, ultra-high Q factors,

and ultra-high sensitivity make them attractive platforms for a variety of applications in quantum physics simulation, information processing, micro laser manipulation and biochemical sensing. Mechanical tunability and design flexibility and other advantages of photonic molecules not only improve the above advantages of photonic atoms but also add new functionalities to microcavity-based optical device development. PMs have been successfully demonstrated in the field of sensing as optical transducers for high-sensitivity stress [93], rotation [94-96], and refractive index [97,98] measurements. Lineshape- and bandwidth-tuning capabilities of PMs drive their applications as optical filter and switch [99-103] and also improve sensitivity of PM-based sensors [91,104]. Furthermore, the optical interactions between photonic atoms can be tuned to enhance selected modes in PMs and to shape their angular emission profiles [105], paving the way to achieving low-threshold single-mode microlasers with high collection efficiency. Also, it was discovered that PMs can also serve as simulators of quantum many-body physics, yielding unique insights into new physical regimes in quantum optics and promising applications in quantum information [106].

Among the most promising potential applications of PMs in integrated optics, signal processing and quantum cryptography is engineering of single-mode high-power microlasers and single photon sources. A single-mode micro-laser can be engineered by optimally coupling two size-mismatched photonic atoms to yield selective enhancement of a single optical mode [107].

On the other hand, tunable dual- (or multiple-) wavelength laser sources based on PMs are desirable in several applications. Two-wavelength laser emission has been successfully demonstrated in various types of vertical cavity surface emitting lasers (VCSELs) composed of two coupled microcavities containing multiple quantum wells. It has also been shown that to achieve stable dualfrequency lasing in such double-cavity sandwiches it is enough to pump only one of the cavities, whose emission then acts as an optical pump for the quantum wells in the other cavity. Couplinginduced splitting of the cavity optical modes in multi-atom photonic molecules leads to the appearance of multiple peaks in their lasing spectra.

A possibility of manipulating the spectral response of PMs by tuning the inter-cavity coupling strength also facilitated their application as multi-functional components for all-optical on-chip networks. By adapting the microwave circuit design principles, higher-order band-pass and add-drop filters can be engineered with cascaded WGM resonators.

Furthermore, the shapes of the transmission characteristics of the PMs are very sensitive to the detuning of any of the cavities in the PMs, making them attractive candidates for designing optical switches, routers, and tunable delay lines. For example, high-bandwidth optical data streams can be dynamically routed on the optical chip by tuning one or more microcavities in the cascaded high-order filter configuration out of resonance [108].

It should finally be noted that dynamical intensity switching between different parts of PMs can be utilized to coherently transfer excitation between quantum dots (QD) [109] or quantum wells (QW) [110] embedded in different cavities. Controllable interaction between bonding and anti-bonding PM supermodes and degenerate QW exciton states confined in separate cavities enables coupling between excitons over very large macroscopic distances. Overall, the possibility to selectively address individual cavities in the PM structures doped with atoms or containing quantum wells/dots makes them very attractive platforms for simulating complex behavior of strongly-correlated solid-state systems. Controllable interaction of PM modes with atoms or QDs also paves the way to engineering devices for distributed quantum optical information processing. The spectrally engineered PMs can also benefit the implementation of many other basic elements needed for quantum information processing, including state transfer, entanglement generation and quantum gate operations.

# Chapter 4

# Electromagnetically Induced Transparency and Autler-Townes Splitting in WGM Photonic Molecules

There has been an increasing interest in all-optical analogues of Electromagnetically-inducedtransparency (EIT) and Autler-Townes splitting (ATS). Despite the differences in their underlying physics, both EIT and ATS are quantified by a transparency window in the absorption or transmission spectrum, which often leads to confusion about its origin. While in EIT the transparency window is a result of Fano interference among different transition pathways, in ATS it is the result of strong field-driven interactions leading to the splitting of energy levels. Objectively discerning whether an observed transparency-window is due to EIT or ATS is crucial for applications and for clarifying the physics involved. In this chapter we study the EIT, Fano Resonance, ATS and their characteristics. We demonstrate the pathways leading to EIT, Fano, and ATS in coupled whispering-gallery-mode (WGM) resonators. Moreover, we demonstrate the application of the Akaike Information Criterion discerning between all-optical analogues of EIT and ATS, and clarifying the transition between them.

### 4.1 Introduction to EIT and Fano Resonance

#### 4.1.1 Definition and Basic Properties of EIT

Electromagnetically induced transparency (EIT) is a coherent optical process which renders a medium transparent over a narrow spectral range within an absorption line. Meanwhile, extreme dispersion is also created within this transparency. Basically it is a quantum interference effect that permits the propagation of light through an otherwise opaque atomic medium [111-114].

Observation of EIT involves two optical fields (highly coherent light sources, such as lasers) which are tuned to interact with three quantum states of a material. As shown in Fig.4.1, the probe field is tuned near resonance between two of the states and characterizes the absorption spectrum of the transition. A much stronger coupling field is introduced near resonance at a different transition. If the states are selected properly, the presence of the coupling field will create a spectral window of transparency on the probe spectra. As shown in the Fig.4.1a the weak probe normally experiences absorption shown in blue. A second coupling beam induces EIT and creates a "window" in the absorption region (red). The coupling laser is sometimes referred to as the control field. EIT is based on the destructive interference of the transition probability amplitude between atomic states. Also the well-known coherent population trapping (CPT) phenomena are losely related to EIT.

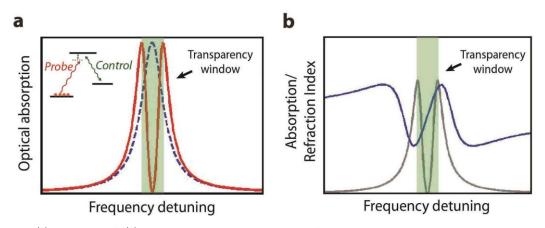


Figure 4.1 The effect of EIT on a typical absorption line(a). Rapid change of index of refraction (blue) in a region of rapidly changing absorption (gray) associated with EIT. The steep and positive linear region of the refractive index in the center of the transparency window gives rise to slow light (b).

It is important to realize that EIT is the only diverse mechanisms which can produce slow light. The Kramers–Kronig relations dictate that a change in absorption (or gain) over a narrow spectral range must be accompanied by a change in refractive index over a similarly narrow region. As presented in Fig.4.1b, this rapid and positive change in refractive index produces an extremely low group velocity. The first experimental observation of the low group velocity produced by EIT was by Boller, Imamoglu, and Harris at Stanford University in 1991 in strontium. The current record for slow light in an EIT medium is held by Budker, Kimball, Rochester, and Yashchuk at U.C. Berkeley in 1999. Group velocities as low as 8 m/s were measured in a warm thermal rubidium vapor [115].

Stopped light, in the context of an EIT medium, refers to the coherent transfer of photons to the quantum system and back again. In principle, this involves switching off the coupling beam in an adiabatic fashion while the probe pulse is still inside of the EIT medium. There is experimental evidence of trapped pulses in EIT medium. Lene Hau and a team from Harvard University were the first to demonstrate stopped light.[116].

#### 4.1.2 Fano Resonance

In physics, a Fano resonance is a type of resonant scattering phenomenon that gives rise to an asymmetric line-shape. Interference between a background and a resonant scattering process produces the asymmetric line-shape. It is named after Italian physicist Ugo Fano who gave a theoretical explanation for the scattering line-shape of inelastic scattering of electrons from helium [117,118]. Due to that it is a general wave phenomenon, Fano resonance can be found in many areas of physics and engineering. The Fano resonance line-shape is a result of interference between two scattering amplitudes, one as a scattering within a continuum of states and the other as an excitation of a discrete state. The energy of the resonant state must lie in the energy range of the continuum states for the effect to occur. Near the resonant energy, the background scattering amplitude typically varies slowly while the resonant scattering amplitude changes both in magnitude and phase quickly, which creates the asymmetric profile.

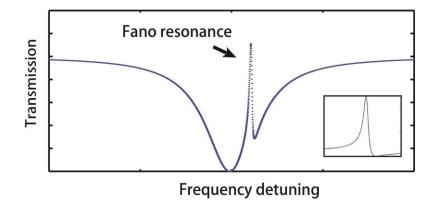


Figure 4.2 A typical Fano resonance in the transmission spectrum, inset shows the most general Fano asymmetric line feature.

The explanation of the Fano line-shape first appeared in the context of inelastic electron scattering by helium and autoionization. The incident electron doubly excites the atom to the 2s2p state, a sort of shape resonance. The doubly excited atom spontaneously decays by ejecting one of the excited electrons. Fano showed that interference between the amplitude to simply scatter the incident electron and the amplitude to scatter via autoionization creates an asymmetric scattering line-shape around the autoionization energy with a line-width very close to the inverse of the autoionization lifetime.

#### 4.1.3 Different Platforms for Implementation of EIT and Fano

Coherent processes leading to EIT and ATS have been studied in: atomic gases [116,119], atomic and molecular systems [120], solid-state systems [121], superconducting circuits [122,123], plasmonics [124], metamaterials [125], optomechanics [126,127], electronics [128], photonic crystals [129], and whispering-gallery-mode microresonators (WGMRs) [130-132]. An illustration of different systems in which EIT and ATS have been studied is given in Fig.4.3 and Table 4.1, showing the analogies among them. The existence of these processes in plasmonics, metamaterials, photonic crystals, and WGMRs is critical for on-chip control and manipulation of light at room temperature. EIT and Fano resonance in these systems do not suffer from experimental complexities that are common in solid-state and atomic media (e.g., a low temperature environment, the need for stable lasers matching the atomic transitions, or propagation-scaling limitations due to control-field absorption).

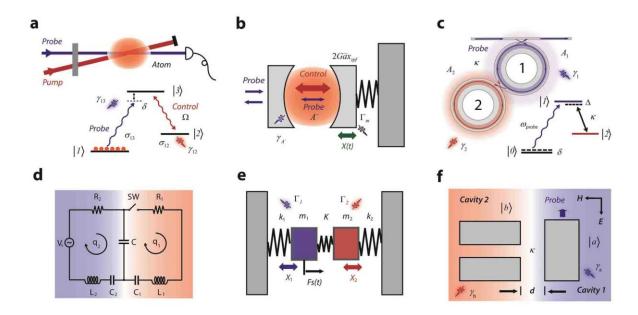


Figure 4.3 Different platforms used for realizing electromagnetically induced transparency. (a) Atomic system.(b) Opto-mechanics System. (c) Coupled microresonator system. (d) Electronic circuits system. (e) Mechanical system. (f) Plasmonic system.

Table4.1 Correspondences among parameters of various systems (Fig.4.3) in which EIT and ATS have been experimentally observed.

	Atomic	Optomechanics	Resonators	Electronics	Mechanical	Plasmonics
Density matrix element (Radiative state)	$\sigma_{_{13}}$	$A^-$	$A_1$	$q_1$	$X_1$	$ a\rangle$
Density matrix element (Dark state)	$\sigma_{_{12}}$	X	$A_2$	$q_2$	$X_2$	b angle
Coupling strength (Rabi Frequency)	Ω	$2G\overline{a}x_{zpf}$	К	$\sqrt{1/(L_2C)}$	$\sqrt{K/m_1}$	K
Dephasing rate	$\gamma_{13}$	$\gamma_{A^-}$	$\gamma_1$	$R_1 / L_1$	$\Gamma_1$	$\gamma_{\rm a}$
Dephasing rate	$\gamma_{12}$	$\Gamma_{\rm m}$	$\gamma_2$	$R_2 / L_2$	$\Gamma_2$	${\mathcal Y}_{\mathrm b}$

### 4.2 Introduction to Autler-Townes Splitting

In spectroscopy, the Autler–Townes effect [133], named after American physicists Stanley Autler and Charles Townes, is a type of dynamical (AC) Stark effect, corresponding to the case when an oscillating electric field (e.g., that of a laser) is tuned in resonance (or close) to the transition frequency of a given spectral line, and resulting in a change of the shape of the absorption/emission spectra of that spectral line [134,135].

The AC Stark effect is the shifting and splitting effects of spectral lines of atoms and molecules due to presence of an external AC electric field. The amount of splitting or shifting is called Stark splitting or Stark shift. The Stark effects can be distinguished as first- and second-order Stark effects. The first-order effect is linear in the applied electric field, while the second-order effect is quadratic in the field. The Stark effect is responsible for the pressure broadening (Stark broadening) of spectral lines by charged particles. When the split/shifted lines appear in absorption, the effect is named as the inverse Stark effect. Actually, the Stark effect is the electric analogue of the Zeeman effect where a spectral line split into several components due to the presence of a magnetic field. It can be explained with quantum mechanical approaches, but it has also been a fertile testing ground for semi-classical methods.

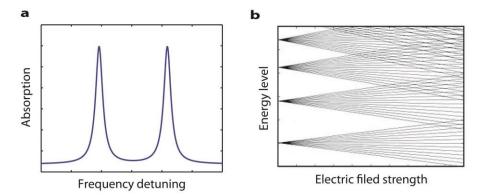


Figure4.4 A typical ATS spectrum (a) and (b) Stark effect: computed regular (non-chaotic) Rydberg atom energy level spectra of hydrogen in an electric field near n=15 for magnetic quantum number m=0. Each nlevel consists of n-1 degenerate sublevels; application of an electric field breaks the degeneracy.

The Stark effect can lead to splitting of degenerate energy levels. For example, in the Bohr model, an electron has the same energy whether it is in the 2s state or any of the 2p states. However, in an

electric field, there will be hybrid orbitals (quantum superpositions) of the 2s and 2p states where the electron tends to be to the left, which will acquire a lower energy, and other hybrid orbitals where the electron tends to be to the right, which will acquire a higher energy. Therefore, the formerly degenerate energy levels will split into slightly lower and slightly higher energy levels.

### 4.3 EIT and ATS in WGM Photonic Molecules

WGM photonic molecules have been a fruitful platform to study various aspects of classical and alloptical analogues of EIT and ATS. Fano resonances and EIT have been observed in: two directlycoupled silica microspheres two silicon microrings indirectly coupled via waveguides, and a system of indirectly-coupled microdisk and microtoroid. In these EIT implementations, two WGMs of high and low quality factors (Q) are coupled, having zero-detuning in their resonance frequencies, and destructive interference of the optical pathways cancels the absorption leading to a narrow peak in the transmission spectra. If a frequency detuning is introduced, the transmission spectra show sharp asymmetric Fano resonances. ATS has been observed in: directly-coupled silica microspheres, directly-coupled silica microtoroids, hybrid systems formed by directly coupling PDMS-coated silica microtoroids with silica microtoroids or microspheres, and directly-coupled polyethylene and quartz disks in THz domain. In these photonic molecule systems, ATS originates from the lifting of the frequency-degeneracy of the eigenmodes, hence their splitting into two resonances, due to strong inter-resonator coupling. The spectral region between the split modes corresponds to a transparency window.

Our system consists of two directly-coupled silica microtoroidal WGM resonators  $\mu$ R1 and  $\mu$ R2, with  $\mu$ R1 coupled to a fiber-taper. (Fig.4.3c) [136]. We fabricated photonic molecule by using the edged fabricated silica microtoroids at the edges of two separate silicon wafers, as discussed in the previous chapter. The wafers were placed on separate nanopositioning systems so that the distance between the microtoroids was finely tuned to control the coupling strength  $\kappa$  between them. The coupling strength  $\kappa$  decreases exponentially with increasing distance. The probe light in the 1550 nm band from a narrow linewidth tunable laser was coupled into a WGM of  $\mu$ R1 via the fiber taper. The same fiber taper was also used to couple out the light from the WGM. The output light was then sent to a photodetector connected to an oscilloscope, to obtain the transmission spectra as the

wavelength of the input light was linearly scanned. Fiber-based polarization controllers were used to set the polarization of the input light for maximal coupling into WGMs. A thermo-electric-cooler was placed under one of the wafers so that resonance frequency of the WGM of interest in a microtoroid could be tuned via the thermo-optic effect, to control the frequency detuning of the chosen WGMs in the two microtoroids. A tuning range of 8 GHz was achieved. The microtoroids supported many WGMs in the same band but with different quality factors Q, which is the signature of the amount of loss or dissipation. This allowed us to investigate the effects of Q of the selected modes on the Fano, EIT and ATS processes by choosing WGM-pairs with different Q-contrasts. In addition to the ability of choosing different WGM-pairs, our set-up allowed us to investigate Fano, EIT and ATS processes and the transitions among them by steering the system independently via the coupling strength or the frequency detuning between the selected WGMs. In our experiment, we selected three different sets of WGM pairs with the intrinsic quality factors  $(Q_{\mu R1}, Q_{\mu R2})$  of  $(1.91 \times 10^5, 7.26 \times 10^7)$ ,  $(1.63 \times 10^6, 1.54 \times 10^6)$  and  $(1.78 \times 10^6, 4.67 \times 10^6)$ . Note that the intrinsic Q includes all the losses (e.g., material, radiation, scattering) except the coupling losses, as discussed in Chapter 2. Since the probe light is input at the  $\mu$ R1 side with a fiber taper, the Q of the  $\mu$ R1 is smaller than the above intrinsic Q values due to the additional coupling losses (i.e.,  $\mu$ R1 has more loss than  $\mu R2$ ).

Here we will elucidate the analogy between atomic and photonic coherence effects leading to EIT and ATS. Using coupled-mode-theory, we find the equations of motion for the complex intracavity field amplitudes  $A_1$  and  $A_2$  in the steady-state as

$$\left( \delta_1 + i\gamma_1 / 2 \right) A_1 - \kappa A_2 = -i\sqrt{\gamma_c} A_p$$

$$\left( \delta_2 + i\gamma_2 / 2 \right) A_2 - \kappa A_1 = 0$$

$$(4.1)$$

where  $\gamma_1 = \gamma'_1 + \gamma_c$  and  $\gamma_2$  denote the total losses in  $\mu$ R1 and  $\mu$ R2, respectively,  $\gamma'_1$  is the intrinsic loss of  $\mu$ R1 and  $\gamma_c$  is the coupling loss between the fiber-taper and  $\mu$ R1,  $\delta_1 = \omega - \omega_1$  and  $\delta_2 = \omega - \omega_2$ denote the detuning between the frequency  $\omega$  of the probe light field  $A_p$  and the resonance frequencies  $\omega_1$  and  $\omega_2$  of the WGMs, and  $\kappa$  is the coupling strength between the WGMs. In the EIT and ATS experiments we set  $\omega_1 = \omega_2 = \omega_0$  via the thermo-optic effect by thermally tuning the frequency of one of the WGMs to be equal to the frequency of the other. Consequently, for the degenerate frequencies  $\omega_1$  and  $\omega_2$  we have  $\Delta = \omega_2 - \omega_1 = 0$ , and in the rotated frame  $(\omega_0 \rightarrow 0)$  we have  $\delta_1 = \delta_2 = \omega$ . Also note that in the system depicted in Fig. 1b and Fig.2, the input and output ports are at the side of  $\mu$ R1, hence the output field is given as  $A_{out} = A_p + \sqrt{\gamma_c}A_1$  where the intracavity field  $A_1$  can be written as  $A_1 = i\sqrt{\gamma_c}A_p\chi$  with

$$\chi = \frac{(\omega + i\alpha_2)}{\kappa^2 - (\omega + i\alpha_1)(\omega + i\alpha_2)}$$
(4.2)

where we used  $\alpha_k = i\omega_k + \gamma_k/2$ , with k = 1, 2. This solution  $\chi$  has a form similar to the response of an EIT medium (three-level atom) to a probe field. Then, we can write the normalized transmission  $T = |A_{out} / A_p|^2$  as

$$T = 1 + \gamma_c^2 \left| \chi \right|^2 - 2\gamma_c \chi_i \tag{4.3}$$

where  $\chi_i$  is the imaginary part of  $\chi$ . Since  $1 \gg \gamma_c^2 |\chi|^2$  and  $\gamma_c^2 |\chi|^2 \ll \gamma_c \chi_i$  we can re-write the transmission as

$$T = 1 - 2\gamma_{\rm c}\chi_{\rm i} \tag{4.4}$$

Thus it is sufficient to analyze the behavior of  $\chi_i$  to understand the conditions leading to EIT or ATS (Supplementary Note 1). This is similar to considering the imaginary part of the susceptibility which determines the absorption of a probe in an atomic system. This analogy between the atomic media and the coupled-WGMRs can be extended to other systems by using the analogy-map given in Fig.4.3 and Table 4.1.

