Single-Molecule Localization Microscopy of 3D Orientation and Anisotropic Wobble Using a Polarized Vortex Point Spread Function

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Abstract

Within condensed matter, single fuorophores are sensitive probes of their chemical environments, but it is difficult to use their limited photon budget to image precisely their positions, 3D orientations, and rotational difusion simultaneously. We demonstrate the polarized vortex point spread function (PSF) for measuring these parameters, including characterizing the anisotropy of a molecule's wobble, simultaneously from a single image. Even when imaging dim emitters (~500 photons detected), the polarized vortex PSF is able to obtain 12 nm localization precision, 4-8◦ orientation precision, and 26◦ wobble precision. We use the vortex PSF to measure the emission anisotropy of fuorescent beads, the wobble dynamics of Nile red (NR) within supported lipid bilayers, and the distinct orientation signatures of NR in contact with amyloid-beta fbrils, oligomers, and tangles. The unparalleled sensitivity of the vortex PSF transforms single-molecule microscopes into nanoscale orientation imaging spectrometers, where the orientations and wobbles of individual probes reveal structures and organization of soft matter that are nearly impossible to perceive using molecular positions alone.

Introduction

In the three decades since they were frst detected optically in condensed matter, $1-3$ $1-3$ single molecules (SMs) have become an invaluable tool for nanoscale imaging and spectroscopy across the biological, chemical, and material sciences. In particular, SM orientations can be used to quantify a variety of nanoscale biological and chemical processes, [4](#page-9-2) such as reaction kinetics within porous catalytic nanoparti-cles;^{[5](#page-9-3)} nanoscale polymer deformation;^{[6](#page-9-4)} and the organization and higher-order structures of DNA , 7,8 7,8 7,8 7,8 amyloid fibrils, 9,10 9,10 9,10 9,10 lipid nanodomains, 11 11 11 and actin filaments. 12,13 12,13 12,13 12,13 By leveraging modern cameras, microscopes routinely collect highly sensitive, multiplexed data from each SM, i.e., using tens of pixels to estimate SM positions with nanoscale precision. Pointspread function (PSF) engineering, i.e., specifcally designing an SM image to contain additional information beyond 2D position, has taken advantage of these multiplexed measurements for imaging SMs in $3D¹⁴$ $3D¹⁴$ $3D¹⁴$ and for imaging molecular orientation in SM orientation-localization microscopy $(SMOLM)$.^{[4](#page-9-2)[,10,](#page-9-8)[11](#page-9-9)} The field continues to evolve with theo-

retical studies to determine fundamental performance limits, [15–](#page-9-13)[17](#page-9-14) the assistance of machine learning to design optimal PSFs for 3D SMLM, [18](#page-9-15)[–20](#page-9-16) and new PSFs for measuring the $3\mathrm{D}$ positions and $3\mathrm{D}$ orientations of SMs. $^{21-23}$ $^{21-23}$ $^{21-23}$

The central challenge facing SM spectroscopists is the finite photon budget aforded to each individual fuorophore before irreversible photobleaching; due to photon shot noise, it is difficult to measure experimentally the many properties of SM emission, e.g., the position, arrival time, wavelength, and polarization of each incoming photon, simultaneously with high precision. Tradeoffs are unavoidable, and one's sensitivity to a particular parameter can be improved to incredible degrees by reducing sensitivity to others, e.g., achieving ~1 nm localization precision in MINFLUX by making the measurement largely independent of emission wavelength and polarization. 24 24 24 Here, we focus our attention on several outstanding questions in SMOLM. First, many existing methods have relatively poor sensitivity to molecular orientation along the polar direction θ , because their images of z-oriented molecules are relatively dim and difuse com-pared to in-plane molecules. ^{[10](#page-9-8)[,22](#page-9-18)} Can we design a method with dramatically improved sensitivity to polar orientation? Second, existing techniques are largely limited to estimating rotational difusion, or the "wobble" of an SM, as a scalar parameter averaged over all directions. [16,](#page-9-19)[17](#page-9-14)[,21,](#page-9-17)[23,](#page-10-0)[25](#page-10-2)[–27](#page-10-3) However, we know molecules wobble in full 3D space and, in certain environments, perhaps anisotropically, i.e., more in one direction versus another. [28,](#page-10-4)[29](#page-10-5) Is it possible to robustly quantify the degree of wobble anisotropy of an SM experimentally? Finally, what can we learn about the structure or organization of a biological sample through imaging the 3D orientations and wobble anisotropies of SMs with nanoscale resolution?

In this Article, we demonstrate a method, termed the polarized vortex PSF, for measuring the position, 3D orientation, and 3D rotational difusion of single molecules. Here, we adopt the vortex phase mask, typically used for gen-erating a donut-shaped illumination ring in STED^{[30](#page-10-6)} and $MINFLUX₁²⁴$ $MINFLUX₁²⁴$ $MINFLUX₁²⁴$ and place it in the detection path of an epifuorescence microscope to create the PSF. We improve the orientation sensitivity of an existing implementation 23 by splitting the detected fuorescence into two orthogonally polarized channels. The polarized vortex PSF dramatically changes shape with molecular orientation, thus enabling precise estimation of SM rotational difusion in full 3D space

using a single camera snapshot. We used the emission collected from fuorescent beads to verify the accuracy of our orientation and wobble measurements. We next measured the rotational dynamics of Nile red (NR) within lipid bilay-ers to quantify the condensing effects of cholesterol.^{[11](#page-9-9)} Interestingly, the wobble anisotropies of NR change in response to its chemical environment, yielding a new method to elucidate intermolecular forces at work within the membrane. Finally, we used transient amyloid binding (TAB^{31}) (TAB^{31}) (TAB^{31}) to image the orientations and rotational dynamics of Nile red in contact with amyloid fibrils, 10 10 10 oligomers, and fibrillar tangles. We observe a diverse collection of NR orientation signatures that are correlated with aggregate morphology. To our knowledge, the polarized vortex PSF enables the frst experimental demonstration of extracting seven parameters of information from the image of a single molecule: its 2D position (x, y) , 3D orientation (θ, ϕ) on a sphere), its wobble (α, β) in 3D, and its brightness *s*. While rotational diffusion tensors of molecular ensembles have been measured via nuclear magnetic resonance, 28 28 28 we believe this is the first experimental report that quantifes the anisotropic rotational difusion of a single molecule.

