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### Monitoring and Evaluating of the Nutrition Project, A Project of Uganda Development and Health Associates

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# SUMMARIES OF STUDENT WORK

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TOWARD A BETTER UNDERSTANDING OF...

## MONITORING AND EVALUATION OF THE NUTRITION PROJECT, A PROJECT OF UGANDA DEVELOPMENT AND HEALTH ASSOCIATES

*Sophie Abo*

*Mentor: EA Quinn*

This research project aimed to monitor and evaluate the efficacy of Uganda Development and Health Associates' (UDHAs) Nutrition Project. GlobeMed at Washington University in St. Louis has partnered with Uganda Development and Health Associates for the last eight years, funding the Nutrition Project since its inception. The Nutrition Project aims to eliminate malnourishment in children under five years by increasing nutritional and breastfeeding knowledge, uptake of antenatal care visits, and improved home and health sanitation in the Bukooma Sub-County of the Luuka District, Uganda. The Nutrition Project carries out its activities through a network of 35 community health workers and a central Health Center III staffed by a nurse and lab technician. The goal of this research project was to identify successes, failures, and barriers to nutrition in the Luuka District by assessing knowledge of breastfeeding practices, maternal and childhood nutrition, diet diversification, and general health and sanitation in project beneficiary households. This evaluation was completed through a mixed method design that included key informant interviews with local professionals and government officials, focus group discussions with the 35 community health workers, and beneficiary household surveys. This research illuminated the strength of community health worker led interventions and identified organizational shortcomings that can be modified to improve project efficiency.