The eigenfrequencies of this coupled system can be found from the denominator of Eq. (4.2) and are given as  $\omega_{\pm} = (-i\alpha_1 - i\alpha_2 \pm \beta)/2$ , with  $\beta^2 = 4\kappa^2 - (\alpha_1 - \alpha_2)^2$ . This reveals a transition at the threshold coupling strength  $2|\kappa_{\rm T}| = |\alpha_1 - \alpha_2| = (\gamma_1 - \gamma_2)/2$ , where we have used the fact that in our system  $\gamma_1 > \gamma_2$ , as stated in the previous section. We define the regimes where  $\kappa < \kappa_{\rm T}$  and  $\kappa > \kappa_{\rm T}$ as the weak- and strong-driving regimes, respectively, and  $\kappa = \kappa_{\rm T}$  as the transition point. Using the eigenfrequencies, we can re-write the expression in Eq.(4.2) as

$$\chi = \frac{\chi_+}{\omega - \omega_+} + \frac{\chi_-}{\omega - \omega_-} \tag{4.5}$$

where  $\chi_{\pm} = \mp (\omega_{\pm} + i\alpha_2) / \beta = -1/2 \pm i\xi / \beta$  satisfying  $\chi_{\pm} + \chi_{\pm} = -1$  and  $\xi = (\gamma_1 - \gamma_2) / 4$ .

#### 4.3.1 EIT in Photonic Molecules

The EIT effect corresponds to the weak-driving regime ( $\kappa < \kappa_{\rm T}$ ). In this regime,  $\beta$  is imaginary, that is  $\beta = i\beta_i$  and  $\operatorname{Re}(\beta) = \beta_{\rm r} = 0$ . This leads to a real  $\chi_{\pm}$  (i.e,  $\operatorname{Im}(\chi_{\pm}) = \chi_{\pm i} = 0$ ) with  $\operatorname{Re}(\chi_{\pm}) = \chi_{\pm r} = -1/2 \pm \xi/|\beta|$ , and imaginary eigenfrequencies with  $\operatorname{Re}(\omega_{\pm}) = \omega_{\pm r} = 0$  and  $\operatorname{Im}(\omega_{\pm}) = \omega_{\pm i} = -\zeta \pm |\beta|/2$ , where  $\zeta = (\gamma_1 + \gamma_2)/4$ . Thus the supermodes have the same resonance frequencies and are located at the center of the frequency axis, but have different linewidths quantified by their imaginary parts. The imaginary parts of  $\chi$  are then given by

$$\chi_{i} = \frac{\omega_{+i}\chi_{+r}}{\omega^{2} + \omega_{+i}^{2}} + \frac{\omega_{-i}\chi_{-r}}{\omega^{2} + \omega_{-i}^{2}}$$
(4.6)

which consists of two Lorentzians centered at  $\omega = 0$  with different signs (i.e, the first term in Eq.(4.6) is negative whereas the second term is positive). The transmission in this regime becomes

$$T_{\rm EIT} = 1 - 2\gamma_{\rm c}\chi_{\rm i} = 1 - 2\gamma_{\rm c} \left[\frac{\omega_{\rm +i}\chi_{\rm +r}}{\omega^2 + \omega_{\rm +i}^2} + \frac{\omega_{\rm -i}\chi_{\rm -r}}{\omega^2 + \omega_{\rm -i}^2}\right] = 1 - \frac{C_1}{\omega^2 + \Gamma_1^2} + \frac{C_2}{\omega^2 + \Gamma_2^2}$$
(4.7)

where all the parameters whose values cannot be determined precisely are incorporated into the coefficients  $C_k$  and  $\Gamma_k$  that can be used as free parameters to perform curve-fitting to experimentally-obtained transmission spectra. Clearly, the opposite signs of the Lorentzians lead to a destructive interference which results in a transmission profile exhibiting a transparency window similar to that of EIT, as shown in Fig.4.5.

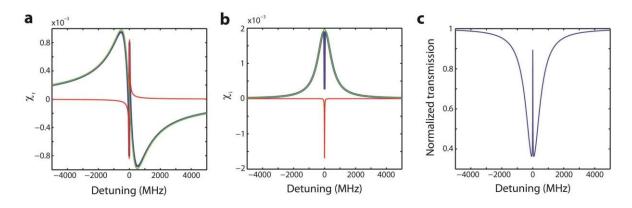


Figure 4.5 EIT transmission spectra with real and imaginary parts of the susceptibility  $\chi$  in the weak driving regime. (a) Real part of the susceptibility. (Blue:  $\chi_{r1} + \chi_{r2}$ , red:  $\chi_{r1}$ , green:  $\chi_{r2}$ ). (b) Imaginary part of the susceptibility. (Blue:  $\chi_{i1} + \chi_{i2}$ , red:  $\chi_{i1}$ , green:  $\chi_{i2}$ ). (c) Normalized transmission. The parameters used are obtained from experiments and are as follows. Decay rate of the first resonator:  $\gamma_1 = 1.05GHz$ ; decay rate of the second resonator:  $\gamma_2 = 3MHz$ ; coupling strength  $\kappa = 67MHz$ .

Next we studied the effect of coupling on the transparency window by first setting the frequency detuning of the low- and high-Q modes to zero, and then tuning the distance between the microtoroids (Fig.4.6a). Note that the coupling strength here corresponds to the strength of the control field in atomic systems. We observed that as the coupling strength was increased (i.e., the distance between the microtoroids decreased) the transmission at the transparency window increased from 0.63 to 0.98 (Fig.4.6b). During this process, the linewidth of the transparency window increased from 3 MHz to 43 MHz (Fig. 4.6b).

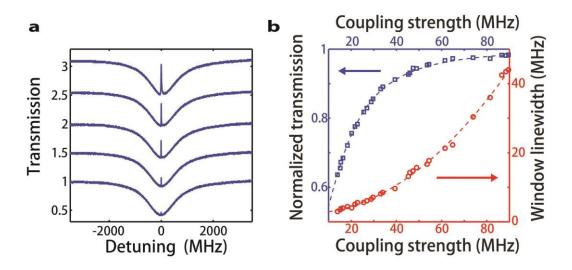


Figure4.6 Electromagnetically induced transparency (EIT) in coupled WGM microcavities. (a) Effect of coupling strength on the EIT spectra (i.e., zero detuning between resonance modes of the resonators). The coupling strength (increasing from the bottom to the top curve) depends on the distance between the resonators. (b) Effect of the coupling strength on the linewidth (red circles) and the peak transmission (blue squares) of the transparency window. The curves are the best fit to the experimental data.

#### 4.3.2 Fano Resonance in Photonic Molecules

Actually EIT is a result of strong Fano interferences at zero frequency detuning. The Fano resonance takes place when a high-Q WGM of one microresonator is directly-coupled to a low-Q WGM of a second microresonator with nonzero-detuning in their resonance frequencies. In order to demonstrate this, we chose a low-Q mode in  $\mu$ R1 ( $Q_{\mu R1} = 1.91 \times 10^5$ ) and a high-Q mode in  $\mu$ R2 ( $Q_{\mu R2} = 7.26 \times 10^7$ ). We then set the distance between the resonators such that the coupling strength was smaller than the total loss of the system. At this point, we continuously tuned the frequency of the high-Q mode in  $\mu$ R2 such that it approached to the frequency of the low-Q mode in  $\mu$ R1. As the frequency-detuning between the modes gradually decreased, the modes became spectrally overlapped. Consequently, we first observed an asymmetric Fano lineshape with the peak located closer to the lower-detuning side (Fig.4.7, upper panels), and then a transparency window appeared at zero-detuning  $\omega_2 - \omega_1 = 0$  (Fig.4.7, middle panel). The linewidth of the transparency windows was 5 MHz. The asymmetry of Fano resonances decreased as we approached to zero-detuning. As

the frequency of the high-Q mode was further increased, detuning started to increase again leading to the emergence of Fano lineshapes whose peaks were also located closer to zero-detuning (Fig.4.7, lower panels). Finally, when the frequency was increased such that there was no overlap between the modes, Fano lineshapes were lost and we observed two independent Lorentzian lineshapes corresponding to the two modes in  $\mu$ R1 and  $\mu$ R2.

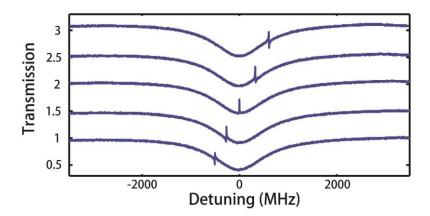


Figure 4.7 Fano interference transmission spectra in photonic molecules.

#### 4.3.3 ATS in Photonic Molecules

The strong-driving regime ( $\kappa \gg \kappa_{\rm T}$ ) corresponds to the ATS effect. In this regime  $\beta = 2\kappa$  is real (i.e.,  $\beta_{\rm i} = 0$  and  $\beta_{\rm r} = 2\kappa$ ) implying  $\omega_{\pm} = -i\zeta \pm \kappa$ , that is the resonances are located at frequencies  $\pm \kappa$  with a spectral distance of  $2\kappa$  between them. The resonance linewidths are quantified by  ${\rm Im}(\omega \pm) = -\zeta$ . Approximating  $\chi_{\pm}$  as  $\chi_{\pm} = -1/2$  we find the imaginary part of  $\chi$  as

$$\chi_{i} = \frac{1}{2} \left[ \frac{\zeta}{\left(\omega - \kappa\right)^{2} + \zeta^{2}} + \frac{\zeta}{\left(\omega + \kappa\right)^{2} + \zeta^{2}} \right]$$
(4.8)

which implies that  $\chi_i$  is the sum of two same-sign Lorentzians centered at  $\pm \kappa$ . The transmission in this regime is then given by

$$T_{\text{ATS}} = 1 - \gamma_{\text{c}} \left[ \frac{\zeta}{\left(\omega - \kappa\right)^2 + \zeta^2} + \frac{\zeta}{\left(\omega + \kappa\right)^2 + \zeta^2} \right] = 1 - \frac{C}{\left(\omega - \delta\right)^2 + \Gamma^2} - \frac{C}{\left(\omega + \delta\right)^2 + \Gamma^2}$$
(4.9)

where C,  $\Gamma$  and  $\delta$  are the free parameters used in curve-fitting to experimentally obtained transmission spectra. Clearly, the transmission in this strong-driving regime presents a symmetric doublet spectra and the observed transparency is due to the contribution of two Lorentzians.

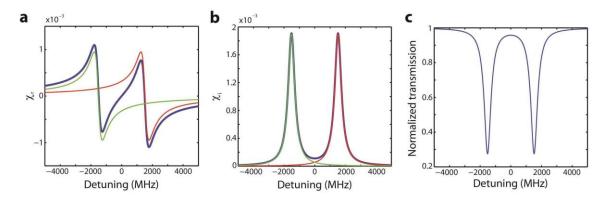


Figure 4.8 ATS transmission with real and imaginary parts of the susceptibility  $\chi$  at strong driving regime. (a) Real part of the susceptibility. (Blue:  $\chi_{r1} + \chi_{r2}$ , red:  $\chi_{r1}$ , green:  $\chi_{r2}$ ). (b) Imaginary part of the susceptibility. (Blue:  $\chi_{i1} + \chi_{i2}$ , red:  $\chi_{i1}$ , green:  $\chi_{i2}$ ). (c) Normalized transmission.

In our experiment to demonstrate the ATS phenomenon, contrary to EIT, ATS is not a result of Fano interferences but requires a strong coupling between two WGMs of similar Q. In order to demonstrate this, we chose the mode with  $Q_{\mu R1} = 1.63 \times 10^6$  in  $\mu R1$  and the mode  $Q_{\mu R2} = 1.54 \times 10^6$  in  $\mu R2$ . We first tuned the resonance frequencies of the modes to have  $\omega_1 = \omega_2$  (i.e., zero-detuning) when the microtoroids were sufficiently away from each other so that they could not exchange energies (i.e., no coupling). At this stage the transmission showed single resonance with Lorentzian lineshape (Fig.4.9a, lowest panel). As we started to bring the resonances whose spectral distance (i.e., mode splitting) increased with increasing coupling strength. For large coupling strengths, the transmission spectra were well-fitted by two Lorentzian resonances.

Next we chose two detuned resonance lines and set the coupling to strong-coupling regime (i.e., resonators are very close to each other). We observed that the split modes in the transmission were not symmetric (Fig.4.9b, upper panel), and they had different transmission dips. This can be attributed to the unequal distribution of the supermodes in the two resonators. As we tuned the spectral distance between the WGMs by increasing the frequency of the mode in  $\mu$ R2, the split modes started to approach each other (i.e., decreasing mode-splitting) and the difference between their transmission dips decreased. At zero-detuning the resonances became symmetric, that is they are Lorentzian with the same linewidths and transmission dips (Fig.4.9b, middle panel). Here, the supermodes are equally distributed between the resonators. When the frequency of the mode in  $\mu$ R2 was further increased beyond the zero-detuning point, the modes repelled each other leading to an avoided-crossing during which they interchanged their linewidths and transmission dips (Fig.4.9b, lower panels).

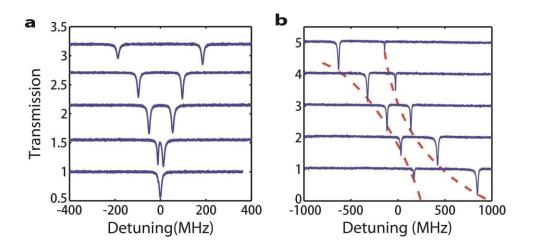


Figure 4.9 Autler-Townes Splitting (ATS) (a) and avoided-crossing (b) in photonic molecules.

## 4.4 Akaike Information Criterion

The Akaike information criterion (AIC) is a measure of the relative quality of a statistical model for a given set of data. That is, given a collection of models for the data, AIC estimates the quality of each model, relative to the other models. Hence, AIC provides a means for model selection [137].

AIC is founded on information theory: it offers a relative estimate of the information lost when a given model is used to represent the process that generates the data. In doing so, it deals with the trade-off between the goodness of fit of the model and the complexity of the model. Suppose that we have a statistical model of some data. Let L be the maximized value of the likelihood function for the model; let k be the number of parameters in the model (i.e. k is the number of degrees of freedom). Then the AIC value is as follows.

$$AIC = 2k - 2\log(L) \tag{4.10}$$

Given a set of candidate models for the data, the preferred model is the one with the minimum AIC value. Hence AIC rewards goodness of fit (as assessed by the likelihood function), but it also includes a penalty that is an increasing function of the number of estimated parameters. The penalty discourages overfitting (increasing the number of parameters in the model almost always improves the goodness of the fit).

Suppose that the data is generated by some unknown process f. We consider two candidate models to represent f: g1 and g2. If we knew f, then we could find the information lost from using g1 to represent f by calculating the Kullback – Leibler divergence as well as the information lost from using g2 to represent f by calculating DKL. We would then choose the candidate model that minimized the information loss. We cannot choose with certainty, because we do not know f. Akaike (1974) showed, however, that we can estimate, via AIC, how much more (or less) information is lost by g1 than by g2. The estimate, though, is only valid asymptotically; if the number of data points is small, then some correction is often necessary.

#### 4.4.1 Maximum Likelihood and AIC Values

In statistics, maximum-likelihood estimation (MLE) is a method of estimating the parameters of a statistical model. When applied to a data set and given a statistical model, maximum-likelihood estimation provides estimates for the model's parameters.

The method of maximum likelihood corresponds to many well-known estimation methods in statistics. For example, one may be interested in the heights of adult female monkey, but be unable to measure the height of every single monkey in a population due to cost or time constraints.

Assuming that the heights are normally (Gaussian) distributed with some unknown mean and variance, the mean and variance can be estimated with MLE while only knowing the heights of some sample of the overall population. MLE would accomplish this by taking the mean and variance as parameters and finding particular parametric values that make the observed results the most probable (given the model).

In general, for a fixed set of data and underlying statistical model, the method of maximum likelihood selects the set of values of the model parameters that maximizes the likelihood function. Intuitively, this maximizes the "agreement" of the selected model with the observed data, and for discrete random variables it indeed maximizes the probability of the observed data under the resulting distribution. Maximum-likelihood estimation gives a unified approach to estimation, which is well-defined in the case of the normal distribution and many other problems. However, in some complicated problems, difficulties do occur: in such problems, maximum-likelihood estimators are unsuitable or do not exist.

Suppose there is a sample  $x_1, x_2, ..., x_n$  of n independent and identically distributed observations, coming from a distribution with an unknown probability density function  $f_0(\cdot)$ . It is however surmised that the function  $f_0$  belongs to a certain family of distributions  $\{f(\cdot | \theta), \theta \in \Theta\}$ (where  $\theta$  is a vector of parameters for this family), called the parametric model, so that  $f_0 = f(\cdot | \theta_0)$ . The value  $\theta_0$  is unknown and is referred to as the true value of the parameter vector. It is desirable to find an estimator  $\hat{\theta}$  which would be as close to the true value  $\theta_0$  as possible. Either or both the observed variables  $x_i$  and the parameter  $\theta$  can be vectors.

To use the method of maximum likelihood, one first specifies the joint density function for all observations. For an independent and identically distributed sample, this joint density function is

$$f(x_1, x_2, \dots, x_n \mid \theta) = f(x_1 \mid \theta) \times f(x_2 \mid \theta) \times \dots \times f(x_n \mid \theta).$$
(4.11)

Now we look at this function from a different perspective by considering the observed values  $x_1, x_2, ..., x_n$  to be fixed "parameters" of this function, whereas  $\theta$  will be the function's variable and allowed to vary freely; this function will be called the likelihood:

$$L(\theta; x_1, x_2, ..., x_n) = f(x_1, x_2, ..., x_n \mid \theta) = \prod_{i=1}^n f(x_i \mid \theta).$$
(4.12)

Note ";" denotes a separation between the two input arguments:  $\theta$  and the vector-valued input  $x_1, x_2, ..., x_n$ .