Methods

Modeling the rotational difusion of a dipolelike emitter

We model a fuorescent molecule as a dipole-like emitter [32](#page-10-8)[–34](#page-10-9) and represent its orientation with a unit vector $\boldsymbol{\mu} \ = \ [\mu_x, \mu_y, \mu_z]^{\mathrm{T}} \ = \ [\sin \left(\theta \right) \cos \left(\phi \right), \sin \left(\theta \right) \sin \left(\phi \right), \cos \left(\theta \right)]^{\mathrm{T}}$ (Figure [1A](#page-1-0) inset), where the superscript T denotes a matrix/vector transpose. Formally, μ describes the orientation of a molecule's emission transition dipole moment at the instant it emits a fuorescence photon. Raw SMLM images contain typically hundreds to thousands of fuorescence photons from each SM, where each photon *h* may arise from a distinct orientation μ_h . Therefore, any SMOLM image contains information on a molecule's mean orientation (θ, ϕ) and its rotational difusion during the camera frame. This rotational difusion can be assumed to be uniform within a hardedged symmetric cone, [25,](#page-10-2)[29](#page-10-5) or one can directly model rotational difusion within an orientational potential well. [26,](#page-10-10)[35](#page-10-11) If an SM's rotational diffusion possesses sufficient symmetry, one may conveniently consider it as a mixture of two ideal sources: one immobilized dipole at a particular orientation plus one freely rotating molecule (i.e., an isotropic point source), each of a particular brightness. [7,](#page-9-5)[26](#page-10-10)[,27](#page-10-3)

Here, we adopt a generalized model for rotational difusion introduced by Backer and Moerner. [29](#page-10-5) During a camera frame, we assume a molecule's orientation to be confned within a hard-edged elliptical region of the unit hemisphere, parameterized by two angles $\alpha, \beta \in [0, \pi]$ (Figure [1A](#page-1-0) inset). These two angles describe the extent of orientations that a molecule can explore along the polar direction (α) and the direction orthogonal to it (β) . If $\alpha = \beta$, then we term the rotational difusion or wobble to be isotropic; else, we term it anisotropic. Note that we use the terms "anisotropic wobble" and "anisotropic rotational diffusion"^{[28](#page-10-4)} intentionally, as our meaning is distinct from traditional fuorescence polarization anisotropy [36,](#page-10-12)[37](#page-10-13) or rotational anisotropy. Polarization anisotropy refers to collecting photons in two or more polarized detection channels and is defned in terms of the fuorescence intensities collected from those channels. Polarization anisotropy has been combined with polarization

Figure 1: Single-molecule orientation localization microscopy (SMOLM) using the polarized vortex point spread function (PSF). A) Experimental setup. A circularlypolarized excitation laser (cyan) is coupled into an objective lens (OL) for highly-inclined illumination. Fluorescence (yellow) is collected by the same objective and isolated by a dichroic mirror (DM) and bandpass flter (BP) followed by a 4f optical system (lenses L1-L3, $f = 150$ mm) containing a vortex phase mask (VPM) and a polarizing beamsplitter (PBS). The VPM is placed in a conjugate back focal plane (BFP) to implement the vortex PSF. Two orthogonally polarized fuorescence images are captured by separate cameras or diferent portions of a single camera. Inset: The orientation of a transition dipole is parameterized by an azimuthal angle $\phi \in [-\pi, \pi)$, a polar angle $\theta \in [0, \pi/2]$, and an elliptical cone to model anisotropic rotational difusion. This cone has aperture angles $\alpha, \beta \in [0, \pi]$, where α represents the extent of the cone's aperture along the polar direction (orange), whereas *β* represents rotational wobble in the orthogonal direction (green). KL, widefeld lens; M, mirror; TL, tube lens. B) Vortex phase mask. Color bar: phase (rad). C-F) Representative dipole orientations (top) and corresponding polarized vortex PSFs (bottom) for molecules with C) unconstrained and D) completely immobile rotational difusion as well as anisotropic wobbles E) $\alpha = 2\pi/3$, $\beta = 2\pi/9$ and F) $\alpha = 2\pi/9$, $\beta = 2\pi/3$. Scale bar: 300 nm.

modulation of excitation light to measure SM wobble. [8](#page-9-6)[,38](#page-10-14) Here, wobble anisotropy directly quantifes the rotational dynamics of the molecule itself: the degree to which it is difusing diferently in two orthogonal directions.

To quantify the ellipticity of SM wobbling, i.e. rotational diffusion, we define the wobble anisotropy ratio $r_{\alpha\beta}$ as

$$
r_{\alpha\beta} = \frac{\alpha - \beta}{\alpha + \beta}.
$$
 (1)

Since $\alpha, \beta \in [0, \pi]$, the ratio $r_{\alpha\beta}$ varies from -1 to 1, similar to linear dichroism, $4,39,40$ $4,39,40$ $4,39,40$ and yields a straightforward interpretation of relative anisotropy. If $|r_{\alpha\beta}| = 1/5$, then α or β is 50% (1.5 times) larger than the other. Similarly, α or β is twice larger than the other if $|r_{\alpha\beta}| = 1/3$.

Assuming that a molecule's rotational correlation time is faster than its fuorescence lifetime and the temporal resolution of an imaging sensor, [25,](#page-10-2)[26](#page-10-10)[,35](#page-10-11) its orientation trajectory can be fully characterized by a second-moment vector 41 41 41 $m =$ $[\langle \mu_x^2 \rangle, \langle \mu_y^2 \rangle, \langle \mu_x \mu_y \rangle, \langle \mu_x \mu_z \rangle, \langle \mu_y \mu_z \rangle]^T$, where each entry is a second moment of μ averaged over the camera integration time. Naturally, these orientational second moments contain information on both the 3D orientation of a molecule and its rotational difusion. Given the frst-moment orientation parameters $(\theta, \phi, \alpha, \beta)$ representing SM orientations within a hard-edged elliptical cone, one may calculate a 3×3 matrix M containing the orientational second moments, given by 29

$$
\boldsymbol{M} = \begin{bmatrix} \langle \mu_x^2 \rangle & \langle \mu_x \mu_y \rangle & \langle \mu_x \mu_z \rangle \\ \langle \mu_x \mu_y \rangle & \langle \mu_y^2 \rangle & \langle \mu_y \mu_z \rangle \\ \langle \mu_x \mu_z \rangle & \langle \mu_y \mu_z \rangle & \langle \mu_z^2 \rangle \end{bmatrix} = \frac{1}{S} \boldsymbol{R} \begin{bmatrix} a & 0 & 0 \\ 0 & b & 0 \\ 0 & 0 & c \end{bmatrix} \boldsymbol{R}^{\mathrm{T}}, \tag{2}
$$

where

$$
S = \int_{\phi'=0}^{2\pi} 1 - t(\phi') d\phi', \tag{3}
$$

$$
a = \frac{1}{3} \int_{\phi'=0}^{2\pi} \cos^2(\phi') \big(t(\phi') - 1 \big)^2 \big(t(\phi') + 2 \big) d\phi', \quad (4)
$$

$$
b = \frac{1}{3} \int_{\phi'=0}^{2\pi} \sin^2(\phi') \big(t(\phi') - 1 \big)^2 \big(t(\phi') + 2 \big) d\phi', \qquad (5)
$$

$$
c = \frac{1}{3} \int_{\phi'=0}^{2\pi} 1 - t^3(\phi') d\phi', \tag{6}
$$

$$
t(\phi) = \cos\left(\frac{1}{2}\sqrt{\alpha^2 \cos^2\left(\phi\right) + \beta^2 \sin^2\left(\phi\right)}\right),\tag{7}
$$

$$
\boldsymbol{R} = \begin{bmatrix} \cos(\theta)\cos(\phi) & -\sin(\phi) & \sin(\theta)\cos(\phi) \\ \cos(\theta)\sin(\phi) & \cos(\phi) & \sin(\theta)\sin(\phi) \\ -\sin(\theta) & 0 & \cos(\theta) \end{bmatrix}, \quad (8)
$$

and *S* is the solid angle of the elliptical cone parameterized by α and β on the unit sphere (Figure [1A](#page-1-0) inset). The transformation matrix *R* rotates an elliptical cone aligned with the optical (z) axis to an arbitrary orientation (θ, ϕ) , keeping the α axis of the ellipse oriented along the polar direction.

