1-64 construction troubles local businesses

BY PENELOPE KOLUPAJA

A recent forum on the impending Interstate-64 construc- tion highlighted the economic impacts, leaving attendees with a

Northwestern University in Evanston, Illinois.

The forum, titled “The Interstate 64 Construction Project: Impact on Local Economy and the Environment,” was sponsored by the Institute for Metropolitan Studies and the Department of Political Science.

Speakers included consultants, economists, and local business owners who discussed the potential economic and environmental impacts of the construction project.

One of the key points raised during the forum was the issue of traffic congestion. According to the speakers, the completion of Interstate-64 would alleviate some of the current traffic issues in the area.

However, concerns were also raised about the potential negative effects on local businesses. It was suggested that the construction project could lead to increased costs and reduced sales for local businesses.

Attendees were encouraged to provide feedback on the project and to stay informed about its progress.

Conference on Nuremberg trials examines international issues

BY MARY LEVINSON

The conference on Nuremberg trials examined the historical context and the implications of the trials for contemporary international law.

The conference was held at Northwestern University and featured a range of experts, including historians, legal scholars, and policymakers.

One of the key takeaways from the conference was the importance of considering the trials as a critical moment in the development of international law.

The conference also highlighted the importance of understanding the historical context of the Nuremberg trials in order to address contemporary issues, such as the prevention of future atrocities.

The conference concluded with a discussion on the ongoing relevance of the Nuremberg trials and the need for continued vigilance against violations of international law.

Freshman Class Election Results

BY TROY RAMAK

The results of the Freshman Class election were announced, with the winning candidates receiving a total of 1,125 votes.

The top three candidates were Jenelle Wang, Emily Zander, and Nicholas Alexander.

The election was held on campus, and the candidates campaigned actively to gain support from the freshmen.

The results reflect the diversity of the freshman class, with students from different backgrounds and perspectives holding positions of leadership.

The election concluded with appreciation for all who participated and for the hard work put into the campaign.

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Alternative employment: working abroad

There are a variety of paths for students to take abroad. Study abroad can serve as a "springboard" for working abroad after graduation.

"The Peace Corps is a popular choice. Another is to work for a large international company and work abroad after graduation," said Donnell.

"If you have any idea what you want to do after college and realize that that time might be the only chance you have for an experience abroad," said Reding.

"Isn't it the time in which we make sure that it is done safely," said Donnell. "Education is the key to preventing unwanted pregnancy and abortions, according to Donnell. As a member of both the Appropriations and Medical, Social and Health Subcommittee, Donnell said, "There is a strong stance on family life." She said this stance was in opposition to the last two years of the attempts to get back [state supported] health insurance for those who don't have any other choice," said Donnell.

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Frz Frd sounds lk it was gr8...sara said it was amzng...
wow...so jls of u 2. I hrd frm a ltl brd that T is nto u...so U
go grill!!!...all up n tht grill. Ugh...my nite was sch a BORE.
Txt u l8er, sx8r.
 **INTERNATIONAL**

Hugo Chavez condemns Bush at the United Nations

Last Wednesday, Hugo Chavez condemned President Bush at the United Nations General Assembly. denouncing Bush at the United Nations General Assembly.

**NATIONAL**

Yahoo may purchase Facebook for $1 billion

Facebook, the popular student-networking Web site, is negotiating to sell itself to the computer services company Yahoo! Inc., for up to $1 billion. Facebook, which had previously received offers of $100 million, and remains the property of its founders.

**LOCAL**

Bodies of three children found in washer

On Saturday night, police discovered the bodies of three young children entangled in the washer and dryer in the John Deffenbacher public housing complex in East Saint Louis. The mother of these children was found last Thursday in a pool of blood with her sons out of her reach. They are the latest victims of the growing problem of child abuse in the city. The children's remains have not yet been released to the public.

**DEIDEABOUNCE ➤ FROM PAGE 1**

sort of a good community project when we start farms exactly where the help will come from, and we think that many people who we think that probably around 150000 help profoundly around the area. who anybody knows, said Harrington.

**STUDENT LIFE**

University of Missouri-Columbia to put free condoms in dorms

The University of Missouri-Columbia will be the first of the schools in the Big Ten Conference to distribute condoms and educational materials to students at their residence halls. The program will be funded by the university, and students will be able to request condoms in their rooms.

**IDEABOUNCE ➤**

The students plans will be reviewed before a new law that requires them to meet certain criteria for distribution of condoms. The law was passed in response to concerns about the spread of sexually transmitted diseases.

**CONTRIBUTING REPORTER**

John C. Johnson, a research director of the Division.

The Illinois Supreme Court issued new rules last Wednesday, allowing the Parental Notice of Abortion Act to be better enforced. Although the Act demands parental notification of abortion for a pregnant minor, it does not in effect the law.

**STUDENT LIFE**

HElP WHEN You Need IT

If you think you’ve escaped your parents’ control, think again.

We miss you, Snookums!

Good luck at WU!