In practice it is often more convenient to work with the logarithm of the likelihood function, called the log-likelihood:

$$\log L(\theta; x_1, x_2, ..., x_n) = \sum_{i=1}^n \log f(x_i \mid \theta).$$
(4.13)

or the average log-likelihood:

$$\hat{\ell} = -\frac{1}{n} \log L \tag{4.14}$$

The hat over  $\ell$  indicates that it is akin to some estimator. Indeed,  $\hat{\ell}$  estimates the expected log-likelihood of a single observation in the model.

Therefore, considering the spacific statistical model of some data, L which is the maximized value of the likelihood function for the model can be calculated, with the known k which is the number of parameters in the model (i.e. k is the number of degrees of freedom). The AIC value  $AIC = 2k - 2\log(L)$  can be calculated accordingly.

#### 4.4.2 AIC Weight and AIC Per-point Weight

The AIC provides a method to select the best model from a set of models based on the Kullback-Leibler (K-L) distance between the model and the truth. The K-L distance quantifies the amount of information lost when approximating the truth. Thus, a good model is the one which minimizes the information loss and hence the K-L distance. Then AIC quantifies the amount of information lost when the model  $\lambda_i$  with  $k_i$  unknown parameters out of N models is used to fit the data  $x = x_1, x_2, \ldots, x_n$  obtained in the measurements, and is given as  $I_i = -2\log L_i + 2k_i$ , where  $L_i$  is the maximum likelihood for the candidate model  $\lambda_i$  and  $2k_i$  accounts for the penalty for the number of parameters used in the fitting. Then the relative likelihood of the model  $\lambda_i$  is given by the Akaike

weight  $w_i = e^{-I_i/2} / \sum_{j=1}^{N} e^{-I_j/2}$ . In the case of least-squares and the presence of technical noise in the

experiments, a fitness test using per-point (mean) AIC weight  $\overline{w}_i = e^{-\overline{I}_i/2} / \sum_{j=1}^N e^{-\overline{I}_j/2}$ , where  $\overline{I}_i = I_i / n$ 

, can be applied. In our study involving only two models (N = 2), with one for the EIT model and another for the ATS model, we can re-write  $w_i$  and  $\overline{w}_i$  as

$$w_{\rm EIT} = \frac{e^{-I_{\rm EIT}/2}}{e^{-I_{\rm EIT}/2} + e^{-I_{\rm ATS}/2}}, \qquad \overline{w}_{\rm EIT} = \frac{e^{-I_{\rm EIT}/2n}}{e^{-I_{\rm EIT}/2n} + e^{-I_{\rm ATS}/2n}}$$
(4.15)

with  $w_{\text{EIT}} + w_{\text{ATS}} = 1$  and  $\overline{w}_{\text{EIT}} + \overline{w}_{\text{ATS}} = 1$ .

## 4.5 Discerning EIT and ATS with AIC in WGM Photonic Molecules

In our experiments, we performed experiments in various conditions of our coupled-resonators system, obtained transmission spectra, and used the Akaike Information Criterion (AIC) proposed to discriminate between EIT and ATS in atomic systems to discern EIT or ATS [123]. We acquired ten-thousand data points (n = 10,000) to form a transmission spectrum at each setting of coupling-strength and frequency-detuning, and we repeated the measurements to obtain ten transmission spectra at each setting, to take into account the fluctuations and uncertainty in the measurements. We used  $T_{\rm EIT}$  and  $T_{\rm ATS}$  given in Eqs. (4.7) and (4.9), respectively, to fit the transmission spectra obtained in the experiments, and then used the AIC tests by calculating ( $w_{\rm EIT}$ ,  $w_{\rm ATS}$ ) and ( $\overline{w}_{\rm EIT}$ ,  $\overline{w}_{\rm ATS}$ ) proposed by Anisimov, Dowling, and Sanders to determine which of the models (EIT or ATS) is the mostly likely for the experimental observation.

In Fig.4.10 we present typical curves of  $(w_{\text{EIT}}, w_{\text{ATS}})$  and  $(\overline{w}_{\text{EIT}}, \overline{w}_{\text{ATS}})$  obtained at three different experimental settings, corresponding to three different regimes of operation, as the coupling strength was increased: EIT-dominated regime (Fig.4.10a), ATS-dominated (Fig.4.10b) and EIT-to-ATS transition (Fig.4.10c). The models assigned using AIC to the experimental data agree very well with the requirements to observe EIT or ATS.

In the first case (Fig.4.10a), the WGMs in the resonators were chosen such that their decay rates, quantified by  $Q_{\mu R1}$  (i.e.,  $\gamma_1$ ) and  $Q_{\mu R2}$  (i.e.,  $\gamma_2$ ), significantly differed from each other (i.e.,  $Q_{\mu R2} / Q_{\mu R1} \sim 400$ ). We calculated  $\kappa_T = |\gamma_1 - \gamma_2| / 4 = 312.8 \text{ MHz}$  which was larger than the coupling strengths used in the experiments ( $\kappa < 100 \text{ MHz}$ ). Starting from  $\overline{w}_{EIT} = \overline{w}_{ATS} = 0.5$  (i.e., both the EIT and the ATS models are equally likely) for very weak coupling strength ( $0 \le \kappa \le 15 \text{ MHz} << \kappa_T$ ), the likelihood of EIT model increased as the coupling strength was increased up to 100 MHz. Thus, we conclude that in this setting, which corresponded to weak driving regime ( $\kappa < \kappa_T$ ), the data obtained in the experiments favors the EIT model, as revealed by  $\overline{w}_{EIT} > \overline{w}_{ATS}$ .

In the second case (Fig.4.10b), the decay rates of the coupled WGMs were very similar to each other (i.e.,  $Q_{\mu R1} \sim 0.95$ ), and we estimated the critical coupling strength as  $\kappa_T = 16.2 \text{ MHz}$  which was smaller than the coupling strengths considered  $\kappa > 60 \text{ MHz}$ . Therefore, as demonstrated in the model, this falls in the strong-driving regime ( $\kappa >> \kappa_T$ ), where ATS is expected. Indeed, in this experimental setting, starting from  $\overline{w}_{ETT} = \overline{w}_{ATS} = 0.5$ , the likelihood of the ATS model increased as the coupling strength was increased up to 400 MHz. Thus, the data obtained in the experiments favors the ATS model as revealed by  $\overline{w}_{ATS} > \overline{w}_{ETT}$ .

The third case (Fig.4.10c) revealed an interesting phenomena: transition from an EIT-dominated regime to an ATS-dominated regime through an inconclusive regime, where both EIT and ATS are equally likely. The decay rates of the chosen WGMs were similar (i.e.,  $Q_{\mu R2} / Q_{\mu R1} \sim 2.6$ ); larger than that of the setting of Fig. 4.10b, but much smaller than that of the setting in Fig.4.10a. We estimated the critical coupling strength as  $\kappa_{\rm T} = 29.5 \,\rm MHz$ . In this case, the EIT model first dominated ( $\bar{w}_{\rm EIT} > \bar{w}_{\rm ATS}$ ) when the coupling strength was small. Then the likelihood of the EIT model decreased and that of the ATS model increased as the coupling strength was increased up to 50 MHz, where we observed  $\bar{w}_{\rm EIT} = \bar{w}_{\rm ATS} = 0.5$ . Further increase of the coupling strength beyond this point revealed a transition to an ATS-dominated regime ( $\bar{w}_{\rm ATS} > \bar{w}_{\rm EIT}$ ). This results agree well with the predictions of the model: In the EIT-dominated regime we had  $\kappa < \kappa_{\rm T}$ , in the transition regime we had  $\kappa \sim \kappa_{\rm T}$ 

and finally in the ATS-dominated regime we had  $\kappa \gg \kappa_{\rm T}$ . In Fig.4.11, we also present ( $w_{\rm EFT}$ ,  $w_{\rm ATS}$ ) as a function of the coupling strength. As expected, these weights exhibit a binary behavior with an abrupt change from the EIT-dominated regime to the ATS-dominated regime.

Since we collected ten sets of data at each specific condition, we could assign standard deviations to the AIC weights as seen in Fig.4.10. The technical noise in the experimental data points plays an accumulated role in the model fitting, which blurs the distinction between the models. This is clearly seen in the comparison of the AIC weights obtained from the experimental data with the theoretical weights. When the coupling strength was very small, in particular for the EIT regime, the noise had a larger blurring effect. This is attributed to the fact that in the very weak coupling regime, the EIT transparency window is so small that it is buried in the noise; thus the contribution of the transparency band to the whole fitting decreases. The factors that affect the fitting and hence the model-assignment according to AIC weights are thermal noise, the probe laser frequency and amplitude fluctuations, the limited number of data points acquired for each spectrum, the resolution of the total noise in our experiments is 1% to 2.5% of the measured signal.

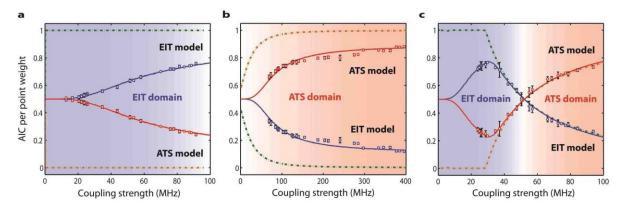


Figure 4.10 Akaike-Information-Criterion (AIC) per-point weights obtained as a function of the coupling strength in the photonic molecules. (a) The AIC per-point weight for the pair of modes chosen in the first and second microresonators with  $Q \sim (1.91 \times 10^5, 7.26 \times 10^7)$ . (b) The AIC per-point weight for pair of modes with  $Q \sim (1.63 \times 10^6, 1.54 \times 10^6)$ . (c) The AIC per-point weight for the pair of modes with  $Q \sim (1.78 \times 10^6, 4.67 \times 10^6)$ .

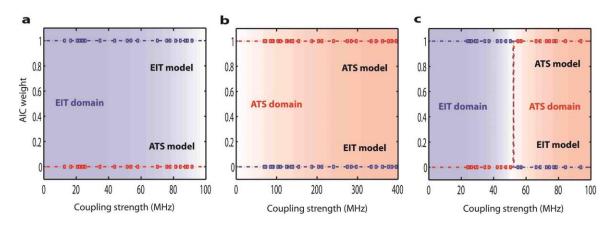


Figure 4.11 Akaike-Information-Criterion (AIC) weights obtained as a function of the coupling strength in the photonic molecules. (a) The AIC weight for the pair of modes chosen in the first and second microresonators with  $Q \sim (1.91 \times 10^5, 7.26 \times 10^7)$ . (b) The AIC weight for pair of modes with  $Q \sim (1.63 \times 10^6, 1.54 \times 10^6)$ . (c) The AIC weight for the pair of modes with  $Q \sim (1.78 \times 10^6, 4.67 \times 10^6)$ .

Finally in Fig.4.12 we show examples of typical transmission spectra obtained in our experiments in the EIT-dominated (Fig.4.10a and 4.12a), the ATS-dominated (Fig.4.10b and 4.12b) and the EIT-to-ATS transition regime (Fig.4.10c and 4.12c), together with the best-fitting curves using the expressions  $T_{\rm EIT}$  and  $T_{\rm ATS}$  derived from the theoretical model. It is clear that for the spectra for which the AIC assigned the EIT model, the function  $T_{\rm EIT}$  provided a better fit than  $T_{\rm ATS}$ . In particular, the  $T_{\rm ATS}$  fitting performed poorly around the narrow transparency window (Fig.4.12a inset). In the spectrum for which the ATS model was assigned according to AIC weights,  $T_{\rm ATS}$  performed extremely well, whereas the  $T_{\rm EIT}$  fitting was very poor (Fig.4.12b). The experimental conditions for the data shown in Fig.4.12c revealed a transition from EIT to ATS. We chose a spectrum obtained in the vicinity of the transition point and performed curve fitting using  $T_{\rm EIT}$  and  $T_{\rm ATS}$ . It is clearly seen in Fig.4.12c that  $T_{\rm EIT}$  and  $T_{\rm ATS}$  functions perform equally well and one cannot conclusively assign a model to it: We cannot conclusively show EIT (or ATS) nor rule EIT (or ATS) out. These curve-fitting tests (Fig.4.12) agree well with the predictions of the AIC weights (Fig.4.10).

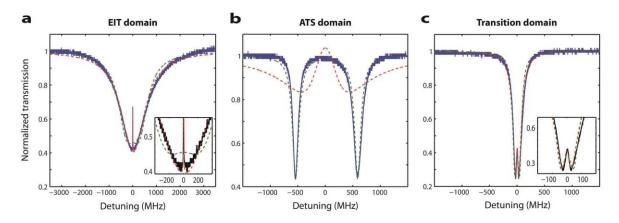


Figure 4.12 Experimentally-observed transmission spectra with EIT and ATS model fittings in the photonic molecules. The transmission spectra shown here are chosen to represent the three regimes (EIT-dominated, ATS-dominated, and EIT-to-ATS transition regimes) observed in Fig. 4.10 and Fig. 4.11.

# 4.6 Discerning EIT Domain, ATS Domain and the EIT-ATS Transition

In the intermediate-driving regime  $(\kappa > \kappa_T)$  regime described in above section,  $\beta = \beta_r$  is real (i.e.,  $\beta_i = 0$ ). This leads to complex eigenfrequencies  $\omega_{\pm} = (-i\gamma_1 - i\gamma_2 \pm 2\beta_r)/4$  and complex  $\chi_{\pm} = -1/2 \pm i(\gamma_1 - \gamma_2)/4\beta_r$ . Thus the supermodes have different resonance frequencies located at  $\pm \beta_r/2$ , but have the same linewidths quantified by their imaginary parts  $\operatorname{Im}(\omega_{\pm}) = \omega_{\pm i} = (-\gamma_1 - \gamma_2)/4$ . Consequently, we have

$$\chi_{i} = \frac{(\omega - \omega_{+r})\chi_{+i} + \omega_{+i}\chi_{+r}}{(\omega - \omega_{+r})^{2} + \omega_{+i}^{2}} + \frac{(\omega - \omega_{-r})\chi_{-i} + \omega_{-i}\chi_{-r}}{(\omega - \omega_{-r})^{2} + \omega_{-i}^{2}}$$
(4.16)

and

$$T_{\text{EIT/ATS}} = 1 - \left[\frac{(\omega - \varepsilon)C_1}{(\omega - \varepsilon)^2 + \Gamma^2} - \frac{(\omega + \varepsilon)C_1}{(\omega + \varepsilon)^2 + \Gamma^2}\right] - \left[\frac{C_2}{(\omega - \varepsilon)^2 + \Gamma^2} + \frac{C_2}{(\omega + \varepsilon)^2 + \Gamma^2}\right] (4.17)$$

The expression in the second bracket of Eq. (12) is the sum of two Lorentzians, similar to the expression obtained for the strong-driving regime in Eq. (10), implying the contribution of ATS. The expression in the first bracket corresponds to the interference term, and can be controlled by

choosing the loss of the coupled modes. For example, choosing two modes satisfying  $\gamma_1 = \gamma_2$  will lead to  $C_1 = 0$ , and hence the expression  $T_{\text{EIT/ATS}}$  will become the same as  $T_{\text{ATS}}$ . This implies that to observe ATS, the linewidths (i.e., Q) of the coupled WGMs should be very close to each other as will be demonstrated in the experiments discussed below.

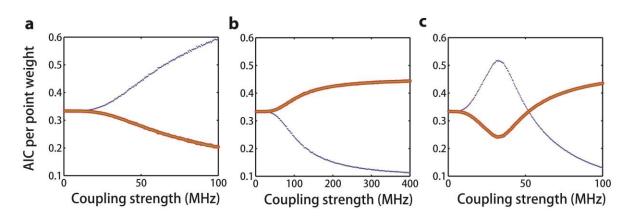


Figure 4.13 Theoretical (noise model) AIC per-point weights as the function of coupling strength for EIT, ATS, and intermediate-driving models in the photonic molecules.

In the above study, although we have derived the normalized transmission for weak, strong and intermediate driving regimes, in the model selection problem we used only the expressions for EIT (weak driving regime) and ATS (strong driving regime). The reason behind this was that the model for the intermediate-driving regime EIT/ATS contains two terms: One is exactly the same as the expression derived for the strong driving regime (ATS) and the other is an interference term whose contribution can be set to zero or minimized by properly choosing the coupled modes or is set to zero or much lower values than the contribution from the ATS part during the curve-fitting algorithm due to the fact that  $C_1$  is a free-parameter. Here we give the results of our study in which we performed curve fitting using the EIT, ATS and EIT/ATS models to the calculated theoretical transmission spectra obtained using experimentally relevant parameter values. In the transmission spectra we also included 1% Gaussian noise. Moreover, we give the AIC per-point weights for the three driving regimes.

We have observed that the ATS and the EIT/ATS models have the same AIC per-point weights. Results obtained for typical AIC per-point weights are depicted in Fig.4.13. As the coupling strength increases, the  $\overline{w}_{ATS}$  and  $\overline{w}_{EIT/ATS}$  exhibit the same values. This is expected as we have mentioned above that the transmission in the intermediate-driving regime includes the contribution from the ATS model as shown in Eq. (4.17). Therefore, the  $\overline{w}_{ATS}$  and  $\overline{w}_{EIT/ATS}$  are always have similar values as the system evolves from weak to strong driving regimes.

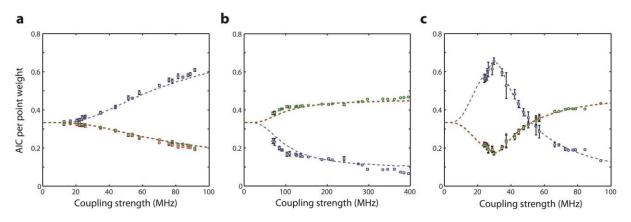


Figure 4.14 Experimental AIC per-point weights as the function of coupling strength for EIT, ATS, and intermediate-driving models in the photonic molecules.

Finally, we used the intermediate driving model (EIT/ATS) to fit to the typical transmission spectra obtained in our experiments. The results are depicted in Fig.4.14. It is seen that for the AIC perpoint weight curves for ATS case, and the EIT/ATS model follow almost the same path of evolution as the coupling strength is tuned.