Image formation and the polarized vortex PSF

An *n*-pixel image $I \in \mathbb{R}^{n \times 1}$ of a dipole-like emitter can be modeled as a linear superposition of the six basis images B_d of a fuorescence microscope weighted by the second-moment vector $m^{17,29,41}$ $m^{17,29,41}$ $m^{17,29,41}$ $m^{17,29,41}$ $m^{17,29,41}$ of the emitter, i.e.,

$$
I = sBm + b
$$

= $s [B_{xx} \quad B_{yy} \quad B_{zz} \quad B_{xy} \quad B_{xz} \quad B_{yz}] m + b,$ (9)

where *s* is the number of photons detected by the camera and $\mathbf{b} \in \mathbb{R}^{n \times 1}$ is the number of background photons in each pixel. The so-called basis images $B_d \in \mathbb{R}^{n \times 1}$, where $d \in \{xx,$ *yy*, *zz*, *xy*, *xz*, *yz*}, can be calculated using vectorial difrac-tion theory.^{[29](#page-10-5)[,41](#page-10-17)[–43](#page-10-18)} Importantly, these basis images are determined only by the design of the imaging system.

As a consequence of the linearity of the imaging model, the

basis images B_d directly affect the performance of the optical system for measuring each orientational second-moment m_d ^{[17](#page-9-14)} Since the orientation (θ, ϕ) and rotational diffusion (α, β) parameters of an SM are directly related with the second moments m (Eqns. [2-](#page-2-0)[8\)](#page-2-1), we desire each B_d to be unique and have approximately equal energy to one another. If these images do not have these properties, then certain SM orientations could become indistinguishable and/or mea-surement precision could suffer greatly.^{[22](#page-9-18)}

To achieve these goals, we introduce the polarized vortex PSF, which can be implemented by inserting a vortex phase mask (VPM, Figure [1B](#page-1-0)) and a polarizing beamsplitter (PBS) into a 4f optical system attached to a standard epifuorescence microscope (Figure [1A](#page-1-0)). We used a liquidcrystal spatial light modulator to create the vortex phase mask within a bespoke 4f system with two polarized imaging channels, as described previously. [31](#page-10-7)[,44](#page-10-19) An unpolarized vortex PSF was recently reported by Hulleman and coworkers [23](#page-10-0) for simultaneously imaging the 3D positions and orientations of SMs. While this method is easy to implement because it does not require two polarized imaging channels, it shows reduced sensitivity for measuring the orientational second moments in terms of the Cramér-Rao bound (Figure S3). Thus, for dim SMs, resolving anisotropic wobble is difficult without polarization-sensitive imaging (Figure S2).

The polarized vortex PSF clearly resolves freely rotating molecules (Figure [1C](#page-1-0)) from fxed molecules (Figure [1D](#page-1-0)), as well as an SM wobbling largely in the α direction (Fig-ure [1E](#page-1-0)) vs. one wobbling mostly in the β direction (Figure [1F](#page-1-0)). In fact, the polarized vortex PSF provides superior precision for measuring the second moments *m* compared to several state-of-the-art orientation-sensing PSFs, including the polarized standard PSF , 10 10 10 bifocal microscope, 45 45 45 CHIDO, [21](#page-9-17) and unpolarized vortex PSF. [23](#page-10-0) This performance holds when molecules are near a refractive index interface as well as when they are within a matched medium (Figure S3).

Preparation and imaging of fuorescent beads

Fluorescent beads (Thermo Fisher Scientifc, FluoSpheres, 0.1 µm, 580/605, F8801) were used in this work for calibrating a home-built microscope (Supporting Notes 1, 2) and characterizing the measurement performance of the polarized vortex PSF. The beads were spin-coated on an ozone-cleaned coverslip (Marienfeld, No. $1.5H$, 22×22 mm, 170 ± 5 µm thickness) and excited by a 561-nm laser source. In the experimental demonstration, we collected 100 images of each bead with a 20 ms camera exposure time and observed approximately 30,000 photons per bead (Table S1). The bead positions and orientations were estimated using a maximum-likelihood estimator (Supporting Note 3) as described below.

Preparation and imaging of supported lipid bilayers

Supported lipid bilayers (SLBs) were prepared as described previously.^{[11](#page-9-9)} Briefly, 25 mg/mL dipalmitoylphosphatidylcholine (di(16:0) PC, DPPC, Avanti Polar Lipids, 850355) with and without 40% mol/mol cholesterol (Sigma-Aldrich, C8667) in chloroform were frst dried overnight in vacuum. The lipids were then re-suspended in Tris bufer (100 mM NaCl, $3 \text{ mM } Ca^{2+}$, $10 \text{ mM } Tris$, $pH 7.4$) to a 1 mM lipid concentration. A 25-passage extrusion (Avanti Polar Lipids, 610000) was performed on a hot plate (95◦C) after 30-min

vortex mixing under nitrogen. The monodispersed DPPC large unilamellar vesicles (LUVs) were next placed onto ozone-cleaned coverslips and incubated in a water bath at 65◦C for 1 hour to form SLBs. After 30 min cooling to 21◦C, the coverlips were rinsed with Tris bufer (100 mM NaCl, 10 mM Tris, pH 7.4) thoroughly for SMOLM imaging. Nile red (NR, Thermo Fisher Scientifc, AC415711000) in Tris bufer was added onto the coverslips and excited by the 561-nm laser $(5.42 \text{ kW} \cdot \text{cm}^{-2}$ intensity at the sample) in our system. Image stacks of 4,000 frames with 50 ms exposure were recorded in these experiments. NR photon statistics observed from PAINT-SLB imaging are shown in Figure [S13](#page-4-0) and Table S1.

Preparation and imaging of amyloid aggregates

The 42 amino-acid residue amyloid-*β* peptide (A*β*42) was synthesized and purifed by Dr. James I. Elliott (ERI Amyloid Laboratory, Oxford, CT) and prepared as de-scribed previously.^{[10](#page-9-8)} In short, the purified amyloid powder was re-lyophilized after suspension in hexafuoro-2-propanol (HFIP) and sonication at room temperature for one hour. To further purify the monomeric amyloid precursors, the lyophilized A*β*42 was dissolved in 10 mM NaOH, sonicated for 25 min in a cold water bath and fltered frst through a 0.22 µm and then through a 30 kD centrifugal membrane flter (Millipore Sigma, UFC30GV and UFC5030).