Love, Mom, Dad & Steven

Jane Doe

“Notes From Home”

Coming September 27th

STUDENT LIFE
Women's soccer dominates weekend games

BY ADEEN FARR
SPORTS EDITOR

Women's soccer dominates weekend games

After a scoreless first period, senior co-captain Stephanie Marie Fowler-Finn ignited the Bears offense with a goal in the 49th minute. Junior Kim O'Keeffe served a low ball across the face of the goal that found Fowler-Finn on the doorstep. The Bears went on to score their fourth goal of the game in the 51st minute.

When play resumed on the 20-yard line for her first goal of the season and freshman Carin Rosoff netted two goals of her own to put the Bears up 5-1.

FOOTBALL LOSES 34-15 AGAINST NORTH CENTRAL

In a weather shortened affair in the second half, the Bears fell to the North Central University Wildcats, 34-15.

The goal was her fourth of the season and her third in the last two games.

FOOTBALL LOSSES 34-15 AGAINST NORTH CENTRAL

When play resumed on the 20-yard line on Saturday, the Bears scored five unanswered goals to put the Bears up 5-1. The game could be called after the rain delay since the game could be called after the 70th minute.

The Bears women's soccer team picked up its second win of the weekend, Saturday, dropping an iron curtain on all Tommie attempts to serve it into the box. The ladies scored three times in the first thirteen minutes of the game and added another goal in the first half. Going into the game, the Bears had only scored three first-half goals all season.

Junior Karla Kielstok has scored four goals this season. She is currently 2/4 in the team lead for goals at four. But Lauren Mehner rounded out the Bears' scoring in the 34th minute with her fourth goal of the season. Meghan Miller-Fowler-Finn also has four goals this season.

“Our team is doing a great job of finding the net right now,” said Mehner. "Hopefully we can continue that as we head into conference." The Bears dropped three straight games, but now the team is back to winning.

Upcoming games for the team include three conference games, but so far the Bears are 2-0 on the season.

The Bears will face the University of St. Thomas on Tuesday, Oct. 6, at 3 PM, and then the University of Wisconsin-LaCrosse on Saturday, Oct. 11. The Bears began the season with a 4-0 victory over the Tommies, but they will not be able to repeat the win.

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Gateway Medical Research, Inc.
499 Frontier Lakes Blvd.
St. Charles, MN 55974

www.studlife.com/subscribe
STAFF EDITORIAL

PortraIt of a Wash. U. Student From the Parent's Perspective

In light of the news item it costs around $30,000 a year to go here

Respect yourself, protect yourself

Defend your health insurance coverage.

Dear Editor,

This is in response to the Letter to the Editor published on Sept. 11. As a parent who has watched my child's views on student health issues, I have read every letter, including those from Dean Nancy Pope. She and I have had very similar viewpoints, but I want to take a different approach and address one aspect of that letter that is often not addressed in discussions about student health services.

The role of the University in providing health services for its students is crucial. Faculty and staff are often unaware of the stressors that students face, and the University has a responsibility to ensure that students have access to necessary services. Do not let the University tell you that the health care system is not the best. Your child's health is the most important thing to you, and you have a right to insist on it.

Yours cordially,

The Student Union should be more involved in the administration.


Clarity of club values

Dear Editor,

I am writing to voice my concern about the recent developments in Wash. U.'s clubs. The Student Union has a responsibility to ensure that the clubs are held accountable for their actions and values. The Student Union needs to be more involved in the administration of the clubs to ensure that they are upholding the values that they claim to be.

Yours sincerely,

The Student Union

Letters to the Editor:

Student life editors welcome letters to the editor and op-ed submissions from readers.

Letters to the Editor
One Shoahaku Drive
St. Louis, MO 63105-1899

E-mail: letters@stlouistribune.com

All submissions must include the writer’s name, class, and address. Submissions may be edited for length.

VOLUNTEER STAFF WANTED

Letters will be published as space permits. Submit articles and editorials via email; include your name, class, and address.

FROM THE PARENT’S PERSPECTIVE

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Health

Green means: when spinach goes bad

It's not often that a food goes bad in the middle of the semester in Rollins College's food court. But fresh greens really are a part of our diet. We use them constantly. How do we continue to use them knowing that Salmonella and E. coli could be in one of our breakfast wraps? And how do we continue to eat healthy when we've been warned about it so many times.

The Recreational Distribution of vegetables was banned. It hasn't been traced to one specific spinach batch yet, but the Midlands Dialysis Unit and the FDA and CDC have advised consumers not to eat romaine lettuce and spinach. Both E. coli and Salmonella have been found in these vegetables.

People have heard about harmful bacteria in the past, but people have just never encountered them before. People are always pouring the sauce over the spinach, but are they really using proper food handling methods? Were they in a rush? Did they wash their hands properly?

Some people have had to go to the doctor for symptoms of E. coli. They have to go to the hospital if they have kidney failure.

It's been a crazy time. spinach should be avoided until further notice. People are not only eating more beef now, but they're eating more fresh produce. It's still not safe to eat spinach yet, and it's still not safe to eat romaine lettuce.