# Chapter 5

# Parity-time Symmetry in WGM Photonic Molecules

Optical systems with balanced loss and gain provide a unique platform to implement classical analogues of quantum systems described by non-Hermitian parity-time (PT)-symmetric Hamiltonians. Such systems can be used to create synthetic materials with properties that cannot be attained in materials having only loss or only gain. In this chapter we study the PT-symmetry breaking in WGM resonator based photonic molecules. We built the PT-symmetric WGM microcavity system and observed non-reciprocity in the PT-symmetry-breaking phase due to strong field localization, which significantly enhances nonlinearity. In the linear regime, light transmission is reciprocal regardless of whether the symmetry is broken or unbroken. We show that in one direction there is a complete absence of resonance peaks whereas in the other direction the transmission is resonantly enhanced, a feature directly associated with the use of resonant structures. Our results could lead to a new generation of synthetic optical systems enabling on-chip manipulation and control of light propagation.

## 5.1 Introduction to Parity-time Symmetry

#### 5.1.1 Parity-time Symmetry in Quantum Mechanics

In quantum mechanics theory, an energy conserved close system requires that the Hamiltonian operator must be Hermitian in order for that the energy levels be real and that the theory be unitary. The Hermiticity of a Hamiltonian, is expressed as  $H = H^{\dagger}$ , where the symbol  $\dagger$  denotes the usual Dirac Hermitian conjugation, that is, transpose and complex conjugate. The properties of these states are very similar to those of atomic confined electron states, including that the energy eigenvalues are real and that time evolution is unitary. However, for an energy non-conserved open system, the non-Hermitian Hamiltonian H,  $H = p^2 + ix^3$  for example, which is clearly not Dirac

Hermitian, also has a real positive discrete spectrum and generates unitary time evolution, and thus it defines a fully consistent quantum mechanics [138].

One may generalize the above general example and contemplate  $H = p^2 + V(x)$  with any symmetric real well  $\Re\{V(x)\} = \Re\{V(-x)\}$  and with its purely imaginary anti-symmetric complement  $\Im\{V(x)\} = -\Im\{V(-x)\}$ . In place of the current Hermiticity of the Hamiltonians, the new class of models satisfies a weaker condition which, presumably, implies the reality of the spectrum under certain circumstances. The condition is called PT symmetry and means just the commutativity

$$\begin{bmatrix} H, PT \end{bmatrix} = 0 \tag{5.1}$$

where *P* is the parity operation  $(x \rightarrow -x, p \rightarrow -p)$  and *T* denotes the time operation  $(x \rightarrow x, p \rightarrow -p, i \rightarrow -i)$ . The T performs complex conjugation [139].

#### 5.1.2 Parity-time Symmetry Breaking and Phase Transition

The PT -symmetric quantum theory is studied to replace the condition that the Hamiltonian of a quantum theory be Hermitian with the weaker condition that it possesses space-time reflection symmetry which is the definition of PT symmetry. These new Hamiltonians have remarkable mathematical properties and it will be very useful in describing different physical systems. It is worth mentioning that in replacing the condition of Hermiticity by PT symmetry, any of the key physical properties that a quantum theory must have is not given up. If the PT symmetry of the Hamiltonian is not broken, then the Hamiltonian will exhibit all of the features of a quantum theory described by a Hermitian Hamiltonian.

The association between PT symmetry and the reality of spectra can be understood as following: the PT symmetry of a Hamiltonian H is unbroken if all of the eigen-functions of H are simultaneously eigen-functions of PT [140, 141]. In another word, that if the PT symmetry of a Hamiltonian H is unbroken, then the spectrum of H is real. Assume that the Hamiltonian H possesses PT symmetry and that if  $\phi$  is an eigen-state of H with eigen-value E, then it is simultaneously an eigen-state of PT with eigenvalue  $\lambda$ :

$$H\phi = E\phi \longrightarrow PT\phi = \lambda\phi. \tag{5.2}$$

When the spectrum of a PT system is not real anymore with specific parameter tuning, the system goes into spontaneous symmetry breaking regime, or named broken regime. There is always a phase transition between the PT symmetric regime and symmetry broken regime when the system parameters such as gain/loss ratio or mode coupling strength are tuned. The transition point is normally called PT threshold. This clear phase transition is a characteristic feature of the PT symmetric system.

# 5.2 Parity-time Symmetry in Mechanics and Acoustics

Owing to the recent progress in nanotechnology and materials science, nano- and micro-mechanics have emerged as a subject of great interest due to their potential use in demonstrating macroscopic quantum phenomena, and possible applications in precision measurements, detecting gravitational waves, building filters, switches and logic gates, and signal amplification. In particular, on-chip single-phonon devices are accepted as ideal candidates for hybrid quantum information processing systems due to the ability of phonons to interact and rapidly switch between optical fields and microwave fields. Fabrication of high-frequency mechanical resonators, demonstration of coherent phonon coupling between nanomechanical resonators, ground-state cooling, optomechanics in microtoroids, microspheres, microdisks, photonic crystals, doubly- or singly-clamped cantilevers, and membranes have opened new directions and provided new tools to control and manipulate phonons in on-chip devices. However, an obstacle to further develop the field is the ability to control the flow of phonons such that the transport is allowed in one direction but completely prevented in the other direction- nonreciprocal phonon transport. There have been several attempts to fabricate nonreciprocal devices for phonons, but these are almost exclusively based on asymmetric linear structures which indeed cannot break Lorentz reciprocity: a static linear structure cannot break reciprocity. These linear structures proposed do obey the reflection-transmission reciprocity and thus cannot be considered as "phonon diode". The diode-like behavior is seen in these linear acoustic structures because the input-output channels are not properly switched.

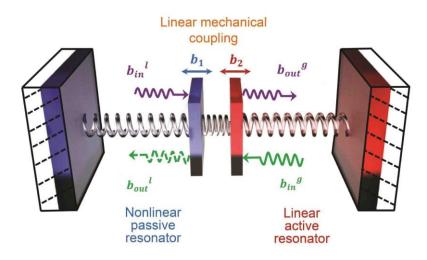


Figure 5.1 Diagram of PT symmetric mechanical system.

In order to achieve required nonlinearity for nonreciprocal phonon transport and to study nonlinear phononics, method that is based on parity-time (PT) symmetric systems is introduced, which have attracted much attention recently due to their interesting and generally counter-intuitive physics. However, the mechanical PT-symmetric systems are considered only quite recently [142]. As in a proposed mechanical PT symmetric system, a lossy mechanical resonator (passive resonator) which has weak mechanical nonlinearity is coupled to a mechanical resonator with mechanical gain (active resonator) that balances the loss of the passive resonator (Fig. 5.1). The gain resonator here works as a dynamical amplifier. In the vicinity of the PT-phase transition, the weak nonlinearity is first distributed between the mechanical supermodes of the coupled system and then significantly enhanced due to localization of the mechanical supermodes in the active resonator. In this way, the effective nonlinear Kerr coefficient is increased to be of the same order of the resonance frequency of the mechanical modes. This strong nonlinearity localized in the active resonator blocks the phonon transport from the active resonator to the lossy resonator but permits the transport in the opposite direction. For experimental realization, it is also proposed that a scheme where a mechanical beam with weak nonlinearity is coupled to an optomechanical microtoroid resonator, and demonstrate by numerical simulations that this micro-scale system can be switched from a bidirectional transport regime to a unidirectional transport regime and vice versa by properly adjusting the detuning between the mechanical frequency of the resonators and the frequency of the driving phononic field or the amplitude of the input phononic field.

### 5.3 **Parity-time Symmetry in Optics**

For a PT symmetric system, given that the action of the parity P and time T operators is defined as  $x \rightarrow -x, p \rightarrow -p$  and  $x \rightarrow x, p \rightarrow -p, i \rightarrow -i$  respectively, it then follows that a necessary (but not sufficient) condition for a Hamiltonian to be PT symmetric is  $V(\hat{x}) = V^*(-\hat{x})$ . In other words, PT symmetry requires that the real part of the potential V is an even function of position x, whereas the imaginary part is odd; that is, the Hamiltonian must have the form  $H = \hat{p}^2 / 2m + V_R(\hat{x}) + i\varepsilon V_I(\hat{x})$ , where  $V_R$  and  $V_I$  are the symmetric and anti-symmetric components of V, respectively. Clearly, if  $\varepsilon = 0$ , this Hamiltonian is Hermitian. It turns out that, even if the antisymmetric imaginary component is finite, this class of potentials can still allow for both bound and radiation states, all with entirely real spectra. This is possible as long as  $\varepsilon$  is below some threshold,  $\varepsilon < \varepsilon_{th}$ . If, on the other hand, this limit is crossed  $\varepsilon > \varepsilon_{th}$ , the spectrum ceases to be real and starts to involve imaginary eigenvalues. This signifies the onset of a spontaneous PT symmetry-breaking, that is, a phase transition from the exact to broken-PT phase [143].

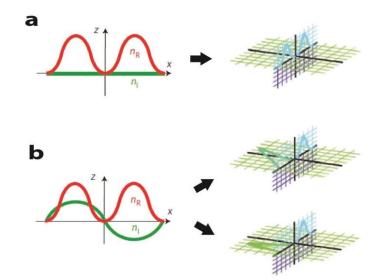


Figure 5.2 Conventional model (a) and PT symmetry realization in optical systems with gain/loss configuration (b), and mode evolution.

In optics, several physical processes are known to obey equations that are formally equivalent to that of Schrödinger in quantum mechanics. Spatial diffraction and temporal dispersion are perhaps the most prominent examples. If we focus on the spatial domain, for example optical beam propagation in PT-symmetric complex potentials, in fact, such PT optical potentials can be realized through a judicious inclusion of index guiding and gain/loss regions. Given that the complex refractive-index distribution  $n(x) = n_R(x) + in_I(x)$  plays the role of an optical potential, we can then design a PTsymmetric system by satisfying the conditions  $n_R(x) = n_R(-x)$  and  $n_I(x) = -n_I(-x)$ , as shown in Fig.5.2. In other words, the refractive-index profile must be an even function of position x whereas the gain/loss distribution should be odd. Under these conditions, the electric-field envelope E of the optical beam is governed by the paraxial equation of diffraction in the guided wave optical system:

$$i\frac{\partial E}{\partial z} + \frac{1}{2k}\frac{\partial^2 E}{\partial x^2} + k_0[n_R(x) + in_I(x)]E = 0$$
(5.3)

where  $k_0 = 2\pi / \lambda$ ,  $k = k_0 n_0$ , with  $\lambda$  denotes the wavelength of light in vacuum and  $n_0$  denotes the substrate index. This mechanism enables the realization of PT symmetry in optical systems with a gain/loss coupling pair. Under these conditions, and by using the coupled mode theory, the optical-field dynamics in the two coupled guided waves are described by

$$i\frac{dE_{1}}{dz} - i\frac{\gamma}{2}E_{1} + \kappa E_{2} = 0, \qquad i\frac{dE_{2}}{dz} + i\frac{\gamma}{2}E_{2} + \kappa E_{1} = 0$$
(5.4)

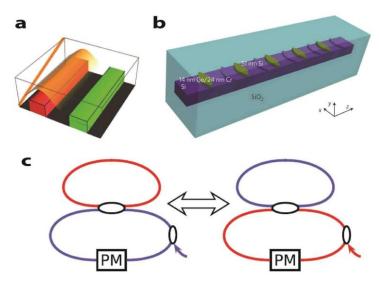


Figure 5.3 Different optical platforms for realization of PT symmetry. (a) Coupled waveguides with balanced gain and loss. (b) Single waveguide with gain/loss setting. (c) PT symmetric photonic lattice.

Recently it has been impressively demonstrated that PT symmetry is realized in wave optical devices, such as the coupled gain-loss waveguide pair (Fig.5.3a) [143], gain-loss periodically modified single waveguide (Fig.5.3b) [144,145] and gain-loss optical fiber network system which is called photonic lattice (Fig.5.3c) [146]. The first studies in this direction were motivated by the fact that the time-dependent Schrodinger equation maps on the paraxial approximation of the electromagnetic wave equation, describing the transverse variation of the electric field, where the variation on the z axis plays the role of time in the corresponding Schrodinger equation. Despite the fact that quantum electrodynamics is T invariant the classical electromagnetic theory in a medium possessing gain and/or loss leads formally to the breaking of time-reversal symmetry. In optical devices with balanced gain and loss regions, located symmetrically with respect to some mirror axis, PT symmetry is recovered.

In the case of electromagnetic wave propagation in optical waveguides, the PT -breaking transition maps to that of one or two-dimensional (2D) bounded Schrodinger problems in the transverse direction. However, recently the study of light scattering in unbounded domains, where a PT – symmetric device resides, has been addressed and followed by an investigation of the link between the breaking of PT symmetry in bounded and unbounded systems. One-dimensional PT -symmetric photonic hetero-structures have been associated with appealing phenomena such as the existence of anisotropic transmission resonances, double refraction, and power oscillations. Of special interest for a PT -symmetric scatterer are the CPA-laser points, where it can act simultaneously as a coherent perfect absorber (CPA) and as a laser at threshold [147-149].

## 5.4 Parity-time Symmetric WGM Microcavities

Loss-induced transparency, power oscillations violating left-right symmetry, PT-synthetic photonic lattices, and unidirectional invisibility have been demonstrated, but other phenomena such as nonreciprocal light transmission and coexisting coherent-perfect-absorption and lasing are yet to be realized. These could benefit significantly from resonance structures exhibiting PT-symmetry. However, to date, experiments in PT-symmetric optics have been limited to waveguides, in which resonances play no role. In this section we demonstrate the PT-symmetry and PT-symmetry breaking in a system of two directly-coupled on-chip WGM resonators in our study [89]. We have

observed a clear transition of the eigen-mode evolution from the PT-symmetric regime to PTsymmetry breaking regime.

#### 5.4.1 Design and Characterization of PT Symmetric WGM Microcavity System

Our system consists of two directly-coupled microtoroidal WGMRs, each coupled to a different fiber-taper coupler (Fig. 5.4). This system is PT symmetric because under parity reflection P the WGMRs become interchanged and under time reversal T loss becomes gain and gain becomes loss. The first microtoroid ( $\mu$ R1) is an active resonator made from Er<sup>3+</sup>-doped silica, the second microtoroid ( $\mu$ R2) is a passive (no-gain-medium) resonator made from silica without dopants. Gain in  $\mu$ R1 was provided in the 1550 nm wavelength band by optically pumping Er<sup>3+</sup> ions with a pump laser in the 1460 nm band. The Q-factors of  $\mu$ R1and  $\mu$ R2 in the 1550 nm band were 3.3×10<sup>6</sup> and 3×10<sup>7</sup>, respectively, and  $\mu$ R1 had a Q-factor of 2.4×10<sup>6</sup> in the 1460 nm band. The microtoroids were fabricated at the edges of two separate chips placed on nanopositioning systems to control precisely the distance and hence the coupling between the microtoroids (as discussed in Chapter 2 and Chapter 3).

We mediated the coupling between  $\mu$ R1 and  $\mu$ R2 in the 1550 nm band by controlling detuning between their resonant wavelengths through the tuning of the resonance wavelength of  $\mu$ R2 via the thermo-optic effect of silica.

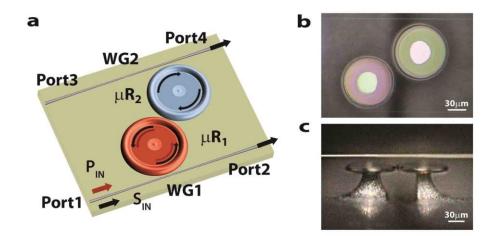


Figure 5.4 Schematic and device microscope images of PT-symmetric WGM microcavities.

There was no coupling between the resonators in the 1460 nm band; thus, the pump existed only in  $\mu$ R1. Compensation of the  $\mu$ R1 losses in the 1550nm band with the optical gain provided by Er<sup>3+</sup> was confirmed by the narrowing of resonance linewidth with increasing pump power (Fig. 5.5a and Fig.5.5b) and by the emergence of a strong resonance peak (Fig. 5.5c) due to the amplification of a very weak probe by the gain.

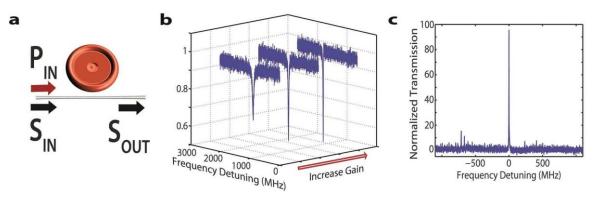


Figure 5.5 Gain cavity spectral demonstration with pump-probe scheme.

We conducted two sets of experiments using the apparatus in Fig.5.6. The first set determined the broken and unbroken PT phases as a function of the coupling strength  $\kappa$ . In our second set of experiments we tested this in our PT-symmetric system [Fig.5.4a with transmission from input port 1 (4) to output port 4 (1) defined as the forward  $T_{1-4}$  (backward  $T_{4-1}$ )] and demonstrated strong nonreciprocal light transmission associated with nonlinearity enhancement induced by PT-symmetry-breaking.

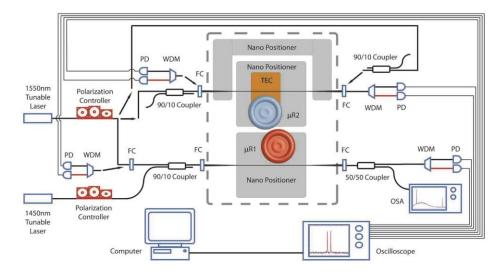


Figure 5.6 Experimental setup used for the study of PT-symmetric whispering gallery mode (WGM) microcavities.

#### 5.4.2 Eigen-mode Evolutions in the PT Symmetric WGM Microcavities

For the eigen-mode evolution, we studied the system using only the waveguide (WG1) coupled to  $\mu$ R1. The pump and the weak probe lasers were input at port 1 and the output transmission spectra were monitored at port 2 in the 1550 nm band. Without the pump, the coupled-resonator system acted as a passive photonic molecule characterized by two supermodes whose spectral distance increases with increasing  $\kappa$  as seen in Fig.5.7a (i.e.,  $\kappa$  decreases exponentially with increasing distance between  $\mu$ R1 and  $\mu$ R2). This system became PT-symmetric when  $\mu$ R1 was optically pumped to provide gain and  $\mu$ R2 had a balanced loss. At fixed gain-loss ratio, we monitored the output port as a function of  $\kappa$  and observed the PT phase transition at threshold coupling strength  $\kappa_{PT}$  (Fig.5.7a and 5.7b). For  $\kappa/\kappa_{PT} < 1$ , the system is in a broken-symmetry phase, as seen in both the coalescence of the real parts of the eigenfrequencies (Fig.5.7a) and the nonzero difference in their imaginary parts (Fig.5.7b). As  $\kappa/\kappa_{PT}$  approaches 1 from below, the difference in the imaginary parts of the eigen-frequencies decreases and their real parts bifurcate (mode-splitting).

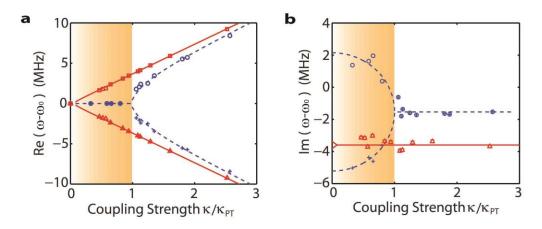


Figure 5.7 Mode evolution and PT-symmetry breaking in coupled WGM microresonators.