To prepare amyloid aggregates, we incubated 10 µM monomeric A*β*42 in phosphate-bufered saline (PBS, 150 mM NaCl, 50 mM Na3PO4, pH 7.4) at 37 ◦C with 200 rpm agitation for 43-70 hours (fbrils and oligomers) and 13 days (fbril networks with globular tangles). The aggregated structures were adsorbed to ozone-cleaned cell culture chambers (Cellvis, C8-1.5H-N, No. 1.5H, 170 ± 5 µm thickness) for 1 hour followed by a PBS rinse for removing residual aggregates. A PBS solution (200 µL) containing 50 nM Nile Red (Fisher Scientifc, AC415711000) was added for TAB SMOLM imaging. Image stacks of 10,000 frames with 20 ms camera exposure under the same 561-nm laser excitation $(0.88 \text{ kW} \cdot \text{cm}^{-2}$ intensity at the sample) were recorded in these experiments. NR localization and orientation statistics are shown in Table S1 and S2.

SMOLM image analysis

Before analyzing experimental data, we calibrated our image analysis algorithms by imaging fuorescent beads and performing phase retrieval (see Supporting Note 2 and Figure S12). Background fuorescence within each camera frame was frst estimated using spatial and temporal fltering (see Supporting Note 3). Next, the brightness *s*, 2D position (x, y) , and second moments m of individual SMs within each imaging frame were jointly estimated using a bespoke sparsity-promoting maximum-likelihood estimator $(RoSE-O^{46,47})$ $(RoSE-O^{46,47})$ $(RoSE-O^{46,47})$ $(RoSE-O^{46,47})$. This estimation was followed by a weighted least-square estimator for projecting the estimated second moments m to angular parameters $(\alpha, \beta, \theta, \text{ and } \phi, \text{Support}$ ing Note 3). Typical analysis of a SMOLM dataset (131 \times 262 pixels \times 5,000 frames) took approximately 2 hours on a 32-core workstation (AMD Ryzen™ Threadripper™ 3970X CPU with 64 GB RAM running MATLAB R2021a).

Results and Discussion

Measurement Performance in Simulations and in Fluorescent Bead Imaging

We frst validate the performance of the polarized vortex PSF using synthetic images of SMs with various orientations and rotational difusion (See Supporting Note 4 for more details). Our Monte Carlo studies indicate that our statistical estimation algorithm (RoSE-O) efficiently detects SM images of the polarized vortex PSF at practical low signalto-background ratios (SBRs, 510 photons detected and 2*.*3 background photons per pixel, Figure S4). Further, our algorithm achieves good precision and accuracy for measuring location and brightness (precision: $\sigma_{x,y} = 12.5$ nm, $\sigma_s = 36$ photons, accuracy: $x - x_0 = y - y_0 = 0.0$ nm, $s - s_0 = 2$ photons), as well as orientation (precision: *σ*^{*θ*} = 0*.*025*π* rad = 4*.*5[°], *σ*_{*φ*} = 0*.*043*π* rad = 7.7[°], accuracy: $\theta - \theta_0 = 0.002\pi$ rad = 0.4° , $\phi - \phi_0 = 0.0$ rad = 0.0°). Importantly, the PSF and algorithm are able to resolve orientations in full 3D, i.e., throughout the entire orientation sphere, without degeneracy (Figures [S5-](#page-1-0)S8).

For rotational diffusion (α, β) , our estimator exhibits a slight negative bias $(\alpha - \alpha_0 = -0.056\pi = -10.1^\circ, \ \beta - \beta_0 =$ -0.069π = -12.5°) when molecular diffusion is present $(\alpha_0 > 0, \beta_0 > 0)$. This bias stems from molecules appearing to be fixed in orientation ($\alpha = 0$ or $\beta = 0$) even though the true rotational difusion is not zero (9,893 of 31,734 trials for SBR = 510 photons detected and 2.3 background photons per pixel, Figure S9A). Interestingly, when this error occurs, only one wobbling parameter is biased ($\alpha = 0$ or $\beta = 0$ but not both), and other estimates are precise and accurate (precision: $\sigma_{x,y} = 12.2$ nm, $\sigma_s = 36$ photons, $\sigma_{\theta} = 0.025\pi$ rad = 4.5°, $\sigma_{\phi} = 0.041\pi$ rad = 7.4°, accuracy: $x - x_0 = y - y_0 = 0.0$ nm, $s - s_0 = 2$ photons, $\theta - \theta_0 = 0.004\pi$ rad = 0.7° , $\phi - \phi_0 = 0.0$ rad = 0.0°). In rare cases, our estimator measures a completely fxed molecule $(\alpha = \beta = 0)$ if the true rotational diffusion is nonzero (57 of 31,734 trials for the situation shown in Figure S9A).

Notably, our investigations reveal that these estimation inaccuracies are consistent with unavoidable biases stem-ming from photon shot noise.^{[27](#page-10-3)} Errors can be reduced by increasing the SBR and eventually completely removed once the SBR reaches 5,000 photons detected and 1.0 background photons per pixel (Figure S9). Since it is extremely unlikely in practical scenarios that the rotational difusion of an SM is completely zero in one direction and non-zero along another direction, we remove all localizations with $\alpha = 0 \wedge \beta > 0$ or $\alpha > 0 \wedge \beta = 0$ in this work. This filtering process improves both the accuracy and precision of measuring SM rotational difusion at the cost of reducing the number of SM localizations (the remaining 79% of the localizations provides precision: $\sigma_{\alpha} = 0.145\pi$ rad = 26.1[°], $\sigma_{\beta} = 0.148\pi$ rad = 26.7[°], $\sigma_{r\alpha\beta} = 0.243$, accuracy: $\alpha - \alpha_0 = -0.023\pi$ rad = -4.1° , *β* − *β*⁰ = −0*.*011 π rad = −2*.*0[°], $r_{\alpha\beta}$ − $r_{\alpha\beta0}$ = −0*.*018, Figures S10 and S11).