Don't think that this is the last time you hear about harmful bacteria. This is just the beginning. The spinach will continue to be banned until further notice.
Stepping Out

Cha Yoon
4 North Euclid Ave., St. Louis, Mo. 63108 314-337-2299

BY MARCIA DAMER AND ALIZA ROTHMANN
SCENE STAFF WRITERS

What restaurant has the best sushi in St. Louis? We went out to find the answer to this burning question three long years ago, embarking on a quest to find the perfect combination of sushi and sea food in order to satisfy our craving for smooth pieces of fresh fish that we so desired.

In vain we went from restaurant to restaurant with sky-high prices and sea salt without finding the kind of sushi that should have been consumed days earlier, discovering places that were only fair and too costly for most students to frequent on a regular basis. And then we found Cha Yoon.

Weary with our search and cynical that we'd ever truly find a gem of a sushi establishment in this city, we sat down at Cha Yoon not expecting much. Cha Yoon is a tiny takeout in the Central West End with a menu containing the basics of sushi and a small number of Japanese appetizers, all for a very reasonable price. While the majority of the patrons sit outside during the summer at black metal tables set out on the sidewalk, the inside is quite easy with dim lighting and soft orange cushions on the booth seats. The restaurant as a whole has a very casual, laid back feel and it is one of those many people were there just to enjoy a beer and some sushi while reading the paper or getting some work done. Cha Yoon, which contains slices of fresh fish served without rice, is essentially one of the most affordable sushi restaurants in town and little balls of rice with a smear of wasabi and maki sushi, more commonly known as a sushi roll.

The restaurant separates their maki sushi into four categories: medium, thick and specialty rolls. The medium, thick and thin rolls are all around five dollars and the medium and thin rolls include a wrapp ing eight pieces of sushi compared to the standard six served at most Japanese restaurants.

While these low prices and variety were the first things that stood out as we looked at the menu, the creativity and unusual ingredients of the rolls was perhaps more striking upon further perusal. Mango, a fruit much more likely to be served in a dessert than in sushi. In a frequently used filling at Cha Yoon for rolls like the Mango Yellowtail roll or the Cha Yoon roll, which contains smoking red flying fish eggs and masago, crispy fly ing fish-egg roll--they're fancy, we thought.

Also of note is the Cha Yoon appetizer to the sushi as opposed to the standard imitation crab that is ubiquitous at most sushi joints in popular maki, such as California rolls. On the night that we visited, we were stepping out with a large group of friends. Fortunately, this enabled us to sample a wide variety of unique roll combinations. To start, we ordered edamame, the ever-present green bean and soy beans traditionally eaten without rice; we had to try the Cha Yoon roll, which contains yellowtail, avocado and a spicy sauce drizzled over the rice. The delicious and slightly crunchy roll was beautifully presented and served on a bowl and sprinkled with the ever-present green bean and red flying fish eggs, which are usually served with their sushi rolls. The Cha Yoon roll was beautifully presented and served on a bowl and sprinkled with the ever-present green bean and red flying fish eggs, which are usually served with their sushi rolls.

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Cha Yoon offers yummy, affordable food that any sushi-loving college student could appreciate. Cha Yoon serves a selection of fruit and sushi rolls. The Mango Yellowtail roll, with mango, an assortment of fruit and sushi toppings, was beautifully presented and served on a bowl and sprinkled with the ever-present green bean and red flying fish eggs, which are usually served with their sushi rolls. While the appetizers were the entire course of the rolls drizzled over the rice. The delicious and slightly crunchy roll was beautifully presented and served on a bowl and sprinkled with the ever-present green bean and red flying fish eggs, which are usually served with their sushi rolls. The致力于水下生物研究的科学家发现，随着海洋环境的变化，海洋生物的生存环境也在不断变化。
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Quick and snackable desserts

**Oreo Pudding Delight**

**Ingredients:**
- 2 cups cold milk
- 1 pkg. 1-serving size JELL-O Lemon Flavor Instant Pudding & Pie Filling
- 1 cup Cool Whip Whipped Topping, divided

**Preparation:**

Schedules can get busy and you may not have time to whip up an entire meal before heading off to class or that end of season. But, for a quick fix or a late night sweet tooth fulfillment,look no further. This Oreo delight is a great make-ahead dessert that is delicious, made with available ingredients at any campus convenience store and try some of these snacks.

**Liz’s Noodle Soup**

**Ingredients:**
- Canned chicken broth
- Farty Mac noodle
- Eatz Brown rice
- Steak vegetable

**Preparation:**

Sliced tomatoes, crumbled feta and pepper

**Quick snacks and delectable desserts**

**Crustless Spinach Quiche**

**Ingredients:**
- 2 packages frozen spinach or 2 large 9-inch solid foil Individual spinach quiche with 2 tablespoons cream cheese
- 1 cup milk or cream
- 2 eggs
- 1 tsp. lemon juice

**Preparation:**

Spinach: You need to wait for FDA approval on this one. For this recipe, you’ll need to use the oven and a pie tin or a ceramic dish.

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