We obtain the eigen-mode properties by probing the transmission spectra of PT-symmetric coupled resonators system at different coupling conditions, and estimate the eigen-frequencies of the supermodes from the measured transmission spectra. This is done by curve fitting an analytical expression obtained for transmission using coupled-mode theory to the experimentally obtained transmission spectra. Fig.5.8 presents the typical experimental transmission spectra at different coupling regimes.

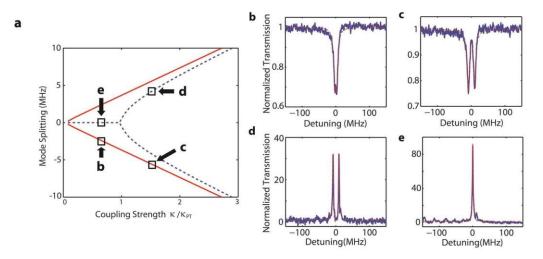


Figure 5.8 Experimentally obtained transmission spectra in broken-PT- and unbroken-PT-symmetric regions.

Next, we chose two different WGMs with Q-factors  $2.0 \times 10^7$  and  $3.0 \times 10^7$  in  $\mu$ R2 and adjusted the pump power so that loss-gain ratio was nearly balanced. We observed the transition from the broken

to unbroken phase occurring at different coupling strengths for modes with different Q, i.e., different initial loss (Fig.5.9). The PT phase transition occurs at higher  $\kappa_{pT}$  for lower Q-factors.

The PT phase transition can be understood intuitively as follows. If the coupling between the resonators is weak, the energy in the active resonator cannot flow fast enough into the passive resonator to compensate the absorption. Thus, the system cannot be in equilibrium and the eigenfrequencies are complex, implying exponential growth or decay. However, if the coupling strength exceeds a critical value, then the system can attain equilibrium because the energy in the active resonator can flow rapidly enough into the passive one to compensate the dissipation.

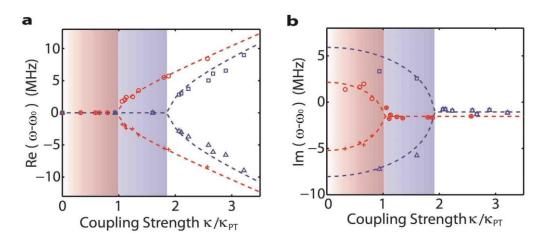


Figure 5.9 Mode evolution and PT-symmetry breaking with different gain/loss ratios in coupled WGM microresonators.

#### 5.4.3 Imperfect Gain/Loss Balance in PT Symmetric System

In our experiments the frequency bifurcation (splitting) is not in orthogonal directions as would be expected for ideal systems with exactly balanced gain and loss. Instead, the bifurcation is smooth and the degree of smoothness (how much the system deviates from the exactly balanced case) depends on the pump power. To understand the origin of this behavior, we revisited the equations of motion for coupled oscillators, which showed that for unbalanced gain and loss, the eigenfrequencies are never exactly real. Instead, there is a region of  $\kappa$  where the difference in imaginary parts is large but the difference in real parts is small (but nonzero), and a second region where the difference in imaginary parts is small but nonzero, and the splitting is large. In practical

implementations it is impossible to balance the loss and gain exactly, so the mathematical prediction of a smooth bifurcation is physically realistic and consistent with our experiments [150].

To explain this smooth bifurcation, we formulate a theoretical model in which the gain and loss are not perfectly balanced. We construct the equations of motion of linearly coupled oscillators x and y,

$$\frac{d^2x}{dt^2} + \mu \frac{dx}{dt} + \omega^2 x + \kappa y = 0$$

$$\frac{d^2y}{dt^2} - \nu \frac{dy}{dt} + \omega^2 y + \kappa x = 0$$
(5.5)

Both oscillators have the same natural frequency  $\omega$ , the parameters  $\mu$  and v are a measure of the loss and the gain, and  $\kappa$  is the coupling strength. We seek solutions of the form  $e^{i\lambda t}$ , which lead to the quartic polynomial equation

$$\lambda^4 - i(\mu - \nu)\lambda^3 - (2\omega^2 - \mu\nu)\lambda^2 + i\omega^2(\mu - \nu)\lambda - \kappa^2 + \omega^4 = 0$$
(5.6)

We have numerically solved this equation for at various coupling strengths and gain-to-loss ratios. The real and imaginary parts of the eigen-frequencies of this coupled system are plotted in Fig.5.10 as functions of coupling strength and for chosen values of gain-to-loss ratios. We see that for the case of exactly balanced loss and gain, the bifurcation of the real and imaginary parts of the eigenfrequencies at the phase transition point is sharp and in orthogonal directions (Figs.5.10a and Fig.5.10b). However, for the unbalanced case the bifurcations are not abrupt, but rather are smooth (Figs.5.10c and Fig.5.10d). The degree of smoothness increases with increasing imbalance between gain and loss. Moreover, for the unbalanced loss-and-gain case the eigen-frequencies are never real and there is always a nonzero imaginary part.

It is also of critical importance to notice that for the special case in which the loss and gain are exactly balanced, the coupled equations of motion for x(t) and y(t) above can be derived from a Hamiltonian H,

$$H = pq + \gamma \left(yq - xp\right) + \left(\omega^2 - \gamma^2\right)xy + \frac{1}{2}\kappa \left(x^2 + y^2\right)$$
(5.7)

where p and q are momenta conjugate to x and y, and  $2\gamma = \mu = v$ . (The existence of a Hamiltonian is surprising because the system has loss and gain.) In this case, the energy H of the system is exactly conserved, although it is not a simple expression such as the sum of the squares of

the momenta and the coordinates. Interestingly, if the coupling strength  $\kappa$  becomes strong enough, the frequencies become complex. Thus, there are two regions of broken PT symmetry, one for weak coupling and one for strong coupling. Because the system is Hamiltonian, it can be quantized by imposing the requirement that x and p (and also y and q) obey equal-time commutation relations. One can then find the quantized energies of the Hamiltonian. One obtains the remarkable result that the quantum energies are real for exactly the same range of parameters that the classical frequencies are real; that is, the region of unbroken PT symmetry. The quantum energies become complex when the classical frequencies are complex; that is, in the region of broken PT symmetry.

Our experimental results depicted in Fig.5.7 and Fig.5.9 show the same behavior as the numerical results for our theoretical model shown in Fig.5.10c(a) and 5.10d(a), implying that the gain and loss in the experiments are not exactly balanced. In Figs.5.10a(a) and 5.10b(a), we see that for two coupled lossy oscillators (passive resonators), the difference of the real parts of the eigen-frequencies increases with increasing coupling strength, whereas the imaginary parts remain equal. These numerical predictions agree well with the results of our experiments as shown in Figs.5.7 of the previous section; that is, the mode splitting (difference in the real parts of the eigen-frequencies) increases with increasing coupling strength while the difference in the imaginary parts of the eigen-frequencies) increases with increasing coupling strength while the difference in the imaginary parts of the eigen-frequencies) increases with increasing coupling strength while the difference in the imaginary parts of the eigen-frequencies increases with increasing coupling strength while the difference in the imaginary parts of the eigen-frequencies) increases with increasing coupling strength while the difference in the imaginary parts of the eigen-frequencies stays the same. Finally, as depicted in Fig.5.9, we have observed in the experiments that the higher the initial loss (lower Q) of the resonators, the higher the coupling strength needed to observe the transition from broken-symmetry to unbroken-symmetry region. This is indeed what is found in the numerical solutions of the characteristic equation of the theoretical model (Fig.5.10). Thus, the theoretical model introduced here and our experimental observations are consistent. Our model is physically realistic because in practical realizations it is almost impossible to have exactly balanced loss and gain.

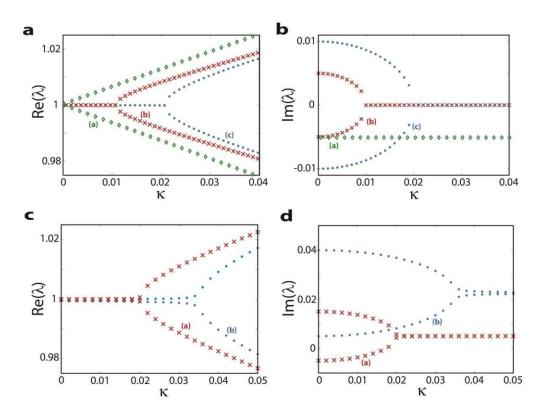


Figure 5.10 Real and imaginary parts of the eigen-frequencies of the coupled system as a function of the coupling strength for balanced and unbalanced gain-loss conditions in PT-symmetric photonic molecules.

The observation in our experiments and the theoretical model above is critical in two ways. First, imposing exactly balanced loss and gain in coupled systems for extended durations of time is not practical. Second, in the broken-symmetry phase, the field propagating in the PT-symmetric system is always confined in the structure with gain, thereby experiencing a strong overall gain and leading to enhanced transmission. At the phase transition point, the change in the gain experienced by the field should be abrupt in the ideally balanced gain and loss situation. Thus, if the coupling strength is changed by a very small amount around the phase transition point, there is a large abrupt change in the real and imaginary parts of the eigenfrequencies, leading to an abrupt change in the amplification or the gain experienced by the field. In the non-ideal case where the bifurcation is not orthogonal but smoothened, the change in the gain/amplification experienced by the field around the phase transition point is reduced.

## 5.5 All-optical Diode with PT Symmetric Microcavities

A linear static dielectric system, even with gain and loss, cannot have nonreciprocal response. However, a nonlinear system can exhibit strong nonreciprocity. In our second set of experiments we tested this in our PT-symmetric system [Fig.5.4a with transmission from input port 1 (4) to output port 4 (1) defined as the forward  $T_{1\rightarrow4}$  (backward  $T_{4\rightarrow1}$ )] and demonstrated strong nonreciprocal light transmission associated with nonlinearity enhancement induced by PT-symmetry-breaking.

#### 5.5.1 Lorentz Reciprocity Theorem

In classical electromagnetism, reciprocity refers to a variety of related theorems involving the interchange of time-harmonic electric current densities (sources) and the resulting electromagnetic fields in Maxwell's equations for time-invariant linear media under certain constraints. Reciprocity is closely related to the concept of Hermitian operators from linear algebra, applied to electromagnetism.

Perhaps the most common and general such theorem is Lorentz reciprocity (and its various special cases such as Rayleigh-Carson reciprocity), named after work by Hendrik Lorentz in 1896 following analogous results regarding sound by Lord Rayleigh and Helmholtz (Potton, 2004). Loosely, it states that the relationship between an oscillating current and the resulting electric field is unchanged if one interchanges the points where the current is placed and where the field is measured. For the specific case of an electrical network, it is sometimes phrased as the statement that voltages and currents at different points in the network can be interchanged. More technically, it follows that the mutual impedance of a first circuit due to a second is the same as the mutual impedance of the second circuit due to the first.

Specifically, suppose that one has a current density  $J_1$  that produces an electric field E and a magnetic field  $H_1$ , where all three are periodic functions of time with angular frequency  $\omega$ , and in particular they have time-dependence  $e^{-j\omega t}$ . Suppose that we similarly have a second current  $J_2$  at the same frequency  $\omega$  which produces fields  $E_2$  and  $H_2$ . The Lorentz reciprocity theorem then states, under certain simple conditions on the materials of the medium described below, that for an arbitrary surface S enclosing a volume V:

$$\int_{V} [J_{1} \cdot E_{2} - E_{1} \cdot J_{2}] dV = \oint_{S} [E_{1} \times H_{2} - E_{2} \times H_{1}] \cdot dA.$$
(5.8)

Equivalently, in differential form (by the divergence theorem):

$$J_1 \cdot E_2 - E_1 \cdot J_2 = \nabla \cdot [E_1 \times H_2 - E_2 \times H_1].$$
(5.9)

This general form is commonly simplified for a number of special cases. In particular, one usually assumes that  $J_1$  and  $J_2$  are localized (i.e. have compact support), and that there are no incoming waves from infinitely far away. In this case, if one integrates over all space then the surface-integral terms cancel (see below) and one obtains:

$$\int J_1 \cdot E_2 dV = \int E_1 \cdot J_2 dV.$$
(5.10)

This result (along with the following simplifications) is sometimes called the Rayleigh-Carson reciprocity theorem, after Lord Rayleigh's work on sound waves and an extension by John R. Carson to applications for radio frequency antennas. Often, one further simplifies this relation by considering point-like dipole sources, in which case the integrals disappear and one simply has the product of the electric field with the corresponding dipole moments of the currents. Or, for wires of negligible thickness, one obtains the applied current in one wire multiplied by the resulting voltage across another and vice versa; see also below.

Another special case of the Lorentz reciprocity theorem applies when the volume V entirely contains both of the localized sources (or alternatively if V intersects neither of the sources). In this case:

$$\oint_{S} (E_1 \times H_2) \cdot dA = \oint_{S} (E_2 \times H_1) \cdot dA.$$
(5.11)

#### 5.5.2 Field Localization

This enhancement, on the other hand, originated from the strong field-localization in the broken symmetry phase. Field localization here means that regardless of which port is used as the input port, the field is always localized in the active resonator (i.e., resonator with gain and with less loss). Therefore, the signal at the output port of the fiber taper coupled to this active resonator shows a strong resonance peak whereas the signal at the output port of the fiber taper coupled to the passive resonator (i.e., resonator without gain) is minimized, if not completely eliminated. This is true regardless of whether the input is at the fiber taper waveguide coupled directly to the passive or the active resonator. The results of our experiments are depicted in Fig.5.11 where we see that only when the PT-symmetry is broken, the field is localized in the active resonator and thus the signal at the output port of the fiber coupled to it shows a strong resonance peak whereas there is a complete absence of resonance peaks at the output of the fiber coupled to the passive resonator. In the unbroken phase, both outputs show resonance peaks regardless of the input port.

When there is no gain in the system (both resonators are passive), the output of the fiber through which the field is input shows a resonance dip and the output of the other fiber shows a resonance peak [Fig.5.11a(i) and 5.11b(i)]. Resonance dip at port 2 (4) for the input at port 1 (3) is due to destructive interference between the light transmitted directly to the output and the portion coupled to the resonator and then coupled back to the fiber. A portion of the light coupled to the resonator from the input fiber then couples to the other resonator and leaks to the output port of the other fiber, leading to resonance peaks.

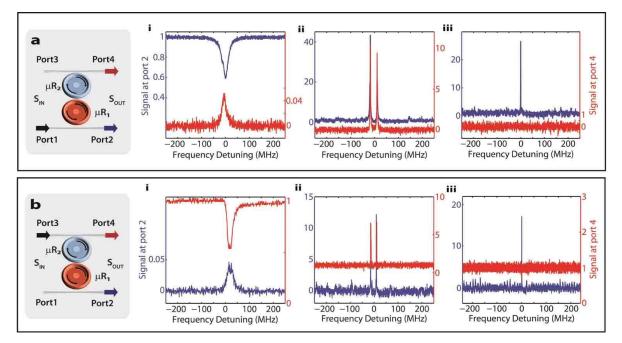


Figure 5.11 Localization of the optical field in the active resonator in the broken-PT symmetry phase.

Meanwhile, the FEM Comsol simulation also shows the strong field localization in the gain cavity at the PT-symmetry breaking regime, as clearly revealed in Fig.5.12.

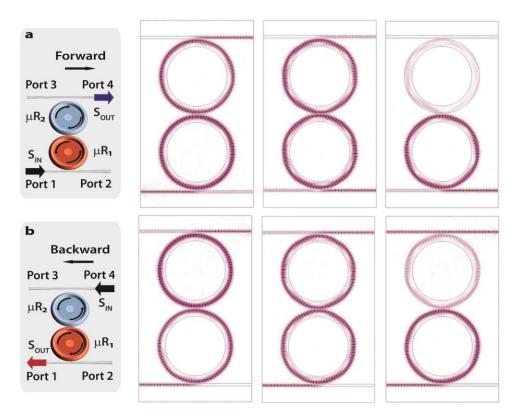


Figure 5.12 Comsol simulation for the optical field localization in the active resonator in the broken-PT symmetry phase.

#### 5.5.3 Nonlinearity Enhancement with PT Symmetry

A linear static dielectric system, even with gain and loss, cannot have nonreciprocal response. However, a nonlinear system can exhibit strong nonreciprocity. To characterize the system's linear and nonlinear properties, we first monitored the output spectra at port 1 as the power of input probe at port 4 was varied while the system was in broken- or unbroken-symmetry phases. A clear nonlinear response was observed in the symmetry-broken phase in contrast to the linear response in the unbroken phase (Fig.5.13). At low power levels where the input-output relation was linear, the system was reciprocal in both the broken- and unbroken-symmetry phases (Fig.5.14a and Fig.5.14b). Thus, we have direct experimental clarification of reciprocity in PT-symmetric systems; PTsymmetry alone is not sufficient for nonreciprocal light transmission.

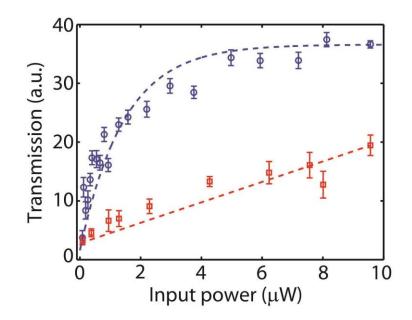


Figure 5.13 Input-output relation in PT-symmetric WGM resonators and nonlinearity characterzation.

As we increased the input power, the system remained in the linear regime for the unbrokensymmetry phase, while the input-output relation became nonlinear in the broken phase (Fig.5.13). These results indicate nonlinearity enhancement (i.e., lower threshold for nonlinearity) in the broken-symmetry phase, due to the stronger field localization into the resonator with gain, as compared to the unbroken-symmetry phase.

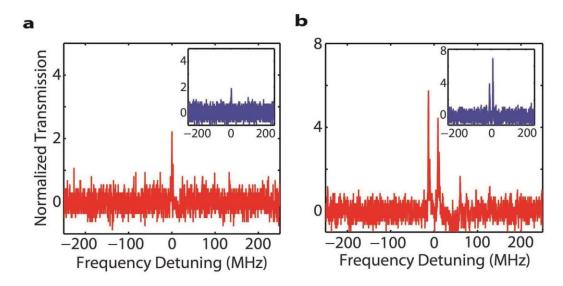


Figure 5.14 Transmission spectra in PT-symmetric WGM resonators and reciprocity in the linear regime.