Next, we experimentally validate the imaging concept by measuring the emission pattern of fuorescent beads. These nanospheres are typically assumed to behave as ideal point sources, especially those that are smaller than the difraction limit $(\sim \lambda/2NA \approx 250 \text{ nm})$, and are widely used for calibrating a variety of single-molecule imaging systems. [48](#page-10-23)[–50](#page-11-0) Figure [2A](#page-4-0) shows representative polarized vortex PSF images of 100-nm beads spin-coated on glass coverslips and embedded in immersion oil. Given our imaging model [Equation [\(9\)](#page-2-2)]

Figure 2: Emission anisotropy of fuorescent beads. A) Representative raw fuorescence images. Color bars: photons/pixel. B) Aberration calibrated orientational basis images. Images are normalized in each basis. Color bar: normalized intensity. C) Estimated orientational second moments of 3,752 localizations collected from 38 individual beads. Black lines indicate the second moments for an ideal isotropic emitter $(\alpha = \beta = \pi)$. D) Measured wobbling angles α and β for each bead localization shown in (C). The examples shown in (A) exhibit (Bead 1) $\alpha = 0.95\pi$, $\beta = 0.93\pi$, (Bead 2) *α* = 0*.*95*π, β* = 0*.*92*π*, and (Bead 3) *α* = 0*.*90*π,* $β = 0.98π$. Color bar: localizations per histogram bin. Histograms depict distributions of (right) *α* and (top) *β*. Scale bars: (A) $1 \mu m$, (B) 500 nm.

and the orientational second moments of an isotropic emitter $(m = \frac{1}{3}[1, 1, 1, 0, 0, 0])$, we expect these images to resemble an equal linear combination of the B_{xx} , B_{yy} , and B_{zz} basis images (Figure [2B](#page-4-0)). Each bead image indeed contains a mixture of these features, including the double-lobed ring

Fitting images of each bead using RoSE-O yields secondmoment distributions close to that of an ideal isotropic emitter (Figure [2C](#page-4-0)). While the fuorophores within these nanoparticles are likely fxed in position and orientation, their collective emission pattern is consistent with a single dipole undergoing large and anisotropic rotational diffusion ($\alpha = 0.88\pi \pm 0.083\pi$ rad, $\beta = 0.93\pi \pm 0.081\pi$ rad, $|r_{\alpha\beta}| = 0.054 \pm 0.056$, mean \pm std). Notably, these beads show larger and more varied anisotropy on average than simulated isotropic emitters ($\alpha_0 = \beta_0 = \pi$ and $s_0 = 30,300 \pm \pi$ 10,400 photons, yielding an observed $|r_{\alpha\beta}| = 0.037 \pm 0.027$ with shot noise matching the experiment). Thus, we observe anisotropy and variations thereof that are consistent with non-uniform distributions of fuorophores within each sphere^{[51](#page-11-1)} and between spheres, respectively; these nonuniformities are detectable due to the high 3D orientation sensitivity of the polarized vortex PSF.

Resolving Anisotropic Rotational Difusion of SMs within Supported Lipid Bilayers

Lipid membranes are essential cellular building blocks use-ful for organizing many processes.^{[52,](#page-11-2)[53](#page-11-3)} Their heterogeneous compositions and dynamic architectures, embodied by structures like cholesterol-enriched nanodomains, make them compelling targets for nanoscale imaging. [54](#page-11-4) We have previously utilized the Tri-spot [51](#page-11-1) and Duo-spot PSFs to resolve the composition of and enzyme activity within supported lipid bilayers (SLBs) using SMOLM. [11](#page-9-9) Compared to other engineered PSFs, the polarized vortex PSF has enhanced sensitivity to all six orientational second moments (*m*) and a relatively small footprint.^{[23](#page-10-0)} Here, we used Nile red (NR) $PAINT⁵⁵$ $PAINT⁵⁵$ $PAINT⁵⁵$ (points accumulation for imaging in nanoscale topography) and the polarized vortex PSF to estimate the orientations and rotational difusion of single molecules within supported lipid bilayers (SLBs). In PAINT, single NR molecules spontaneously bind to and unbind from lipid membranes, emitting fuorescence fashes while they are within a non-polar environment.

We imaged SLBs composed of dipalmitoylphosphatidylcholine (DPPC, di(16:0) PC) with (Figure [3A](#page-5-0)) and without cholesterol (chol) (Figure [3B](#page-5-0)). Representative vortex PSF images of NR show a dramatic change infuenced by chol concentration (Figure [3C](#page-5-0),D). Our orientation measurements show that NR exhibits a more in-plane orientation in DPPC without chol ($\theta = 0.31\pi \pm 0.11\pi$ rad) than it does when embedded within DPPC with 40% chol ($\theta =$ $0.21\pi \pm 0.12\pi$ rad). In accordance with our previous observations, chol-induced condensation within the membrane orients NR molecules more parallel to the acyl chains of neighboring lipid molecules. [11](#page-9-9)

The presence of chol also afects NR's rotational diffusion α along the polar direction and causes more confined wobbling when chol is present ($\alpha = 0.54\pi \pm 0.19\pi$ rad, Figure [3E](#page-5-0) top) compared to the DPPC-only situation $(\alpha = 0.63\pi \pm 0.20\pi \text{ rad}, \text{ Figure 3F top}).$ $(\alpha = 0.63\pi \pm 0.20\pi \text{ rad}, \text{ Figure 3F top}).$ $(\alpha = 0.63\pi \pm 0.20\pi \text{ rad}, \text{ Figure 3F top}).$ Note that the aforementioned ensemble-averaged mean values of *α* hide the considerable correlation between difusion *α* and polar angle θ of NR at the SM level (see correlation coefficients in Table S3). Interestingly, chol-induced ordering has less impact on molecular wobble *β* perpendicular to the polar

Figure 3: PAINT SMOLM of the 3D orientations and rotational difusion of single Nile red (NR) molecules in supported lipid bilayers (SLBs). A,B) Schematic of the orientation and rotational difusion of NR dipoles within DPPC bilayers A) containing 40% and B) no cholesterol (chol). Gray ovals represent chol in the SLBs. C,D) Representative images of single NR captured in x- and y-polarized channels within C) DPPC+40% chol and D) DPPC-only SLBs. Color bars: photons/pixel. E,F) Estimated NR rotational difusion angles (top) α and (middle) β and (bottom) anisotropy ratio $r_{\alpha\beta}$ vs. orientation θ in E) DPPC+40% chol and F) DPPC-only SLBs. Black crosses correspond to the estimated rotational difusion and orientations of the examples shown in (C,D). White dashed lines denote $|r_{\alpha\beta}| = 1/5$ where α or β is 50% larger than the other. Color bars: localizations per histogram bin. Scale bar: 500 nm.

direction ($\beta = 0.54\pi \pm 0.18\pi$ rad for DPPC+40% chol vs. $β = 0.57π ± 0.22π$ rad for DPPC only). We observe that the distribution of wobble β and orientation θ is extremely broad for NR in DPPC without chol (Figure [3E](#page-5-0),F middle).

Our measurements of anisotropy ratio $r_{\alpha\beta}$ for NR within the two diferent SLBs are similar when averaged across the ensemble (DPPC+40% chol: $r_{\alpha\beta} = 0.0 \pm 0.27$ vs. DPPC only: $r_{\alpha\beta} = 0.058 \pm 0.25$. However, a key advantage of the polarized vortex PSF is its ability to quantitatively measure the anisotropy ratio and orientation simultaneously of each observed SM. When chol is present, the rotational wobble of NR is slightly greater in the *β* direction or nearly isotropic, i.e., equal in all directions (Figure [3E](#page-5-0) bottom). However, *rαβ* increases substantially in the DPPC-only SLB, especially for highly tilted NR ($r_{\alpha\beta} = 0.16 \pm 0.23$ for $\theta \geq 7/18\pi$, Figure [3F](#page-5-0) bottom).