#### 5.5.4 All-optical Diode Realization with PT Symmetric Microcavities

Because of stronger nonlinearity in the broken-symmetry case, the PT transition is associated with a transition from reciprocal to nonreciprocal behavior. When the pump at port 1 was OFF ( $\mu$ R1 and  $\mu$ R2 are passive) and a weak probe light is input at ports 1 or 4, we observed resonance peaks in the forward or backward transmissions [Fig.5.15a(i) and 5.15b(i)] with no resolvable mode splitting. When the pump was set ON and the gain and loss were balanced so as to operate in the unbroken-PT-symmetric region, transmission spectra showed amplified signals with clearly resolved split peaks [Fig.5.15a(ii) and 5.15b(ii)]. However, when the coupling strength was decreased so that the system transited into the broken-symmetry region, forward transmission reduced to zero T<sub>1-4</sub> ~ 0 [Fig.5.15a(iii)] but the backward transmission remained high [Fig.5.15b(iii)]. The transmission spectra showed a single resonance peak, as expected from the theory. Thus, in the broken-symmetry region the input at port 4 was transmitted to port 1 at resonance; however the input at port 1 could not be transmitted to port 4, in stark contrast with what was observed for the unbroken-symmetry region. This indicates nonreciprocal light transport between ports 1 and 4.

Unlike previous experiments demonstrating nonreciprocal transport in non-PT structures and asymmetric behavior in PT-electronics, we observed here a complete absence of resonance peak in the forward transmission. The advantages of the present design, which brings together PT-symmetric concepts with nonlinearity-induced nonreciprocal light transmission, over the non-PT schemes utilizing nonlinearity are significant reduction in the input power to observe nonreciprocity, higher contrast, smaller footprint and complete absence of the signal in one direction but resonantly enhanced transmission in the other direction.

Also, the transmitted signal here was not from spontaneous emission of the gain medium. Without the weak injected signal at the input port 4, the output at port 1 was at the noise level, and no resonance peak was observed. Resonance enhancement (the peak) was observed [inset of Fig.5.15b(ii) and 5.15b(iii)] only when the weak signal was present. We also observed similar nonreciprocity between ports 2 and 3. These results imply that PT-symmetric WGMRs can have

strong nonreciprocal effects (all-optical diode action) in the nonlinear regime with very low power threshold due to significant enhancement of nonlinearity in the broken-symmetry phase.

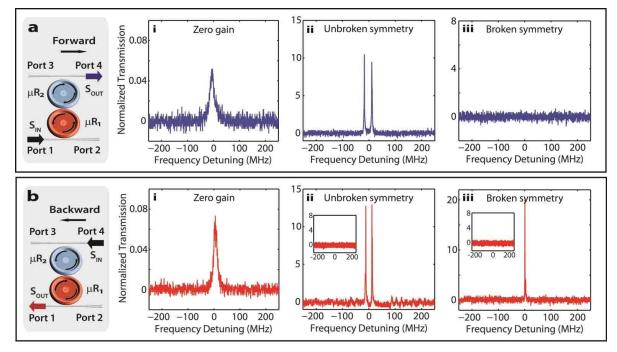


Figure 5.15 Experimentally observed unidirectional transmission for PT-symmetric WGM microresonators in the nonlinear regime for all-optical diode implementation.

#### 5.5.5 Comparison with Other All-optical Diode Schemes

Many components or systems used in optics are reciprocal, i.e., light can be transmitted in both directions. Nonreciprocal devices are of great importance and much needed for optical communication and optical signal processing. For example, isolators are used to protect the laser sources and sensitive components from back-reflected light; circulators are used to separate and route light in bidirectional systems. The ability to control the direction of light flow in such a way that light is transmitted in one direction but blocked in the other direction requires breaking reciprocity or the time-reversal symmetry. In many optical systems used today, this is achieved using magneto-optical effects induced by applied magnetic fields. Unfortunately, magneto-optic effect in many materials is very weak. As a result, magneto-optic materials with large sizes and high magnetic fields are needed. These make the systems complicated and bulky. As the technology progress drastically, there is a drive and tendency to make the systems smaller and smaller, and if possible to achieve on-chip optical processing systems with nano- or micro-scale footprints. The absence of

magneto-optic effects in materials used in conventional optoelectronics processing demands that materials with higher magneto-optic effect are suitably integrated into the on-chip nano-or microscale structures. However, this is not an easy task. Therefore, there is an ever-increasing need for non-magneto-optic approaches to achieve nonreciprocal light transmission. Today it is well-known that reciprocity can be broken in magneto-optic materials, nonlinear materials and materials whose dielectric permittivity and magnetic permeability depend on time. In other words, a linear static dielectric system cannot have nonreciprocal response. This is true even when gain and loss exist in the system. Therefore, a system without magneto-optics has to rely on either nonlinearity or timedependent effects to break time-reversal symmetry.

In our work, we used two directly coupled microtoroid resonators (quality factors of the order of  $10^7$ ) configured in an add-drop filter structure. One of the resonators is an active resonator with erbium ions as the embedded gain dopants within silica matrix whereas the other has passive silica loss at the  $\lambda$ =1.55µm band. Although the demonstrated nonreciprocity in our work also relies on nonlinearity, conceptually it is very different than the above works. The key point in our work is the use of PT-symmetric concept, where the loss in passive resonator is balanced with the gain in the active resonator and the coupling strength between the resonators is adjusted such that the system operates in the broken PT phase. As a result, in the broken PT-symmetry phase the optical field is strongly localized in the resonator with gain, which in turn enhances the nonlinear process (i.e., the nonlinearity can be observed with low power levels). In the unbroken phase there is no field localization and hence one needs higher power levels to observe the nonlinearity. This is seen clearly in Fig.5.11 and Fig.5.13 of the previous sections. There is a significant difference between the observed nonreciprocity in the broken- and unbroken-phases.

Up to date there was no reported experiment in the literature which utilizes PT-symmetric structures to achieve nonreciprocal light transmission. Our work is the first experimental demonstration bringing together the PT-symmetric concepts with nonlinearity to demonstrate nonreciprocal light transmission which is crucial for many optical devices and photonic applications. The advantages of our scheme, which brings together PT-symmetric concepts with nonlinearity-induced nonreciprocal light transmission, over the non-PT schemes utilizing nonlinearity are significant reduction in the input power to observe nonreciprocity, higher contrast, smaller footprint and complete absence of the signal in one direction but resonantly enhanced transmission in the other direction. Unlike all the

experimental works mentioned above (those utilizing magneto-optical effects, nonlinearity and interband transitions), we observed in this work a complete absence of resonance peak in one direction. Our work constitutes the first direct experimental proof of the connection between nonreciprocity and PT-symmetry which has been largely confused.

# Chapter 6

# Non-Hermitian System with WGM Photonic Molecules

In this chapter, we show how to build a non-Hermitian WGM photonic molecule and steer the parameters of the optical system to the vicinity of an exceptional point (EP), a non-Hermitian degeneracy observed when the eigenvalues and the corresponding eigenstates of a system coalesce. We ultimately show how to turn losses into gain by steering the parameters of an optical system to the vicinity of an exceptional point (EP). In our system of WGM silica resonator photonic molecules, the EP transitions are manifested as the loss-induced suppression and revival of lasing. Below a critical value, adding loss to the system annihilates an existing Raman laser. Beyond this critical threshold, however, the lasing recovers despite the increasing loss, in stark contrast to what one would expect from conventional laser theory. Our results exemplify the counterintuitive features of non-Hermitian physics and present an innovative method for reversing the effect of loss.

## 6.1 Introduction to Non-hermitian Quantum Mechanics

#### 6.1.1 Definition of Non-Hermitian in Quantum Mechanics

As briefly described in previous chapter, in quantum mechanics the Hermiticity of a Hamitonian H is expressed as

$$H = H^{\dagger} \tag{6.1}$$

where the Dirac Hermitian conjugation symbol † represents the combined operations of matrix transposition and complex conjugation [138,151,152].

Hamiltonians which are non-Hermitian have traditionally been used to describe dissipative processes, such as the phenomenon of radioactive decay, or open system which experience energy

non-conservation for the system itself. However, the non-Hermitian Hamiltonians are approximate, phenomenological descriptions of physical processes. They cannot be regarded as fundamental because they violate the requirement of unitarity, in basic quantum mechanics theory.

As dissipation is ubiquitous in nature, essentially all physical systems can thus be described by a non-Hermitian Hamiltonian featuring complex eigenvalues and nonorthogonal eigen-states. When tuning the parameters of such a system appropriately, its eigenvalues and the corresponding eigen-states may coalesce, giving rise to a non-Hermitian degeneracy, also called an Exceptional Point (EP) [153]. The presence of a nearby EP usually has a dramatic effect on a system's properties, leading to nontrivial physics with interesting counterintuitive features. Among the fascinating features of EPs that were explored in a first generation of experiments with mechanically-tunable resonators were effects such as "resonance trapping" [155], a mode exchange when encircling an EP [156], and the successful mapping of the characteristic parameter landscape around an EP [157]. Subsequent work showed how these characteristics can be employed for controlling the flow of light in optical devices with loss and gain. In particular, waveguides having parity-time symmetry [139], where loss and gain are carefully balanced, have attracted enormous attention lately, with effects such as loss-induced transparency, unidirectional invisibility, and reflectionless scattering in a metamaterial being observed for the first time [143,144,146,158-161].

#### 6.1.2 Exceptional Points

Singularities of functions describing analytically observable quantities have always been at the scrutiny of theoretical investigations [153,154]. For instance, the structures of measured cross sections are usually associated with pole terms in the complex energy plane of the scattering amplitudes. In turn, these pole terms are associated with specific boundary conditions of solutions of, say, the Schrodinger equation. Another example is the pattern of spectra when plotted versus an external strength parameter, say, of a magnetic field; it usually shows the phenomenon of level repulsion, often associated with quantum chaos. When such spectra are continued into the complex plane of the strength parameter, one encounters a different type of singularities where two repelling levels are connected by a square root branch point. If for real strength parameter the Hamiltonian is hermitian, the branch points always occur at complex parameter values thus rendering the continued Hamiltonian as non-hermitian. As a consequence, the well-known properties associated with a

degeneracy of hermitian operators are no longer valid. These singularities have been dubbed exceptional points (EPs).

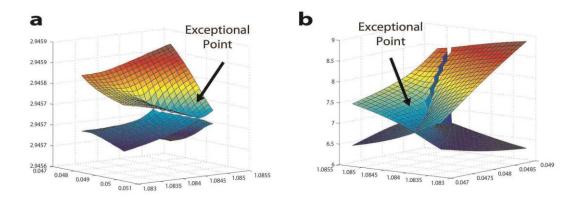


Figure 6.1 Perspective view of the Riemann sheet structure of two coalescing energy levels in the complex eigen-value plane, EPs are clearly seen in the Riemann sheet.

Exceptional points occur generically in eigenvalue problems that depend on a parameter. By variation of such parameter (usually into the complex plane) one can generically find points where eigenvalues coincide.

In the immediate vicinity of an EP the special algebraic behavior allows a reduction of the full problem to the two dimensional problem associated with the two coinciding levels. The discussion is thus normally confined to the eigenvalues of a two-dimensional matrix where the direct connection of an EP and the phenomenon of level repulsion is easily demonstrated.

## 6.2 Non-Hermitian Optical Systems

Many non-Hermitian systems with particular effects in the vicinity of EP have been reported in the literature during the past ten years. In this section we introduce some major trends and developments of device and systems on quantum mechanical problems. The ubiquitous character of EPs in any parameter dependent eigenvalue problem makes them appealing also in problems of classical optics and others.

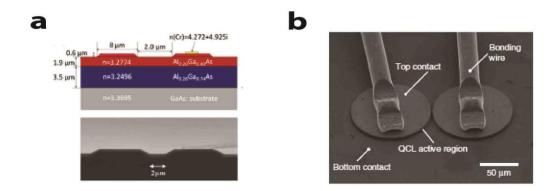


Figure 6.2 Different types of non-Hermitian system. (a) lossy and lossless coupled optical waveguide system, (b) coupled microdisk quantum cascade laser at the microwave band.

The first typical optical system to study the non-Hermitian properties is a passive optical double-well structure [159]. The two waveguides were fabricated through a multilayer AlGaAs hetero-structure of varying concentrations (Fig.6.2a). The introduction of loss in the structure was carefully done in order to maintain the even real refractive index distribution necessary. This was achieved through deposition of a 100 nm thin layer of chromium on one of the coupler arms (Fig. 6.2a). Chromium was intentionally chosen to overcome restrictions from the Kramers-Kronig relations since at the wavelength of 1550 nm this metal leads to heavy losses while the detuning between the two waveguide is at a minimum. A number of such structures were fabricated with varying Cr stripe widths, which allowed us to control the loss parameter. The losses were engineered to vary in the range 0–40 cm<sup>-1</sup>. In the system, a phase transition and the EP leads to a loss induced optical transparency in this specially designed non-Hermitian guiding potentials.

Another system that is found to fulfil non-Hermitian optical system in the literature is photonic molecule Quantum Cascade Lasers (QCLs) operating in the THz regime (Fig.6.2b) [162]. Here, the gain is produced by transitions between quantized energy levels of semiconductor quantum wells, allowing the system to be adjusted with the emission wavelength by the quantum well widths. Specifically, pairs of disk-shaped lasers are fabricated, and placed in close vicinity to each other in order to achieve sufficiently strong mode coupling. The active region of the laser is sandwiched, on top and at the bottom, by two metal layers, which act both as a waveguide and as a contact for electrically pumping the device. Owing to their finite conductivity, these metal layers provide much of the required loss already quite naturally. Fig.6.2b shows an image of a fabricated device.

### 6.3 Non-Hermitian Optical WGM Microcavities

As described in the above section, the non-Hermitian optical waveguide system and non-Hermitian coupled cavities for THz laser have been demonstrated. In this section, we show our study on implementing a non-Hermitian WGM photonic molecules in the 1550nm band and demonstration of steering the parameters of the non-Hermitian optical system to the vicinity of an exceptional point (EP), a non-Hermitian degeneracy observed when the eigenvalues and the corresponding eigenstates of a system coalesce. In our system of two coupled whispering-gallery-mode silica microcavities, the EP transitions are manifested as the loss of one of the photonic atom is dynamically tuned.

Our experimental system consists of two directly-coupled silica microtoroidal photonic molecules with WGM resonator  $\mu$ R1 and  $\mu$ R2, each coupled to a different fiber-taper coupler WG1 and WG2 (Fig. 6.3a and 6.3b). The fabrication of the individual microtoroid is following the process discussed in chapter3. To realieze the resonance overlap, we tuned the resonance frequencies of the WGMRs to be the same (zero-detuning) via the thermo-optic effect and achieved a controllable coupling strength between the WGMRs in the 1550 nm band by adjusting the inter-resonator distance. The intrinsic quality factors of  $\mu$ R1 and  $\mu$ R2 were  $Q_{o1} = 6.9 \times 10^6$  and  $Q_{o2} = 2.6 \times 10^7$ , respectively. To observe the behavior of the coupled system in the vicinity of an EP, we steered the system parametrically via  $\kappa$  and an additional loss  $\gamma_{tip}$  induced on  $\mu$ R2 by a chromium (Cr)-coated silicananofiber tip (Figs. 6.3c), which features strong absorption in the 1550 nm band. In the experiment, the optical signal is injected from port 1 and outputs at port 2, port 3 and port 4 are monitored in real time.

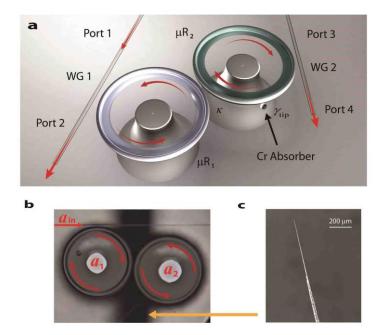


Figure 6.3 Experimental setup for implementation of non-Hermitian system in photonic molecules.

#### 6.3.1 Loss Tuning

To steer the dissipation which enables the non-Hermitian feature of the system and to observe the behavior of the coupled system in the vicinity of an EP, we steered the system parametrically via and an additional loss  $\gamma_{tip}$  induced on  $\mu$ R2 by a chromium (Cr)-coated silica-nanofiber tip (Figs.6.3b and 6.3c), which features strong absorption in the 1550 nm band. The strength of  $\gamma_{tip}$  was increased by enlarging the volume of the nanotip within the  $\mu$ R2 mode field, resulting in a broadened linewidth of the resonance mode in  $\mu$ R2 with no observable change in its resonance frequency. The nanotip thus affected only the imaginary part of the effective refractive index of  $\mu$ R2 but not its real part (Fig.6.4a). A small fraction of the scattered light from the nanotip coupled back into  $\mu$ R2 in the counter-propagating (backward) direction and led to a resonance peak whose linewidth was broadened, but the resonance frequency remained the same as the loss was increased (Fig.6.4b). The resonance peak in the backward direction was approximately  $1/10^4$  of the input field, confirming that the linewidth-broadening and the decrease in the depth of the resonance in the forward direction were due to  $\gamma_{tip}$  via absorption and scattering to the environment, but not due to back-scattering into the resonance.

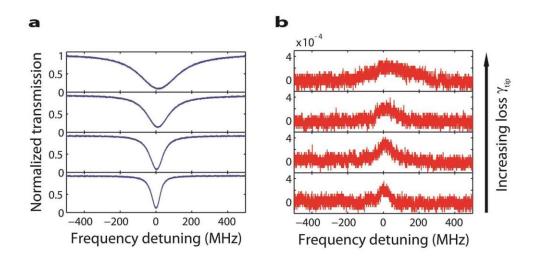


Figure6.4 Transmission spectra showing the effect of increasing loss on the resonances in WGM microtoroid resonator via Chromium nanotip.

#### 6.3.2 Eigen-mode Evolution with Exceptional Points

To probe the new features of the non-Hermitian system we first measured the evolution of the eigen-modes in the system as the external dissipation is tuned via the Cr nanotip. In this set of experiments we moved WG2 away from  $\mu$ R2 to eliminate the coupling between them. We investigated the evolution of the eigen-frequencies and the transmission spectra  $T_{1\rightarrow 2}$  from input port 1 to output port 2 by continuously adding more loss  $\gamma_{tip}$  to  $\mu$ R2 while keeping  $\kappa$  fixed. In this configuration, losses experienced by  $\mu$ R1 and  $\mu$ R2 were  $\gamma'_1 = \gamma_1 + \gamma_{c1}$  and  $\gamma'_2 = \gamma_2 + \gamma_{tip}$ , respectively, where  $\gamma_{c1}$  is the WG1- $\mu$ R1 coupling loss, and  $\gamma_1$  and  $\gamma_2$  include material absorption, scattering, and radiation losses of  $\mu$ R1 and  $\mu$ R2. The coupling between the WGMRs led to the formation of two supermodes characterized by complex eigen-frequencies ( $\omega_+ = v'_1 + iv''_1$  and  $\omega_- = v'_2 + iv''_2$ ) given by

$$\omega_{\mp} = \omega_0 - i\chi \mp \beta \tag{6.2}$$

where  $\chi = (\gamma'_1 + \gamma''_2)/4$ ,  $\Gamma = (\gamma'_1 - \gamma'_2)/4$ ,  $\beta = \sqrt{\kappa^2 - \Gamma^2}$  and  $\omega_0$  is the complex resonance frequency of each of the solitary WGMRs. In the strong-coupling regime, quantified by  $\kappa > |\Gamma|$  (that is, real  $\beta$ ), the supermodes had different resonance frequencies (that is, mode splitting of  $2\beta$ ) but the same linewidths quantified by  $\chi$ . This was reflected as two spectrally-separated resonance

modes in the measured transmission spectra  $T_{1\rightarrow 2}$  (Fig.6.5a(i)) and in the corresponding eigenfrequencies (Fig.6.5b(i)). Since our system satisfied  $\gamma_1 + \gamma_{c1} > \gamma_2$ , introducing the additional loss  $\gamma_{tip}$ to  $\mu R2$  increased the amount of splitting until  $\gamma_1 + \gamma_{c1} = \gamma_2 + \gamma_{tip}$  (that is,  $\gamma'_1 = \gamma'_2$ ) was satisfied (Fig. 6.5a(ii) and 6.5b(ii)). Increasing  $\gamma_{tip}$  beyond this point gradually brought the resonance frequencies of the supermodes closer to each other, and finally made it difficult to resolve the split modes clearly (Fig. 6.5a(iii)) because the linewidths of the modes became larger than their splitting. This case of overlapping resonances required that we extract the complex resonance parameters by fitting the experimental data to a theoretical model in which the set of free parameters is limited due to the inherent symmetry of our setup. At  $\gamma_{tip} = \gamma_{tip}^{EP}$  where  $\kappa = |\Gamma|$ , the supermodes coalesced at the EP. With a further increase of  $\gamma_{tip}$  the system entered the weak-coupling regime, quantified by  $\kappa < |\Gamma|$ , where  $\beta$  became imaginary, leading to two supermodes with the same resonance frequency but with different linewidths [Fig.6.5a(iv) and 6.5b(iv)]. The resulting resonance trajectories in the complex plane clearly displayed a reversal of eigenvalue evolution (Fig.6.5b): The real parts of the two eigenfrequencies of the system first approached each other while keeping their imaginary parts equal until the EP. After passing the EP, their imaginary parts were repelled, resulting in an increasing imaginary part for one of the eigen-frequencies and a decreasing imaginary part for the other. As a result, one of the eigen-frequencies was shifted upwards in the complex plane (and the mode became less lossy) while the other was shifted downwards (and the mode became more lossy).

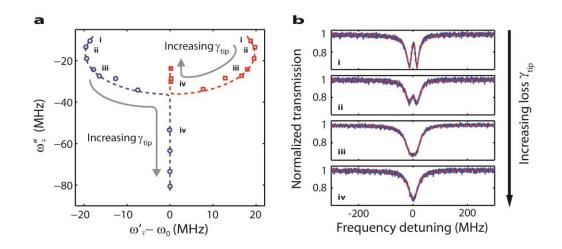


Figure 6.5 Evolution of the transmission spectra and the eigenfrequencies as a function of loss  $\gamma_{
m tip}$ .

Next, we checked the co-manipulation of the inter-cavity coupling strength  $\kappa$  and the additional loss  $\gamma_{tip}$  to the evolution of the eigen-modes. By repeating the experiments for different  $\kappa$  and  $\gamma_{tip}$  we obtained the eigen-frequency surfaces  $\omega_{\mp}(\kappa, \gamma'_2)$ . We depict both their real and imaginary parts ( $\nu'_{1,2}(\kappa, \gamma'_2)$  and  $\nu''_{1,2}(\kappa, \gamma'_2)$ ) in Figs. 6.6a and 6.6b, respectively. The resulting surfaces exhibit a complex square-root-function topology with the special feature that, due to the identical resonance frequencies  $\omega_0$  of the solitary WGMRs, a coalescence of the eigen-frequencies can be realized by varying either  $\kappa$  or  $\gamma_{tip}$  alone, leading to a continuous thread of EPs along what may be called an exceptional line. As expected, the slope of this line is such that stronger  $\kappa$  requires higher values of  $\gamma_{tip}$  to reach the EP.

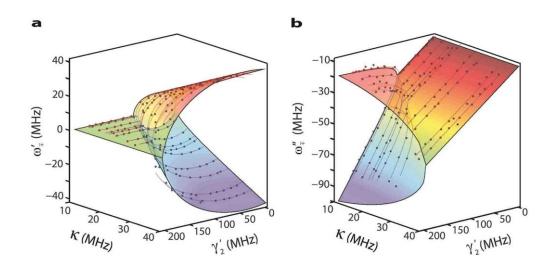


Figure 6.6 Evolution of the eigen-frequencies as a function of loss  $\gamma_{tip}$  and coupling strength  $\kappa$ .

If we compare the eigen-mode evolution with  $\gamma_{tip}$  tuning at different inter-cavity coupling strength  $\kappa$ , we can find the different to reach the EP. Fig. 6.7a and Fig. 6.7b provide additional results which depict the difference between the real (Fig.6.7a) and imaginary (Fig.6.7b) parts of the eigen-frequencies as a function of the induced loss  $\gamma_{tip}$  and the coupling strength  $\kappa$ . It is seen that the coalescence of eigen-frequencies (EP) occurs at different  $\gamma_{tip}$  for different  $\kappa$ : The EP transition

occurred at higher  $\gamma_{tip}$  for stronger  $\kappa$ . After the EP, the imaginary parts of the eigen-frequencies bifurcate with different slopes. As a result, one of the supermodes experiences significantly higher loss than the other (Fig.6.7b).

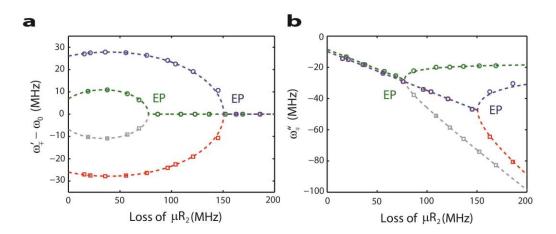


Figure 6.7 Evolution of the real and imaginary parts of the eigen-frequencies of the supermodes as a function of the loss in the second resonator  $\gamma'_2$  at different coupling strength K.

## 6.4 Loss-induced Suppression and Recovery of Cavity Intensity

In our non-Hermitian system of two coupled WGM silica microcavities, the EP transitions are manifested as the loss-induced cavity light intensity modulation. Below a critical value, adding loss to the system suppresses the total cavity light intensity or cavity total energy. Beyond this critical threshold, however, the resonance light intensity or energy recovers despite the increasing loss, in stark contrast to what one would expect from conventional physical theory. In this section we denmonstrate our results that exemplify the counterintuitive features of non-Hermitian physics and present an innovative method for reversing the effect of loss.

#### 6.4.1 Intra-cavity Fields Suppression and Recovery

To probe the intra-cavity field suppression and recovery, we performed a second set of experiments which was designed to elucidate the effect of the EP phase transition on the intra-cavity field intensities. For this we used the scheme in Fig. 6.3a with both WG1 and WG2, introducing an additional coupling loss  $\gamma_{c2}$  to  $\mu$ R2 (that is,  $\gamma'_2 = \gamma_2 + \gamma_{tip} + \gamma_{c2}$ ). We tested two different cases by choosing different mode pairs in the resonators. In the first case (Case 1), the mode chosen in  $\mu$ R1 had higher loss than the mode in  $\mu$ R2 ( $\gamma_1 + \gamma_{c1} > \gamma_2 + \gamma_{c2}$ ). In the second case (Case 2), the mode chosen in  $\mu$ R2 had higher loss than the mode in  $\mu$ R1 ( $\gamma_1 + \gamma_{c1} < \gamma_2 + \gamma_{c2}$ ). In both cases,  $\gamma_{tip}$  was introduced to  $\mu$ R2. The system was adjusted so that two spectrally-separated supermodes were observed in the transmission spectra  $T_{1\rightarrow 2}$  and  $T_{1\rightarrow 4}$  as prominent resonance dips and peaks, respectively, at output ports 2 and 4. No resonance dip or peak was observed at port 3. Using experimentally-obtained  $T_{1\rightarrow 2}$  and  $T_{1\rightarrow 4}$ , we estimated the intracavity fields  $I_1$  and  $I_2$  and the total intensity  $I_T = I_1 + I_2$  as a function of  $\gamma_{tip}$  at the frequencies  $\omega_{\pm}$  and  $\omega_0$ , as presented in Fig.6.8. Surprisingly, as  $\gamma_{tip}$  was increased, the total intensity  $I_T$  first decreased and then started to increase despite increasing loss. This loss-induced recovery of the intensity is in contrast to the expectation that the intensity would decrease with increasing loss and is a direct manifestation of the EP phase transition.

In Fig.6.8a and Fig.6.8b we give  $I_1$ ,  $I_2$  and  $I_T$  estimated from the experimentally-obtained transmission spectra  $T_{1\rightarrow 2}$  and  $T_{1\rightarrow 4}$  at  $\omega_+$  for Case 1 and Case 2, respectively. In Fig.6.8c, Fig. 6.8d, we provide the experimentally-obtained  $I_1$ ,  $I_2$  and  $I_T$  at  $\omega_-$  and Fig.6.8e and 6.8f for I at  $\omega_0$ , respectively. Note that the intensity versus  $\gamma_{tip}$  given in Figs. 6.8a and 6.8b for  $\omega_+$  and that given in Fig.6.8c and 6.8d for  $\omega_-$  are almost the same, that is the intra-cavity field intensities of the resonators at the eigen-frequencies are the same. We obtained good agreement between the data points obtained from the experimentally-obtained transmission spectra and the theoretical expectations.

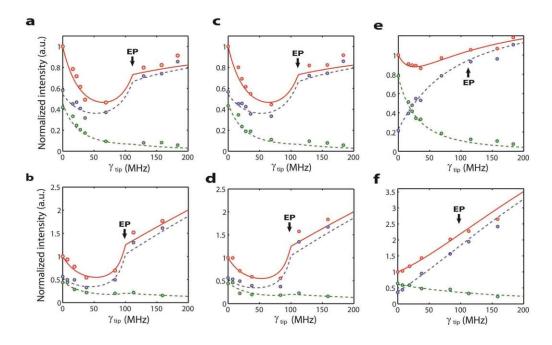


Figure 6.8 Loss-induced enhancement of intra-cavity field intensities at the eigen-frequency  $\omega_{\pm}$  and  $\omega_0$  in the vicinity of an exceptional point. (a)(c)(e) corresponds to case1, (b)(d)(f) corresponds to case2.

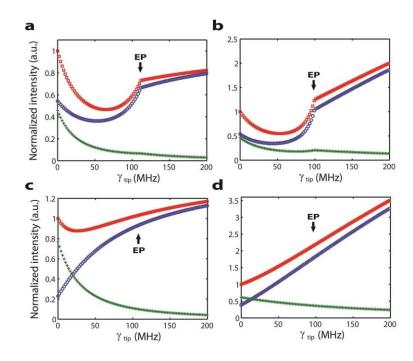


Figure 6.9 Theoretically obtained normalized intra-cavity field intensities of the coupled resonators at the eigen-frequency  $\omega_{\pm}$  and  $\omega_{0}$ .

To further verify this, we have calculated the intra-cavity field intensities (Eq. (6.3)) of the resonators at the eigen-frequencies  $\omega_{\pm}$  and at the resonance frequency  $\omega_0$  as a function of  $\gamma_{iip}$ 

$$A_{1} = -\frac{2\sqrt{\gamma_{c1}}(\gamma_{2} + \gamma_{tip} - i2\Delta_{2})}{4\kappa^{2} + (\gamma_{1} - i2\Delta_{1})(\gamma_{2} + \gamma_{tip} - i2\Delta_{2})}A_{in}$$

$$A_{2} = i\frac{4\kappa\sqrt{\gamma_{c1}}}{4\kappa^{2} + (\gamma_{1} - i2\Delta_{1})(\gamma_{2} + \gamma_{tip} - i2\Delta_{2})}A_{in}$$
(6.3)

and plotted them in Fig.6.9. Note that we chose to look at the frequency  $\omega_0$  in addition to  $\omega_{\pm}$  because the two eigen-frequencies  $\omega_+$  and  $\omega_-$  coalesce at  $\omega_0$  at the EP and retain this value after the EP throughout the weak-coupling regime. It is clearly seen that when a specific eigen-frequency is excited, the evolution of the intra-cavity field intensities  $I_1 = |A_1|^2$  and  $I_2 = |A_2|^2$  as a function of  $\gamma_{tip}$  differs significantly. As expected, intra-cavity field intensities at  $\omega_+$  and  $\omega_-$  evolve similarly but different from what is observed at  $\omega_0$ .

At  $\omega_{\pm}$ , the intra-cavity field intensities are close to each other when  $\gamma_{iip}$  is zero, an indication that initially the supermodes are distributed almost equally between the resonators. As  $\gamma_{iip}$  is increased, both  $I_1$  and  $I_2$  first decrease with increasing difference in their intensities until they reach their local minimum at  $\gamma_{iip} = \gamma_{iip}^{min}$ . The difference in their rates of decrease is due to the fact that the total loss of the second resonator is continuously increased by  $\gamma_{iip}$ . Note that in this region  $\gamma_{iip}$  is not strong enough to significantly affect the distribution of the supermodes. As  $\gamma_{iip}$  is increased further to bring the system closer to the EP, the intracavity field intensities starts increasing. Here, the increase of  $I_1$  is significant but that of  $I_2$  is very small (the increase in  $I_2$  is barely seen: green curves Fig. S7 and Fig. S8). This trend continues until  $\gamma_{iip} = \gamma_{iip}^{EP}$  beyond which  $I_1$  continues to increase whereas  $I_2$  starts to decrease again. This is because after the EP, one of the eigenmodes becomes more localized in the first resonator which has less loss than the second, and the other eigenmode becomes more localized in the second resonator. Consequently, the total field feels less loss compared to the initial point when  $\gamma_{iip} = 0$ . As a result, the total intensity  $I_T = I_1 + I_2$  after the EP (in the weak-coupling regime) is larger than that before the EP despite increasing  $\gamma_{tip}$ . Note that as  $\gamma_{tip}$  continues to increase beyond  $\gamma_{tip}^{EP}$ , the total intracavity field intensity  $I_T$  approaches the intracavity field intensity of the first resonator, and intracavity field intensity of the second resonator continuously decreases becoming negligible. This is in contrast to the expectation that the intensity would decrease with increasing loss, and is a direct consequence of the effect of the EP.

For intracavity field intensities at  $\omega_0$  (Fig.6.9), we find that when  $\gamma_{tip}$  is zero, the field is highly localized in the second resonator ( $I_1 < I_2$ ) for Case 1(Fig.6.9c). For Case 2, on the other hand, the field is almost evenly distributed between the resonators (Fig.6.9d). With increasing  $\gamma_{tip}$ ,  $I_2$ decreases while  $I_1$  increases. As a result,  $I_T$  first decreases reaching a minimum value and then increases. Note that in the large  $\gamma_{tip}$  limit, the total intracavity field approaches that of the intracavity field of the first resonator, implying that the field is almost completely localized in the first resonator.

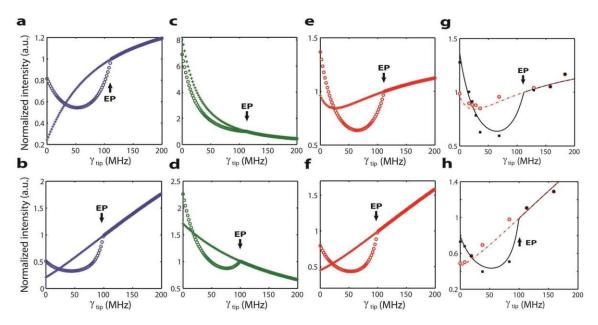


Figure 6.10 Theoretically and experimentally obtained intra-cavity field intensities normalized with the intensity at the exceptional point (EP).

In Fig.6.10, we provide the comparison of intra-cavity field intensities at eigen-frequencies  $\omega_{\pm}$  and  $\omega_0$  normalized to the intensities at the EP, theoretically and experimentally. It is clearly seen that for

 $\gamma_{tip} \ge \gamma_{tip}^{EP}$  (i.e., after the EP transition- in the weak coupling regime), the intra-cavity field intensities at  $\omega_{+}$  and  $\omega_{0}$  coincide. This is expected because at the EP, the eigen-frequencies [as given in Eq. (6.2)] of the coupled-resonators system coalesce in their real parts (resonance frequency) and attain the average of the resonance frequencies of the solitary resonators. Since in our theoretical analysis and experiments we have set the resonance frequencies of the solitary resonators the same at  $\omega_0$ , at the ΕP resonance the frequencies of the supermodes converge to  $\operatorname{Re}[\omega_{\pm}] = v_1' = v_2' = (\omega_0 + \omega_0)/2 = \omega_0$ . Therefore the intensities in the weak-coupling regime are the same at  $\omega_0$  and at  $\omega_{\pm}$ .

In Fig. 6.10a, 6.10c, 6.10e and 6.10g, we gave the experimental and theoretical data showing that the total intra-cavity field intensities at  $\omega_{\pm}$  and  $\omega_{0}$  coincide at the exceptional point and stay the same after the exceptional point as the additional loss is increased. The data provided in these subplots were obtained for the Case 1. In Fig. 6.10b, 6.10d, 6.10f and 6.10h, we provide the experimental data for Case 2 for comparison purposes. As can be seen, the intra-cavity field intensities at  $\omega_{\pm}$  and  $\omega_{0}$  coincide at the exceptional point for both of the cases.

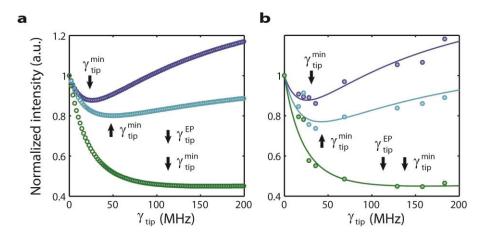


Figure 6.11 Effect of the frequency detuning  $\Delta$  from the exceptional point (EP) frequency  $\omega_0$  on the additional loss  $\gamma_{tip}^{min}$  at which total intra-cavity field intensity reaches its minimum value.