The polarized vortex PSF's ability to detect this anisotropy in molecular wobble yields remarkable insight into how NR interacts with its surroundings; NR is strongly afected by intermolecular forces exerted by the crowded forest of lipid tails, even when its residence time within the membrane is short (mean fuorescence burst length of 16 ms, Figure [S13,](#page-4-0) Table S1). When it is aligned with the SLB surface, it readily collides with neighboring acyl chains and exhibits nearly 40% larger wobble in the polar direction compared to the orthogonal direction, corresponding to $r_{\alpha\beta} = 0.16$. This anisotropy completely changes character when NR is oriented perpendicular to the membrane, regardless of the presence of chol.

Visualizing the Structural Organization of Amyloid Assemblies

A defning feature of amyloid diseases, such as Alzheimer's and Parkinson's disease, is the aggregation of proteins into fbrils and their deposition into plaques and intracellular inclusions. There are more than 50 diferent proteins or peptides, e.g., amyloid- β and α -synuclein, that are known to aggregate. [56,](#page-11-6)[57](#page-11-7) Regardless of the specifc amino acid sequence, the aggregation process begins with misfolded monomers that nucleate the growth of small soluble oligomeric intermediates into fbrillar assemblies. [58](#page-11-8)[,59](#page-11-9) Although many amyloid aggregates share a common structural motif, e.g., the cross- β sheet, ^{[60](#page-11-10)} oligomers and fibrils are highly heterogeneous in both structure and size and not all aggregation intermediates are equally cytotoxic. [61](#page-11-11)[,62](#page-11-12) In particular, the cross-*β* architecture of amyloid fbrils exhibit *β*-sheet strands that run perpendicular to the long axis of the fbril with grooves formed by its amino-acid side chains. [63](#page-11-13) These grooves serve as binding sites of amyloid-sensitive fuorescent molecules, such as $\rm NR$ and Thioflavin T. 64,65 64,65 64,65 64,65

In addition to sensing hydrophobicity, 66 we hypothesize that the rotational difusion of NR molecules, while bound transiently to surfaces of amyloid aggregates, may be used to quantify the organization of the stacked *β* sheets. Here, we incubated recombinant amyloid-*β* (1-42) peptides (A*β*42) on ozone-cleaned coverslips to form amyloid fbrils (see [Meth](#page-1-1)[ods](#page-1-1) for further details). We observed fuorescence bursts from individual NR molecules localized to both fbrils and punctate oligomers (Figures [4A](#page-6-0), [S15A](#page-5-0)-C and Movie S1), a signature of transient amyloid binding (TAB). [31](#page-10-7)[,67](#page-11-17) Standard SMLM reconstructions clearly resolve morphological diferences between fber-like and small sphere-like structures but are unable to discern further detail due to limited spatial resolution.

By carefully analyzing images from the polarized vortex microscope, we can further measure the 3D orientation and rotational difusion of each NR molecule. As observed previ-

Figure 4: Characterizing NR binding orientations and rotational difusion on amyloid-*β* (A*β*42) fbrils and oligomers using transient amyloid binding (TAB) SMOLM. A) Singlemolecule localization microscopy (SMLM) image of A*β*42 aggregates. Inset: Schematic of the orientation and rotational difusion of an NR dipole transiently bound to a cross-*β* assembly. Color bar: localizations per bin $(40 \times 40 \text{ nm}^2)$. B-E) Histograms of measured NR azimuthal orientations *ϕ* (see Figure [1A](#page-1-0) inset for defnition) B) within the fbril region denoted by the white box in (A) and C-E) on representative small spherical amyloid aggregates. Insets: SMLM images corresponding to each histogram using the same color scale as (A). F-I) 3D orientations and rotational difusion of NR on (blue) 18 thin fbril segments (~200 nm in length) and (red) 54 small oligomeric structures. F) Mean polar wobble α vs. standard deviation of polar angle *θ*. G) Mean wobble angle *β* vs. standard deviation of azimuthal angle *ϕ*. H) Standard deviation of θ vs. standard deviation of ϕ . I) Mean anisotropy ratio $r_{\alpha\beta}$ vs. standard deviation of ϕ . Black dotted lines denote $|r_{\alpha\beta}| = 1/5$. Scale bars: (A) 1 μ m, (B-E) 150 nm. Localization statistics are reported in Table S1.

ously, $10,65$ $10,65$ azimuthal orientations ϕ show that individual NR molecules bind mostly parallel to the long axis of the fbrils (Figure [4B](#page-6-0), std. dev. $\sigma_{\phi,B} = 0.14\pi$). Further, NR molecules bound to the thin extended fbril shown in Figure [4B](#page-6-0) lie mostly parallel to the coverslip ($\theta_B = 0.40\pi \pm 0.08\pi$ rad) and exhibit slight anisotropic wobbling ($\alpha_B = 0.38\pi \pm 0.30\pi$ rad,

 $\beta_B = 0.29\pi \pm 0.25\pi$ rad, $r_{\alpha\beta,B} = 0.13 \pm 0.25$). While variations in wobble angles (α, β) are broad relative to their difference $(\alpha - \beta)$, we still observe significant wobble anisotropy for a majority of molecules on fbrillar structures, especially for those parallel to the coverslip (more than 65% of localizations with $\theta \geq 7\pi/18$ exhibit $r_{\alpha\beta} > 0$, Figure [S15F](#page-5-0)). This anisotropy corresponds to more rotational freedom in the polar direction (Figure [4A](#page-6-0) inset), implying that the cross-*β* grooves signifcantly hinder NR from wobbling in the coverslip plane.

In contrast to thin fbrils, NR binds to small oligomers in various ways depending on the specifc particle. While appearing oligomeric, some small aggregates show fbrillar character in terms of NR orientations, exhibiting wellaligned azimuthal orientations ϕ (Figure [4C](#page-6-0), $\sigma_{\phi, C} = 0.16\pi$, see Figure [S15D](#page-5-0) for more examples) and nearly in-plane polar orientations ($\theta_C = 0.42\pi \pm 0.08\pi$ rad). These aggregates also have fbril-like wobble anisotropy (Figure [4C](#page-6-0): $\alpha_C = 0.38\pi \pm 0.28\pi$ rad, $\beta_C = 0.31\pi \pm 0.26\pi$ rad, $r_{\alpha\beta,C}$ 0.11 ± 0.25 . On the other hand, other small aggregates show more diverse azimuthal orientations (Figure [4D](#page-6-0),E, $\sigma_{\phi, \rm D} = 0.27\pi$, $\sigma_{\phi, \rm E} = 0.27\pi$, see Figure [S15E](#page-5-0) for more examples) and out-of-plane polar orientations (Figure [4D](#page-6-0),E: $\theta_{\rm D} = 0.36\pi \pm 0.11\pi \text{ rad}, \ \theta_{\rm E} = 0.35\pi \pm 0.10\pi \text{ rad}.$ Interestingly, NR exhibits mostly isotropic wobbling on this type of oligomer (Figure [4D](#page-6-0),E: $\alpha_{\text{D}} = 0.50\pi \pm 0.26\pi$ rad, $\beta_{\rm D} = 0.47\pi \pm 0.26\pi$ rad, $r_{\alpha\beta,\rm D} = 0.03 \pm 0.29$, $\alpha_{\rm E} = 0.51\pi \pm 0.29$ 0.26π rad, $\beta_{\rm E} = 0.48\pi \pm 0.28\pi$ rad, $r_{\alpha\beta,\rm E} = 0.04 \pm 0.30$.

We analyzed, in total, 54 small oligomeric structures (149 avg. localizations per structure) and compared their estimated NR orientations and rotational difusion against those of 18 thin fbril segments (252 avg. localizations per segment). We frst observed positive correlations between the wobble angles α and β of each localization and the standard deviations in 3D orientation (σ_{θ} and σ_{ϕ}) across all nearby localizations (within a 100 nm radius), regardless of whether NR was bound to fbrils or oligomers (Figure [4F](#page-6-0)-H). That is, the rotational difusion of each individual molecule tended to be large when the ensemble variations in SM orientation θ and ϕ were large. The orientations and rotational difusion of NR on oligomeric structures exhibit a variety of distributions (Figure [4F](#page-6-0)-H red), while NR bound to fbril segments shows a specifc orientational character (mean $\sigma_{\theta, \text{fibril}} = 0.105\pi \pm 0.020\pi$, mean $\sigma_{\phi, \text{fibril}} = 0.127\pi \pm 0.017\pi$, mean $α_{\text{fibril}} = 0.39π ± 0.07π$, mean $β_{\text{fibril}} = 0.32π ± 0.07$, mean $r_{\alpha\beta,\text{fibril}} = 0.096 \pm 0.053$, Figure [4F](#page-6-0)-H blue).

Fibrillar structures with well-aligned *β*-sheet assemblies show obvious anisotropic rotational diffusion ($r_{\alpha\beta} > 0$, Figure [4I](#page-6-0) blue). On the other hand, NR molecules on oligomeric structures (Figure [4I](#page-6-0) red) experience both types of anisotropic rotational diffusion ($r_{\alpha\beta} < 0$ and $r_{\alpha\beta} > 0$) when NR orientations are well-aligned (small σ_{ϕ}). This anisotropy gradually disappears as NR orientations become more varied (large σ_{ϕ}), suggesting that *β*-sheet stacking is largely disordered within these small aggregates. We note that SMOLM data clearly distinguish between more or-dered, "fibril-like" oligomeric structures ^{[65](#page-11-15)} (Figures [4C](#page-6-0) and [S15D](#page-5-0)) vs. disordered, amorphous oligomers (Figures [4D](#page-6-0),E and [S15E](#page-5-0)), even for amyloid structures aggregated under identical conditions within the same feld of view. Diferences between these particles cannot be resolved in standard SMLM reconstructions (Figures [4C](#page-6-0)-E and [S15D](#page-5-0),E insets).

When accumulating NR wobble measurements across all fbrils (Figure [S15F](#page-5-0)) and across all oligomers (Figure [S15G](#page-5-0)), we fnd distinct NR motions compared to those within

lipid membranes (Figure [3E](#page-5-0),F). We observe a non-negligible amount of fixed NR ($\alpha = \beta = 0$) in contact with both fibrils and oligomers (Figure [S15F](#page-5-0)-G, left and middle). Interestingly, the mean anisotropy ratio $r_{\alpha\beta}$ is largely the same for NR on fibrils ($r_{\alpha\beta} = 0.054 \pm 0.27$, Figure [S15F](#page-5-0) right) versus oligomeric structures ($r_{\alpha\beta} = 0.040 \pm 0.27$, Figure [S15G](#page-5-0) right). These data show the critical necessity of using SM and single-particle techniques in amyloid studies; particleto-particle variations and heterogeneity cannot be detected with ensemble averaging.

Since the polarized vortex PSF measures precisely the orientations and rotational difusion of individual probe molecules, we next explore how SMOLM may be used to resolve and characterize the complex organization of bundled and intersecting fbrils within a large amyloid network. After a longer aggregation time (13 days), SMLM shows an example aggregate network consisting of isolated single fbrils, thicker bundles of fbrils, and globular tangles (Figure [4A](#page-6-0)). Strikingly, we observed that the rotational anisotropy $r_{\alpha\beta}$ of NR varies dramatically throughout the network. NR molecules bound to fbrillar tangles exhibit large anisotropy $(r_{\alpha\beta} > 1/5)$, especially when the estimated polar angles are large (NR parallel to the coverslip, magenta arrows in Figure [5B](#page-8-0)). On the other hand, for NR inclined out of the coverslip plane (small θ), junctions between globular tangles and fibril bundles show more isotropic wobbling ($r_{\alpha\beta} \approx 0$, white arrows in Figure [5C](#page-8-0)). These data are evidence that the polarized vortex PSF is able to resolve the full 3D orientations of *β*-sheet grooves (Movie S2).

TAB SMOLM also detected a signifcant population of NR with small polar angles and isotropic or anisotropic rotational difusion (blue arrows in Figure [5C](#page-8-0)); notably, some molecules exhibited strong β -angle wobbling (negative $r_{\alpha\beta}$). While the SMLM reconstruction (Figure [5A](#page-8-0)) suggests that these regions are fbrils, both the NR orientations and wobble anisotropies here difer dramatically from our observations of single thin fbers adhered to coverglass (Figure [4F](#page-6-0)). Instead, the NR orientation data imply that these are fbrillar bundles with crossed-*β* grooves lying both parallel and inclined relative to the coverslip. While these bundles would be extremely difficult to detect by 3D SMLM without exquisite (~few nm) spatial resolution, TAB SMOLM is able to directly resolve them through the orientational binding behaviors of NR.

One particular advantage of TAB SMOLM over traditional bulk polarization anisotropy is its ability to map fuorophore orientations with SM sensitivity. Therefore, we may analyze the full population distribution of orientation data within each region of the amyloid network to better understand its architecture. We have isolated one such region in the white box in Figure [5A](#page-8-0). In Figure [5D](#page-8-0),E, we show polar histogram maps of azimuthal orientation ϕ , accumulating localizations within each hexagonal spatial bin. Longer line segments represent greater numbers of localizations oriented along the ϕ direction of each line.

We frst note that the large tangle (aforementioned magenta arrow in Figure [5B](#page-8-0)) contains *β*-sheet grooves oriented along many diferent azimuthal directions, both for grooves parallel to the coverslip (red arrow in Figure [5D](#page-8-0)) and inclined away from the coverslip (red arrow in Figure [5E](#page-8-0)). These data agree with our intuition about the overall structure of these tangles; they contain a complex, interconnected network of fbers extending in all directions in 3D.