In Figs. 6.8-6.10, we see that  $\gamma_{tip}^{min}$  at which the total intracavity field intensity  $I_T = |A_1|^2 + |A_2|^2$  takes its minimum value differs from the  $\gamma_{tip}^{EP}$  which brings the system to the EP (i.e.,  $\gamma_{tip}^{min} < \gamma_{tip}^{EP}$ ). Using the expressions given in Eq. (6.3) and assuming  $\Delta_1 = \Delta_2 = \Delta$  (i.e.,  $\omega_2 = \omega_1 = \omega_0$  and  $\Delta = \omega - \omega_0$ ) as this is the condition in our experiments, we find that  $I_T$  takes its minimum value at  $\gamma_{tip}^{min}$ :

$$\gamma_{\rm tip}^{\rm min} = \frac{\gamma_1' (\gamma_1' - 2\gamma_2') + 4 (3\Delta^2 - \kappa^2) + \sqrt{(\gamma_1'^2 + 4\kappa^2 - 12\Delta^2)^2 + 64\gamma_1'^2\Delta^2}}{2\gamma_1'} \tag{6.4}$$

On the other hand, from Eq. (6.2) and the discussions in the previous subsections, we know that  $\gamma_{tip}$  required to bring the system to the EP is given by

$$\gamma_{\rm tip}^{\rm EP} = -\left(\gamma_2' - \gamma_1'\right) \mp 4\kappa \tag{6.5}$$

which, contrary to  $\gamma_{tip}^{min}$ , does not depend on  $\Delta$ . From Eqs. (6.4) and (6.5), we find  $\gamma_{tip}^{min} = \gamma_{tip}^{EP}$  is satisfied only when Eqs. (6.6) and (6.7) are simultaneously satisfied

$$\gamma_{\rm tip}^{\rm EP} = -\left(\gamma_2' - \gamma_1'\right) + 4\kappa \tag{6.6}$$

$$\Delta = \frac{\sqrt{\kappa}}{2} \frac{\left(\gamma_1' + 2\kappa\right)}{\sqrt{\gamma_1' + 3\kappa}} \tag{6.7}$$

In Figs. 6.8-6.10, we presented  $I_T$  at frequencies  $\omega = \omega_0$  (i.e.,  $\Delta = 0$ ),  $\omega = \omega_+$  (i.e.,  $\Delta = \omega_+ - \omega_0$ ), and  $\omega = \omega_-$  (i.e.,  $\Delta = \omega_0 - \omega_-$ ). In none of these cases, Eqs. (6.6) and (6.7) are satisfied. For example, for the first case  $\omega = \omega_0$ , we have  $\Delta = 0$  which is satisfied when  $\kappa = 0$  or  $\kappa = -\gamma'_1/2$ . The former implies that there is no coupling which is not the case here. The latter implies gain in the first resonator which is not realized in our experiments. (Note that  $\gamma'_1 > 0$  implies net loss whereas  $\gamma'_1 < 0$  implies net gain in the first resonator). In addition, plugging  $\kappa = -\gamma'_1/2$  in Eq. (6.6) leads to  $\gamma_{\rm tip}^{\rm EP} = -\gamma'_2 + \gamma'_1 - 2\gamma'_1 = -(\gamma'_2 + \gamma'_1)$  which implies that under this condition the EP can only be observed with a net total gain in the compound resonator system. Therefore, it is normal that  $\gamma_{\rm tip}^{\rm min}$  and  $\gamma_{\rm tip}^{\rm EP}$  do not coincide in our simulations and experiments where we have calculated and estimated  $I_T$  at  $\omega = \omega_0$ . In Fig. 6.11, we present the effect of  $\Delta$  on  $\gamma_{\rm tip}^{\rm min}$  both theoretically and experimentally, and determine  $\Delta$  which leads to  $\gamma_{\rm tip}^{\rm EP}$  in our system. The theoretical curves were plotted for typical values of system parameters in our experiments. As  $\Delta$  increases,  $\gamma_{\rm tip}^{\rm min}$  approaches  $\gamma_{\rm tip}^{\rm EP}$ . The theoretically expected value for  $\Delta$  leading to  $\gamma_{\rm tip}^{\rm min} = \gamma_{\rm tip}^{\rm EP}$  in our system is

 $\Delta = 19.8$  MHz which is in good agreement with what we observe in the experiments. The slight discrepancy between theory and experiment is within our experimental error range and can be attributed to the shallowness of the minimum as well as to accumulated errors in curve fittings, loss of phase information in the measurement of transmission spectra between ports 1 and 2, and to the frequency fluctuations of the probe laser. Note that we do not use any active or passive stabilization and locking methods in our experiments.

#### 6.4.2 Supermode Fields Suppression and Recovery

If we elucidate the intensity evolution at the supermode picture, we can obtain similar system behavior. The intensity of one of the supermodes  $A_{+}$  experiences first suppression but recovery after the additional loss approaches and even passes the EP, whereas the intensity of the other supermode  $A_{-}$  experiences loss and further suppression after the additional loss passes the EP, as shown in Fig.6.12.

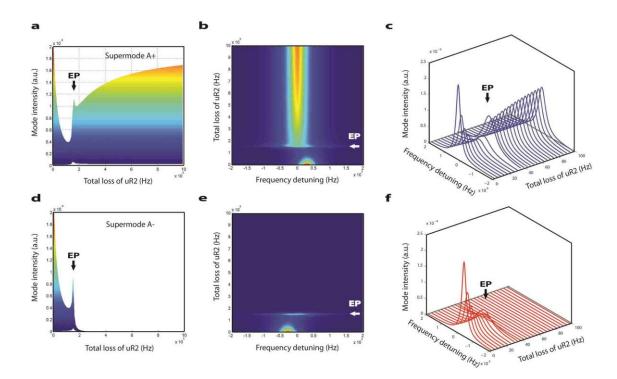


Figure 6.12 Intensity evolution of the supermodes as the additional loss  $\gamma_{tip}$  increases in non-Hermitian photonic molecules. (a-c) correspond to supermode  $A_+$  and (d-f) correspond to the supermode  $A_-$ .

The supermodes are derived according to the dynamic equations for the non-Hermitian photonic molecule system

$$\frac{dA_1}{dt} = (i\Delta - \frac{\gamma_1 + \gamma_c}{2})A_1 - i\kappa A_2 - \sqrt{\gamma_c}A_{in},$$

$$\frac{dA_2}{dt} = (i\Delta - \frac{\gamma_2}{2})A_2 - i\kappa A_1$$
(6.8)

The solved eigen-vectors corresponding to the eigen-modes  $\omega_{\pm}$  in Eq. (6.2) are as follows:

- .

$$A_{+} = \begin{cases} A_{1} + e^{-i\theta}A_{2} & \Gamma \leq \kappa \\ A_{1} - ie^{-\theta}A_{2} & \Gamma \geq \kappa \end{cases}$$

$$A_{-} = \begin{cases} A_{1} - e^{+i\theta}A_{2} & \Gamma \leq \kappa \\ A_{1} - ie^{+\theta}A_{2} & \Gamma \geq \kappa \end{cases}$$
(6.9)

The evolutions of these two supermodes  $A_{\pm}$  are reflected in Fig.6.12 exactly. An important feature for this supermode intensity evolution is that clear singularity can be observed at the EP.

## 6.5 Loss-induced Suppression and Recovery of Cavity Thermal Nonlinearity

Thermal nonlinearity and the subsequent bistability in WGMRs are due to the temperaturedependent resonance-frequency shifts caused by the material absorption of the intracavity field and the resultant heating. In silica WGMRs this is manifested as thermal broadening of the resonance line when the wavelength of the laser is scanned from shorter to longer wavelengths. (The laser wavelength is scanned in the same direction as the thermal shift due to the positive thermo-optic coefficient of silica.) This allows the laser to stay on resonance for a large range of detuning. When the laser is scanned from longer to shorter wavelengths, the effect leads to a thermal narrowing of the resonance line [12]. In our system thermal nonlinearity was clearly observed in as a shark-fin feature (Fig. 6.13 and 6.14). Since the thermal nonlinearity in the micro cavities is closely related to the intra-cavity intensity, the steering of the cavity thermal nonlinearity is direct evidence to the capability of manipulating cavity light intensity by steering the EP parametrically. First we give a brief overview of this phenomenon and cite the related works that can be found in the literature. Using the coupled resonator model, we can characterize the thermal response of a coupled resonator system with the following set of equations:

$$\frac{da_{1}}{dt} = -i\Delta_{1}a_{1} - \frac{\gamma_{1} + \gamma_{c1}}{2}a_{1} - i\kappa a_{2} - \sqrt{\gamma_{c1}}a_{in}$$
(6.10)
$$\frac{da_{2}}{dt} = -i\Delta_{2}a_{2} - \frac{\gamma_{2} + \gamma_{tip}}{2}a_{2} - i\kappa a_{1}$$

$$\frac{dT_{1}(t)}{dt} = -\alpha_{abs}\frac{|a_{1}|^{2}}{\tau_{r1}} + \alpha_{th}T_{1}(t)$$
(6.11)
$$\frac{dT_{2}(t)}{dt} = -\alpha_{abs}\frac{|a_{2}|^{2}}{\tau_{r2}} + \alpha_{th}T_{2}(t)$$

where Eq. (6.10) describes the time evolution of the intra-cavity optical fields of the coupled resonators, and Eq. (6.11) describes the evolution of the temperature inside the mode volumes of the microresonators.  $\alpha_{abs}$  is the thermal absorption coefficient and is responsible for the temperature change due to the absorption of light by the material used to fabricate the microresonator (in our case, it is silica).  $\alpha_{th}$  represents the thermal relaxation rate and quantifies the heat dissipation process.  $T_{j=1,2}(t)$  is the temperature inside the resonator.

In our experiments, the wavelength of a tunable laser is scanned to probe the resonances and response of the microresonators. As the laser wavelength is up-scanned from shorter to longer wavelengths to approach the resonance wavelength (decreasing detuning), the intra-cavity fields are gradually built up inside the resonators. Material absorption then gives rise to an increase in the temperature of the resonator. This, on the other hand, alters the refractive index of the resonators through the thermo-optic effect and therefore shifts the resonance frequencies of the resonators. In order to take this dynamic effect into account and complete the model, we introduce the following two equations:

$$\Delta \omega_{1} = \omega(t) - \omega_{1} \left[ 1 - a \times dT_{1}(t) \right]$$
  

$$\Delta \omega_{2} = \omega(t) - \omega_{2} \left[ 1 - a \times dT_{2}(t) \right]$$
(6.12)

where a represents a thermal coefficient which takes into account the thermal expansion and the thermo-optic coefficients.

Parameter	Value <i>(Case 1)</i>	Value ( <i>Case 2</i> )	Unit
Intrinsic loss of $\mu$ <b>R1</b> : $\gamma_1$	24.18	9.67	MHz
Intrinsic loss of $\mu$ R2: $\gamma_2$	19.34	38.68	MHz
Additional loss: $\gamma_{tip}$	77.38	90.26	MHz
	947.75	928.41	
Coupling loss between WG1 and $\mu$ R1: $\gamma_{c1}$	24.18	24.18	MHz
Intra-resonator coupling strength: $\kappa$	3.65	3.65	MHz
Resonant wavelength of solitary resonators:	1550	1550	nm
$\lambda_0$			
Thermal coefficient: a	$6 \times 10^{-6}$	$6 \times 10^{-6}$	1 / °C
Thermal relaxation rate: $\alpha_{th}$	90	90	kHz
Thermal absorption coefficient: $\alpha_{abs}$	1.83×10 <sup>3</sup>	1.83×10 <sup>3</sup>	K/J

 Table 6.1 Values of the parameters used in the numerical simulations for the thermal response of the coupled resonators.

We numerically solved Eqs. (6.10)-(6.12) to characterize the thermal response of the coupled resonators used in our experiments, and to quantify how well this theoretical model represent our experimental results shown in Fig. 6.14 below. We performed the numerical simulations for the settings used in Fig. 6.14. These two cases differ in whether the additional loss  $\gamma_{tip}$  is introduced to the resonator with initially lower or higher quality factor. In Table 6.1, we have listed the value of the parameters used in the simulations. The results are shown in Fig. 6.13a and Fig. 6.13c which clearly show that with increasing additional loss the thermal response of the coupled-resonators system evolves into a waveform similar to that of a single resonator (top spectra in Fig. 6.13a and Fig.

6.13c). The reason for this can be seen in the evolution of the intra-cavity field intensities (Fig. 6.13b and Fig. 6.13d), that is, as the additional loss is increased the field becomes localized in only one resonator thus thermally-affecting only this resonator (the effect of the other resonator on the thermal response spectra is negligible). The recovery of the thermal response is not perfect because field localization in only one resonator is not perfect (less than 100%), that is, there still exists field in the other resonator. Mode splitting seen in Fig. 6.13a is due to the strong coupling of the resonators which overcomes the total loss in the system. This manifests itself in Fig. 6.13b as almost equal intra-cavity field intensities (i.e., in the strong coupling regime the field is distributed in both of the resonators equally). As the loss is increased, the system moves into the weak-coupling regime and the splitting is lost. Consequently, the field is localized in the resonator with less loss. In Fig. 6.13c, we do not see mode-splitting because the system is already close to the weak-coupling regime, and small splitting is buried within the thermally broadened transmission spectra. In this regime, as expected, the intra-cavity field intensities of the resonators are different, and the difference increases with increasing additional loss.

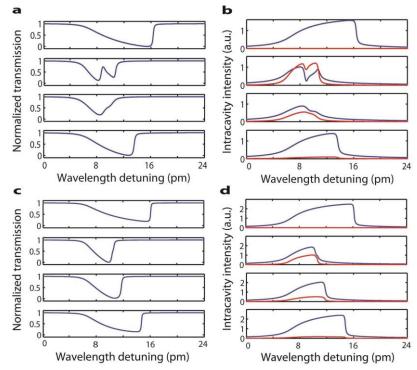


Figure 6.13 Theoretically-obtained thermal response of coupled resonators. (a) and (b), transmission and intracavity intensity for case 1; (c) and (d), transmission and intra-cavity intensity for case 2.

Experimentally, we also demonstrated thermal nonlinearity as a manifestation of enhanced field intensity build-up within WGM resonators. With a high input power of 600  $\mu$ W, thermal broadening kicked in and made it impossible to resolve the individual supermodes. When the loss was introduced to  $\mu$ R2 and gradually increased, thermal nonlinearity and the associated linewidth broadening decreased at first and then gradually recovered (Fig.6.14). This aligns well with the evolution of the total intra-cavity field as a function of loss.

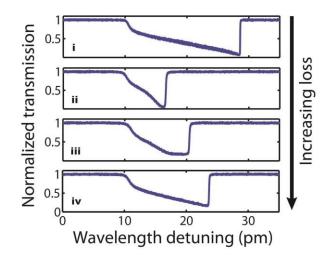


Figure 6.14 Experimentally obtained loss-induced enhancement of thermal nonlinearity in the vicinity of an exceptional point.

## 6.6 Loss-induced Suppression and Recovery of Cavity Raman Laser

Finally, we tested the effect of the loss-induced recovery of the intra-cavity field intensity on the Raman lasing in silica microtoroids. Raman scattering is a nonlinear process in which the frequency of the incident photons is red-shifted or blue-shifted (Stokes or anti-Stokes photons) by an amount equivalent to the frequency of the optical phonons present in the material system. Raman gain  $g_R$  in silica takes place in a frequency band 5-40 THz red-shifted from the pump laser with the peak gain occurring at 13.9 THz and 14.3 THz. If the provided Raman gain becomes larger than the losses in a WGMR, Raman lasing sets in. The threshold for Raman lasing scales as  $P_{\text{Raman-threshold}} \propto V/g_R Q^2$ , implying the significance of the pump intracavity field intensity and Q of the modes in the process

[72]. With a pump laser in the 1550 nm wavelength band, Raman lasing takes place in the 1650 nm band in silica WGMR. Fig.6.15 depicts the spectrum and the efficiency of Raman lasing in our system. The lasing threshold for the solitary resonator was about 150  $\mu$ W (Fig.6.15b blue curve). Keeping the pump power fixed, we introduced the second resonator, which had a much larger loss than the first one. This effectively increased the total loss of the system and annihilated the laser (Fig.6.15a, gray curve). Introducing additional loss  $\gamma_{tip}$  to the second resonator helped to recover the Raman lasing, whose intensity increased with increasing loss (Fig.6.15a). We also checked the lasing threshold of each of the cases depicted in Fig.6.15a and observed that as  $\gamma_{tip}$  was increased, the threshold power increased at first but then decreased (Fig.6.15b).

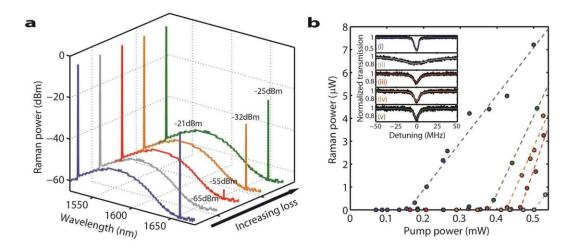


Figure 6.15 Experimentally obtained loss-induced suppression and revival of Raman laser in the vicinity of an exceptional point. (a) Lasing spectra. (b) Lasing threshold characteristics. Inset: corresponding modes.

These observations are in stark contrast with what one would expect in conventional systems, where the higher the loss, the higher the lasing threshold. Surprisingly, in the vicinity of an EP, less loss is detrimental and annihilates the process of interest. However, more loss is good because it helps to recover the process. These counterintuitive observations can be explained by the fact that the supermodes of the coupled system readjust themselves as loss is gradually increased. When the loss exceeds a critical amount, the supermodes are mostly located in the system with less loss and thus the total field can build up more strongly. As our results clearly demonstrate, this behavior also affects the nonlinear processes, such as thermal broadening and Raman lasing, that rely on intracavity field intensity.

## 6.7 Conclusion and Outlook

Our study on implementation of non-Hermitian photonic molecule systems including the PTsymmetric microcavities extend non-Hermitian optics from centimetre/metre-scale structures to onchip micro-scale structures and, more importantly, from waveguides to microresonators. This overcomes the long-standing open challenge of implementing a true PTsymmetric resonator system in the optical regime, and most importantly, opens the door for exploring new functionalities such as coherent-perfect-absorption lasers, topologically protected optical diodes, enhanced nonlinearities and light-matter interactions that can be achieved only with resonant structures and resonant enhancement. Our specifically designed WGM photonic molecules provide a comprehensive framework for understanding resonance effects in PT-symmetric optical systems and could thereby aid in developing on-chip synthetic structures to harness the flow of light. For example, the electromagnetically induced transparency in coupled passive resonators may benefit from PTsymmetric resonators through lossless modulation of the transparency for slowing and stopping of light. Similarly, these PT-symmetric microresonators can be used for studying nonlinear Fano resonances that may give rise to ultralow-power and high-contrast switching and non-reciprocity due to their sharp asymmetric line shapes. Moreover, there has been an emerging interest in exploring PT symmetry in various fields, such as microlasers, sensing, plasmonics, optomechanics and cavityquantum electrodynamics, where passive WGMRs have been traditionally used. This may bring about new results and physical insights into these fields. Meanwhile, the scheme can be further expanded using a variety of platforms, gain could be provided by quantum dots or other rare-earth ions, and also through nonlinear processes, such as Raman or parametric amplification. Further improvement of the system for specific applications can also be done. For the non-reciprocal light transmission application, like any non-reciprocal device utilizing resonant effects, our PT-symmetric all-optical diode is bandwidth-limited. However, by thermally tuning resonance wavelengths and by using active resonators doped with multiple rare-earth ions, operation over large wavelength bands should be possible.

In general, in this study our photonic molecule system provides a comprehensive platform for further studies of EPs and opens up new avenues of research on non-Hermitian systems and their behavior. Our findings may also lead to new schemes and techniques for controlling and harnessing the light in other physical systems, such as in photonic crystal cavities, plasmonic structures, and metamaterials.

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