These orientation maps also resolve diferences in the architectures of fbrillar bundles. Two bundles near the tangle

contain NR localizations whose azimuthal orientations lie parallel to the long axis of the bundles (white and yellow arrows in Figure [5D](#page-8-0)), as expected. Both bundles also contain some crossed-*β* grooves oriented out of the plane. One bundle's grooves are mostly aligned azimuthally with the long axis of the bundle, indicating a well-ordered bundle extending along the coverslip (yellow arrow in Figure [5E](#page-8-0)). However, the bundle intersecting the tangle contains grooves oriented in many azimuthal directions (white arrows in Figure [5E](#page-8-0)). We hypothesize that these orientations may be a signature of early-stage tangling within the fbrillar bundle. The differences in the organization of these fbrillar bundles are not resolvable by standard SMLM.

Conclusions

We report the polarized vortex PSF as a powerful tool for precisely and accurately estimating the 2D positions, 3D orientations, and 3D rotational "wobble" of single fuorophores. The PSF is more compact than most other engineered PSFs, thereby improving its ability to detect weak emitters and enabling denser SM imaging. In addition, its high sensitivity to all six orientational second moments allows it to readily discriminate between rotational motion along the optical axis versus that in the perpendicular direction. These capabilities permit experimenters to map single-molecule rotational dynamics across a wide feld of view with nanoscale resolution and exquisite measurement precision.

In this study, the polarized vortex PSF resolved SM dynamics in two biological model systems. First, NR within DPPC SLBs shows a wide variability in rotational wobble but tends to exhibit more rotational difusion along the direction parallel to acyl chains (*α*) compared to the orthogonal direction (*β*). In contrast, chol-induced ordering of the lipid molecules causes NR wobbling to become more isotropic and less varied between NR binding events. Second, we found that NR has distinct orientations and rotational difusion characteristics depending on whether it is in contact with extended fbrils or sphere-like oligomers. In particular, fbrils are characterized by 1) well-ordered NR azimuthal orientations ϕ (i.e., small standard deviations σ_{ϕ} over an ensemble of localizations), 2) an intermediate amount of rotational diffusion (α, β) at the SM level, and 3) a modest degree of NR anisotropic wobble $r_{\alpha\beta}$. In contrast, between various oligomers, we observe large variations in SM wobble anisotropy $r_{\alpha\beta}$ that mirror a wide variety of NR azimuthal orientation distributions, ranging from ordered (i.e., fibril-like) to disordered (large σ_{ϕ}). These orientation data provide insights into *β*-sheet organization that cannot be resolved by conventional SMLM.

We note that given their $3-10$ nm thickness, 68 it is extremely difficult to resolve the architecture of fibrils and fibrillar bundles using most 3D SMLM techniques. However, recent innovations in interferometric SMLM, [69](#page-11-19) measuring fuorescence lifetimes of SMs near a metal or graphene interface to resolve axial positions, 70,71 70,71 70,71 70,71 and 3D MINFLUX 72 72 72 could achieve the necessary spatial resolution. Here, we adopt an orthogonal approach, namely measuring SM orientational dynamics, because these dynamics reveal how biomolecules are organized in a way that complements traditional localization microscopy. The photon-efficient sensitivity of the polarized vortex PSF to SM orientation (θ, ϕ) and anisotropic wobble (α, β) resolves the organization of amyloid fbrils and tangles with just 500-700 photons detected on average per molecule.

Figure 5: Mapping NR binding orientations and rotational difusion throughout an amyloid fbrillar network using TAB SMOLM. A) SMLM image. Color bar: localizations per bin $(40 \times 40 \text{ nm}^2)$. B,C) SMOLM images color-coded by mean anisotropy ratio $r_{\alpha\beta}$ for NR molecules oriented B) parallel to the coverslip ($\theta \geq 7\pi/18$ rad = 70[°]) and C) out-of-plane $(\theta < 7\pi/18 \text{ rad} = 70^{\circ})$. Magenta and blue arrows denote regions with large wobble α in (B) and large wobble β in (C), respectively, while white arrows denote isotropic wobble in (C). Color bar: mean anisotropy ratio $r_{\alpha\beta}$ per bin $(40 \times 40 \text{ nm}^2)$. D,E) 2D hexagonal histogram (grayscale) of NR localizations oriented D) in-plane (*θ* ≥ 7*π/*18 rad) or E) out-of-plane (*θ <* 7*π/*18 rad) within the white box in (A). Distributions of NR azimuthal orientations *ϕ* within each spatial bin (46.2 nm center-center distance) are superimposed as polar histograms (bin size $\Delta \phi = \pi/9$ rad). Longer line segments represent greater numbers of localizations oriented along the *ϕ* direction of each line. Yellow arrows label a well-ordered fbril while white arrows denote a relatively disordered fbril. Red arrows depict an amyloid tangle. Gray color bar: localizations per bin. Multicolor circular color bar: azimuthal orientation ϕ . Scale bar: (A) 1 μ m, (D) 100 nm.

To realize the full potential of SMOLM, optical PSF designs must continue to improve detection and measurement sensitivity, while also extending operable imaging depths and mitigating challenges from optical aberrations and autofuorescence. In addition, more robust and expedient image analysis tools, including machine learning, for measuring SM position, orientation, and wobble simultaneously will facilitate broader adoption of SMOLM technology. In the future, we believe SMOLM will join fuorescence emission and excited state lifetime spectroscopies as a useful tool for mapping the organization of molecules in the condensed phase, as well as for measuring intermolecular forces within crowded environments. We look forward to the fourth decade of single-molecule spectroscopy with excitement and anticipation.

Acknowledgement This work is supported by the Na-

tional Science Foundation under grant no. ECCS-1653777 and by the National Institute of General Medical Sciences under grant no. R35GM124858 to M.D.L. The authors thank Jin Lu for preparation of the supported lipid bilayers.

Supporting Information Available

The following fles are available free of charge.

• Supporting Information: Additional experimental notes on the optical instrumentation, procedure of optical-aberration retrieval, analysis and processing of SMOLM images, and generation of synthetic data. Supporting fgures providing characterization of the polarized vortex PSF and comparison of the Cramér-Rao bound of diferent PSFs; Monte Carlo simulations evaluating the performance of the polarized

vortex PSF with the RoSE-O estimator; retrieved optical aberrations in the polarized imaging system; quantitative characterization of NR blinking in SLBs and additional orientation measurements of NR molecules on amyloid oligomers and fbrils. Table comparing localization, orientation, and rotational difusion statistics of SMOLM data estimated by the polarized vortex PSF.

- Supporting Movies: Transient amyloid binding (TAB) SMOLM using the polarized vortex PSF and SMOLM reconstruction of Nile red 2D positions and 3D orientations throughout an amyloid fbrillar network.
- The data underlying this study are openly available in OSF at [doi:10.17605/OSF.IO/FU7GD](https://doi.org/10.17605/OSF.IO/FU7GD) and by request.

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TOC Graphic

